Research outputs
Listing of Research outputs

Does fatigue and distress in a clinical cohort of adolescents with CFS correlate with fatigue and distress in their parents?
Research output: Contribution to journal › Article

Cognitive behaviour therapy for distress in people with Inflammatory bowel disease: A bench marking study
Research output: Contribution to journal › Article

Patients' perspectives on GP interactions after cognitive behavioural therapy for refractory IBS: A qualitative study in UK primary and secondary care
Research output: Contribution to journal › Article

Childhood adversity as a transdiagnostic risk factor for affective disorders in adulthood: A systematic review focusing on biopsychosocial moderating and mediating variables
Hoppen, T. H. & Chalder, T. 18 Aug 2018 In : Clinical Psychology Review. 65, p. 81-151
Research output: Contribution to journal › Article

Home-based family-focused rehabilitation for adolescents with severe Chronic Fatigue Syndrome
Research output: Contribution to journal › Article

Acceptance and Commitment Therapy for Muscle Disease (ACTMuS): Protocol for a two-arm randomised controlled trial of a brief guided self-help ACT programme for improving quality of life in people with Muscle diseases
Research output: Contribution to journal › Article

The Presence of Co-morbid Mental Health Problems in a Cohort of Adolescents with Chronic Fatigue Syndrome (CFS)
Research output: Contribution to journal › Article

Horses for courses: choosing an evidence based psychological therapy for your patient
Research output: Contribution to journal › Article

Measurement error, time lag, unmeasured confounding: Considerations for longitudinal estimation of the effect of the mediation 'b path' in randomised clinical trials
Research output: Contribution to journal › Article

Tutorial: The Practical Application of Longitudinal Structural Equation Mediation Models in Clinical Trials
Research output: Contribution to journal › Article

Patients' perspectives on their interactions with general practitioners in the context of cognitive behavioural therapy for refractory irritable bowel syndrome: A qualitative study
Controversy over exercise therapy for chronic fatigue syndrome: Continuing the debate

Desperately seeking a cure: Treatment seeking and appraisal in irritable bowel syndrome

Intervention planning for the REDUCE maintenance intervention: a digital intervention to reduce re-ulceration risk among patients with a history of diabetic foot ulcers

Cognitive-behavioural therapy for adult attention deficit hyperactivity disorder: a proof of concept randomized controlled trial

Positive and negative affect mediate the bidirectional relationship between emotional processing and symptom severity and impact in Irritable Bowel Syndrome

Psychometric properties and factor structure of a shortened version of the Cognitive Behavioural Responses Questionnaire (CBRQ)

Illness beliefs of adolescents with CFS and their parents: The perceived causes of illness and beliefs about recovery

The importance of cluster analysis for enhancing clinical practice: The importance of cluster analysis for enhancing clinical practice

Review of systematic reviews of non-pharmacological interventions to improve quality of life in cancer survivors

The role of high expectations of self and social desirability in emotional processing in individuals with irritable bowel syndrome: A qualitative study
Cost-effectiveness of nurse-delivered Cognitive Behavioural Therapy (CBT) compared to Supportive Listening (SL) for adjustment to multiple sclerosis
Research output: Contribution to journal › Article

The Journey Between Brain and Gut: A systematic review of psychological mechanisms of treatment effect in Irritable Bowel Syndrome
Research output: Contribution to journal › Article

A qualitative study exploring the experience of people with IBD and elevated symptoms of anxiety and low mood and the type of psychological help they would like
Research output: Contribution to journal › Article

'It feels sometimes like my house has burnt down, but I can see the sky': A qualitative study exploring patients' views of cognitive behavioural therapy for chronic fatigue syndrome
Research output: Contribution to journal › Article

Cross-cultural study of information processing biases in Chronic Fatigue Syndrome: comparison of Dutch and UK chronic fatigue patients
Research output: Contribution to journal › Article

Development of a psychological intervention for fatigue after stroke
Research output: Contribution to journal › Article

Response to the editorial by Dr Geraghty
Research output: Contribution to journal › Review article

Same, same but different? Cognitive behavioural treatment approaches for paediatric CFS/ME and depression
Research output: Contribution to journal › Article

Cognitive behavioural therapy versus standardised medical care for adults with dissociative non-epileptic seizures (CODES): statistical and economic analysis plan for a randomised controlled trial
Research output: Contribution to journal › Article

Heterogeneity in Chronic Fatigue Syndrome: Empirically defined subgroups from the PACE trial
Research output: Contribution to journal › Article

Family therapy for autism spectrum disorders
Research output: Contribution to journal › Article
Lumping' and 'splitting' medically unexplained symptoms: is there a role for a transdiagnostic approach?
Research output: Contribution to journal › Editorial

Guided self-help for patients with chronic fatigue syndrome prior to starting cognitive behavioural therapy: a cohort study
Research output: Contribution to journal › Article

Managing the Process of International Collaboration in Online Course Development: A Case-Example Involving Higher Education Institutions in Ireland, Switzerland, Austria, and the United Kingdom
Ryan, C., Bergin, M., Tilte, S., Ruf, W., Kunz, S., Mazza, R., Chalder, T., Windgassen, S., Miner, D. C. & Wells, J. S. G.
Research output: Contribution to journal › Article

Web-based interventions for the management of stress in the workplace: Focus, form and efficacy
Research output: Contribution to journal › Review article

A survey to determine usual care after cancer treatment within the United Kingdom National Health Service
SURECAN investigators 11 Mar 2017 In : BMC Cancer. 17, 1, 186
Research output: Contribution to journal › Article

Stress vulnerability in adolescents with chronic fatigue syndrome (CFS): Experimental study investigating heart rate variability and skin conductance responses
Research output: Contribution to journal › Article

Chronic fatigue syndrome
Research output: Chapter in Book/Report/Conference proceeding › Chapter

Medically unexplained symptoms
Research output: Chapter in Book/Report/Conference proceeding › Chapter

Fatigue in an adult ADHD population: a trans-diagnostic approach
Research output: Contribution to journal › Article

Do more people recover from chronic fatigue syndrome with cognitive behaviour therapy or graded exercise therapy than with other treatments?
Research output: Contribution to journal › Article

A comparison of the Work and Social Adjustment Scale (WSAS) across different patient populations using Rasch analysis and exploratory factor analysis
Research output: Contribution to journal › Article
Fatigue and psychosocial variables in autoimmune rheumatic disease and chronic fatigue syndrome: A cross-sectional comparison
Research output: Contribution to journal › Article

A pilot case series of a brief Acceptance and Commitment Therapy (ACT)-based guided self-help intervention for improving quality of life and mood in muscle disorders
Research output: Contribution to journal › Article

Chronic Fatigue Syndrome: Cognitive, Behavioural and Emotional processing vulnerability factors
Research output: Contribution to journal › Article

An attention and interpretation bias for illness-specific information in chronic fatigue syndrome
Research output: Contribution to journal › Article

The specific needs of doctors with mental health problems: Qualitative analysis of doctor-patients’ experiences with the Practitioner Health Programme
Research output: Contribution to journal › Article

A Systematic Review of Anxiety Amongst People with Multiple Sclerosis
Butler, E., Matcham, F. & Chalder, T. Nov 2016 In : Multiple Sclerosis and Related Disorders. 10, p. 145–168
Research output: Contribution to journal › Article

Maximizing potential impact of experimental research into cognitive processes in health psychology: A systematic approach to material development
Research output: Contribution to journal › Article

Cognitive Interventions and Nutritional Supplements (The CINS Trial): A Randomized Controlled, Multicenter Trial Comparing a Brief Intervention With Additional Cognitive Behavioral Therapy, Seal Oil, and Soy Oil for Sick-Listed Low Back Pain Patients
Research output: Contribution to journal › Article

A systematic review with meta-analysis of the role of anxiety and depression in Irritable Bowel Syndrome onset
Research output: Contribution to journal › Article

Emotional suppression in chronic fatigue syndrome (CFS): Experimental study
Research output: Contribution to journal › Article

"It feels like wearing a giant sandbag." Adolescent and parent perceptions of fatigue in paediatric multiple sclerosis
Research output: Contribution to journal › Article
Establishing how psychological therapies work: the importance of mediation analysis
Research output: Contribution to journal › Article

Rehabilitative treatments for chronic fatigue syndrome: long-term follow-up from the PACE trial
Research output: Contribution to journal › Article

Family therapy for autism spectrum disorders
Spain, D. C., Sin, P. H. J., Paliokostas, E., Furuta, M., Chalder, T., Murphy, D. G. & Happe, F. G. E. 11 Oct 2015 In : Cochrane database of systematic reviews (Online). 10CD011894
Research output: Contribution to journal › Article

Assessing Cognitive behavioural Therapy In Irritable Bowel (ACTIB): protocol for a randomised controlled trial of clinical-effectiveness and cost-effectiveness of therapist delivered cognitive behavioural therapy and web-based self-management in Irritable bowel syndrome in adults
Research output: Contribution to journal › Article

Overcoming Chronic Fatigue in Young People: A cognitive-behavioural self-help guide
Research output: Book/Report › Book

Psychological correlates of fatigue in rheumatoid arthritis: A systematic review
Research output: Contribution to journal › Article

Cognitive behavioural therapy vs standardised medical care for adults with Dissociative non-Epileptic Seizures (CODES): a multicentre randomised controlled trial protocol
Research output: Contribution to journal › Article

The most popular terms for medically unexplained symptoms: The views of CFS patients
Research output: Contribution to journal › Article

Methods and outcome reporting in the PACE trial-Author's reply
Research output: Contribution to journal › Comment/debate

Model of understanding fatigue after stroke
Research output: Contribution to journal › Review article

The planning, implementation and publication of a complex intervention trial for chronic fatigue syndrome: The PACE trial
Research output: Contribution to journal › Article

Rehabilitative therapies for chronic fatigue syndrome: A secondary mediation analysis of the PACE trial
Cognitive behaviour therapy for adults with autism spectrum disorders and psychiatric co-morbidity: A review
Spain, D., Sin, J., Chalder, T., Murphy, D. & Happé, F. 1 Jan 2015 In : Research in Autism Spectrum Disorders. 9, p. 151-162 12 p.

Cognitive-behavioural interventions for adults with ASD and psychiatric co-morbidity: A systematic review
Spain, D., Sin, P. H. J., Chalder, T., Murphy, D. G. & Happé, F. E. 1 Jan 2015 In : Research In Autism Spectrum Disorders. 9, p. 151 162 p.

Prevalence and predictors of recovery from chronic fatigue syndrome in a routine clinical practice

Evaluating Interactive Fatigue Management Workshops for Occupational Health Professionals in the United Kingdom

Cortisol output in adolescents with chronic fatigue syndrome: Pilot study on the comparison with healthy adolescents and change after cognitive behavioural guided self-help treatment

Protocol for a proof of concept randomized controlled trial of cognitive-behavioural therapy for adult ADHD as a supplement to treatment as usual compared with treatment as usual alone

"You feel you've been bad, not ill": Sick doctors’ experiences of interactions with the General Medical Council

Adverse events and deterioration reported by participants in the PACE trial of therapies for chronic fatigue syndrome

Childhood stressors in the development of fatigue syndromes: a review of the past 20 years of research

Fatigue and Depression in Sick-Listed Chronic Low Back Pain Patients

A multicentre postal survey investigating the contribution of illness perceptions, coping and optimism to quality of life and mood in adults with muscle disease
Letter to the editor: Response to correspondence concerning 'recovery from chronic fatigue syndrome after treatments in the PACE trial'.
Research output: Contribution to journal › Letter

A Randomized Controlled Trial of Cognitive Behavioral Therapy (CBT) for Adjusting to Multiple Sclerosis (the saMS Trial): Does CBT Work and for Whom Does It Work?
Research output: Contribution to journal › Article

Separating emotions from consequences in muscle disease: Comparing beneficial and unhelpful illness schemata to inform intervention development
Research output: Contribution to journal › Article

Cognitions, behaviours and co-morbid psychiatric diagnoses in patients with chronic fatigue syndrome
Research output: Contribution to journal › Article

Change and processes of change within interventions to promote adjustment to multiple sclerosis: Learning from patient experiences
Research output: Contribution to journal › Article

Doctors and dentists with mental ill health and addictions: Outcomes of treatment from the Practitioner Health Programme
Research output: Contribution to journal › Article

Family-focused cognitive behaviour therapy versus psycho-education for adolescents with chronic fatigue syndrome: long-term follow-up of an RCT
Research output: Contribution to journal › Article

Shame! Self-stigmatisation as an obstacle to sick doctors returning to work: a qualitative study
Research output: Contribution to journal › Article

Adaptive pacing, cognitive behaviour therapy, graded exercise, and specialist medical care for chronic fatigue syndrome: a cost-effectiveness analysis
Research output: Contribution to journal › Article

Development and preliminary evaluation of a psychosocial intervention for modifying psychosocial risk factors associated with foot re-ulceration in diabetes
Research output: Contribution to journal › Article

Telephone-based guided self-help for adolescents with chronic fatigue syndrome: A non-randomised cohort study
Measuring disability in patients with chronic fatigue syndrome: reliability and validity of the Work and Social Adjustment Scale
Research output: Contribution to journal › Article

Nurse-led psychological interventions to improve diabetes control: Assessing competencies
Research output: Contribution to journal › Article

Fatigue in rheumatoid arthritis: time for a conceptual model
Research output: Contribution to journal › Article

The PACE trial in chronic fatigue syndrome Reply
Research output: Contribution to journal › Letter

Developing a web-based stress management intervention for occupational support workers
Research output: Contribution to journal › Literature review

Doctors vulnerable to psychological distress and addictions: treatment from the Practitioner Health Programme
Research output: Contribution to journal › Article

Motivational enhancement therapy with and without cognitive behaviour therapy for Type 1 diabetes: economic evaluation from a randomized controlled trial
Research output: Contribution to journal › Article

Review of literature on the mental health of doctors: Are specialist services needed?
Research output: Contribution to journal › Literature review

Comparison of adaptive pacing therapy, cognitive behaviour therapy, graded exercise therapy, and specialist medical care for chronic fatigue syndrome (PACE): a randomised trial
Research output: Contribution to journal › Article

Therapist effects in routine psychotherapy practice: An account from chronic fatigue syndrome
Research output: Contribution to journal › Article

Adolescents with severe chronic fatigue syndrome can make a full recovery
Research output: Contribution to journal › Article
Chronic fatigue syndrome
Research output: Contribution to journal » Article

Emotion recognition and emotional theory of mind in chronic fatigue syndrome
Research output: Contribution to journal » Article

Protocol for the Cognitive Interventions and Nutritional Supplements (CINS) trial: a randomized controlled multicenter trial of a brief intervention (BI) versus a BI plus cognitive behavioral treatment (CBT) versus nutritional supplements for patients with long-lasting muscle and back pain
Research output: Contribution to journal » Article

Cognitive and behavioural correlates of different domains of psychological adjustment in early-stage multiple sclerosis
Research output: Contribution to journal » Article

The development of the irritable bowel syndrome-behavioral responses questionnaire
Research output: Contribution to journal » Article

Factors associated with acute fatigue in primary care
Research output: Contribution to journal » Article

Family-focused cognitive behaviour therapy versus psycho-education for chronic fatigue syndrome in 11-to 18-year-olds: a randomized controlled treatment trial
Research output: Contribution to journal » Article

Measuring fatigue in clinical and community settings
Research output: Contribution to journal » Article

Cognitive-behavioral therapy for psychogenic nonepileptic seizures: A pilot RCT
Research output: Contribution to journal » Article

Personality and perfectionism in chronic fatigue syndrome: A closer look
Research output: Contribution to journal » Article

Predictors of treatment outcome after cognitive behavior therapy and antispasmodic treatment for patients with irritable bowel syndrome in primary care
Research output: Contribution to journal » Article
Does hypocortisolism predict a poor response to cognitive behavioural therapy in chronic fatigue syndrome?
Research output: Contribution to journal › Article

Cognitive behavioural therapy and psycho-education for chronic fatigue syndrome in young people: reflections from the families' perspective
Research output: Contribution to journal › Article

A randomised controlled trial of cognitive behaviour therapy and motivational interviewing for people with Type 1 diabetes mellitus with persistent sub-optimal glycaemic control: a Diabetes and Psychological Therapies (ADaPT) study
Research output: Contribution to journal › Article

The Beliefs about Emotions Scale: validity, reliability and sensitivity to change
Research output: Contribution to journal › Article

Quality of Life in People with Their First Diabetic Foot Ulcer A Prospective Cohort Study
Research output: Contribution to journal › Article

Protocol for the saMS trial (supportive adjustment for multiple sclerosis): a randomized controlled trial comparing cognitive behavioral therapy to supportive listening for adjustment to multiple sclerosis
Research output: Contribution to journal › Article

Chronic fatigue syndrome in adolescents: Do parental expectations of their child's intellectual ability match the child's ability?
Research output: Contribution to journal › Article

Salivary cortisol output before and after cognitive behavioural therapy for chronic fatigue syndrome
Research output: Contribution to journal › Article

A review of psychological correlates of adjustment in patients with multiple sclerosis
Research output: Contribution to journal › Literature review

Enhancing the mental well-being of people with multiple sclerosis
Research output: Contribution to journal › Article

Motivational enhancement therapy with and without cognitive behavior therapy to treat type 1 diabetes: a randomized trial
The neural correlates of fatigue: an exploratory imaginal fatigue provocation study in chronic fatigue syndrome
Research output: Contribution to journal › Article

Cost-effectiveness of cognitive behaviour therapy in addition to mebeverine for irritable bowel syndromes
Research output: Contribution to journal › Article

A randomized controlled trial of cognitive behavior therapy for multiple sclerosis fatigue
Research output: Contribution to journal › Article

Chronic fatigue syndrome
Research output: Contribution to journal › Article

Risk factors associated with adverse outcomes in a population-based prospective cohort study of people with their first diabetic foot ulcer
Research output: Contribution to journal › Article

Gulf war illness: Lessons from medically unexplained symptoms
Research output: Contribution to journal › Literature review

The cognitive behavioural model of medically unexplained symptoms: a theoretical and empirical review
Research output: Contribution to journal › Literature review

A randomized controlled trial to evaluate the effectiveness of a brief, behaviorally oriented intervention for cancer-related fatigue
Research output: Contribution to journal › Article

Investigating the active ingredients of cognitive behaviour therapy and counselling for patients with chronic fatigue in primary care: developing a new process measure to assess treatment fidelity and predict outcome
Research output: Contribution to journal › Article

The relationship between chronic fatigue and somatization syndrome: A general population survey
Research output: Contribution to journal › Article

Cognitive-behaviour therapy for chronic fatigue syndrome: comparison of outcomes within and outside the confines of a randomised controlled trial
Research output: Contribution to journal › Article
A cohort study of people with diabetes and their first foot ulcer - The role of depression on mortality
Research output: Contribution to journal » Article

Cross-cultural validation of the Chalder Fatigue Questionnaire in Brazilian primary care
Research output: Contribution to journal » Article

Incidence, prognosis, and risk factors for fatigue and chronic fatigue syndrome in adolescents: A prospective community study
Research output: Contribution to journal » Article

Protocol for the PACE trial: a randomised controlled trial of adaptive pacing, cognitive behaviour therapy, and graded exercise, as supplements to standardised specialist medical care versus standardised specialist medical care alone for patients with the chronic fatigue syndrome/myalgic encephalomyelitis or encephalopathy
White, P. D., Sharpe, M. C., Chalder, T., DeCesare, J. C., Walwyn, R. & PACE trial group 2007 In : Bmc Neurology. 7, p. 6
Research output: Contribution to journal » Article

Psychological intervention in fluid management
Research output: Contribution to journal » Article

Cognitive behavioural therapy in addition to antispasmodic therapy for irritable bowel syndrome in primary care: randomised controlled trial
Research output: Contribution to journal » Article

Probing the working memory system in chronic fatigue syndrome: a functional magnetic resonance imaging study using the n-back task
Research output: Contribution to journal » Article

Practitioner review: Chronic fatigue syndrome in childhood
Research output: Contribution to journal » Literature review

Cognitive behaviour therapy in addition to antispasmodic treatment for irritable bowel syndrome in primary care: randomised controlled trial
Research output: Contribution to journal » Article

Eating disorders and irritable bowel syndrome: is there a link?
Research output: Contribution to journal » Article

What advice do patients with infectious mononucleosis report being given by their general practitioner?
Research output: Contribution to journal › Article

The Behavioural Responses to Illness Questionnaire (BRIQ): a new predictive measure of medically unexplained symptoms following acute infection
Research output: Contribution to journal › Article

Treatments for chronic fatigue syndrome
Research output: Contribution to journal › Literature review

Chronic fatigue syndrome
Research output: Contribution to journal › Article

Chronic fatigue syndrome
Research output: Contribution to journal › Editorial

Chronic fatigue syndrome
Research output: Contribution to journal › Article

A randomised controlled trial of a psycho-educational intervention to aid recovery in infectious mononucleosis
Research output: Contribution to journal › Article

Salivary cortisol response to awakening in chronic fatigue syndrome
Research output: Contribution to journal › Article

Chronic fatigue syndrome
Research output: Contribution to journal › Article

Psychological aspects of infectious diseases
Research output: Chapter in Book/Report/Conference proceeding › Chapter

Depersonalisation disorder: a cognitive-behavioural conceptualisation
Research output: Contribution to journal › Article

Chronic fatigue syndrome in children: a cross sectional survey
Research output: Contribution to journal › Article

Illness perceptions and levels of disability in patients with chronic fatigue syndrome and rheumatoid arthritis
Research output: Contribution to journal › Article
Research output: Contribution to journal › Article

Research output: Contribution to journal › Article

Research output: Contribution to journal › Article

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Research output: Contribution to journal › Article

Research output: Contribution to journal › Article

Research output: Contribution to journal › Article

Research output: Contribution to journal › Article

Research output: Contribution to journal › Literature review
Don't dismiss exercise
Research output: Contribution to journal › Article

Researching chronic fatigue
Research output: Contribution to journal › Article

Cognitive behaviour therapy in chronic fatigue syndrome
Research output: Contribution to journal › Article

MANAGEMENT OF THE POSTVIRAL FATIGUE SYNDROME
Research output: Contribution to journal › Letter

Management of post-viral fatigue syndrome
Research output: Contribution to journal › Article

ACYCLOVIR TREATMENT OF THE CHRONIC FATIGUE SYNDROME
Research output: Contribution to journal › Letter

MANAGEMENT OF CHRONIC (POST-VIRAL) FATIGUE SYNDROME - REPLY
Research output: Contribution to journal › Letter

MANAGEMENT OF CHRONIC (POST-VIRAL) FATIGUE SYNDROME - DISCUSSION
Research output: Contribution to journal › Article

The above report is produced using the following setup
Ordered by: null