Research outputs
Listing of Research outputs

Moderators of cognitive behavioural therapy treatment effects and predictors of outcome in the CODES randomised controlled trial for adults with dissociative seizures
Research output: Contribution to journal › Article › peer-review

Validation of child-adapted short scales for measuring gastrointestinal-specific avoidance and anxiety
Research output: Contribution to journal › Article › peer-review

'The whole of humanity has lungs, doesn't it, we are not all the same sort of people': patient preferences and choices for an online, self-guided chronic breathlessness supportive intervention (SELF-BREATHE)
Research output: Contribution to journal › Article › peer-review

Clinical characteristics with inflammation profiling of long COVID and association with 1-year recovery following hospitalisation in the UK: a prospective observational study
Research output: Contribution to journal › Article › peer-review

Physical and mental health 3 months after SARS-CoV-2 infection (long COVID) among adolescents in England (CLoCk): a national matched cohort study
Research output: Contribution to journal › Article › peer-review

Joint patient and clinician priority setting to identify 10 key research questions regarding the long-term sequelae of COVID-19
Chalder, T., 30 Mar 2022, In: Thorax.
Research output: Contribution to journal › Article › peer-review

The prevalence, incidence, prognosis and risk factors for symptoms of depression and anxiety in a UK cohort during the COVID-19 pandemic
Research output: Contribution to journal › Article › peer-review

Six-month outcomes of the CODES randomised controlled trial of cognitive behavioural therapy for dissociative seizures: a secondary analysis
Research output: Contribution to journal › Article › peer-review

A randomised controlled trial of acceptance and commitment therapy for improving quality of life in people with muscle diseases
Research output: Contribution to journal › Article › peer-review

Generalized Worry in Patients With Chronic Fatigue Syndrome Following Cognitive Behavioral Therapy: a prospective cohort study in secondary care
Research output: Contribution to journal › Article › peer-review
The development of an intervention to support uptake and adherence to antiretroviral therapy in people living with HIV: the SUPA intervention. A brief report
SUPA Group, 18 Jan 2022, In: Translational behavioral medicine. 12, 1, p. 162-166 5 p.
Research output: Contribution to journal › Article › peer-review

Why do patients with gout not take allopurinol?
Research output: Contribution to journal › Article › peer-review

Long COVID - the physical and mental health of children and non-hospitalised young people 3 months after SARS-CoV-2 infection: a national matched cohort study (The ClOck) Study
Research output: Contribution to journal › Article › peer-review

Psychological Predictors of Self-reported COVID-19 Outcomes: Results From a Prospective Cohort Study
Research output: Contribution to journal › Article › peer-review

Patients with chronic fatigue syndrome can improve with graded exercise therapy: response to Vink et al. 2022
Chalder, T., Smakowski, A., Adamson, J. & Turner, T., 2022, (Accepted/In press) In: Disability and Rehabilitation.
Research output: Contribution to journal › Letter › peer-review

Chronic Fatigue Syndrome and Occupational Status: A Retrospective Longitudinal Study
Research output: Contribution to journal › Article › peer-review

Association of SARS-CoV-2 Infection with Psychological Distress, Psychotropic Prescribing, Fatigue, and Sleep Problems among UK Primary Care Patients
Research output: Contribution to journal › Article › peer-review

Physical, cognitive, and mental health impacts of COVID-19 after hospitalisation (PHOSP-COVID): a UK multicentre, prospective cohort study
Concern for covid-19 cough, fever and impact on mental health: what about risk of somatic symptom disorder?
Chalder, T. & Willis, C., 4 Nov 2020, (Accepted/In press) In: Journal of Mental Health.
Research output: Contribution to journal › Editorial › peer-review

Young people, mental health and COVID-19 infection: the canaries we put in the coal-mine
Research output: Contribution to journal › Article › peer-review

BMC family practice integrated GP care for patients with persistent physical symptoms: Feasibility cluster randomised trial
PRINCE Primary trial, 7 Oct 2020, In: BMC FAMILY PRACTICE. 21, 1, 207.
Research output: Contribution to journal › Article › peer-review

Cognitive behavioural therapy for chronic fatigue and chronic fatigue syndrome: outcomes from a specialist clinic in the UK
Research output: Contribution to journal › Article › peer-review

The experience of trial participation, treatment approaches and perceptions of change among participants with dissociative seizures within the CODES randomized controlled trial: A qualitative study
Research output: Contribution to journal › Article › peer-review

Integrated GP care for patients with persistent physical symptoms: feasibility cluster randomised trial
Research output: Contribution to journal › Article › peer-review

Mental health in the UK during the COVID-19 pandemic: cross-sectional analyses from a community cohort study
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Cognitive Behavioural Therapy for chronic fatigue and CFS: outcomes from a specialist clinic in the UK
Research output: Contribution to journal › Article › peer-review

From fatigue to chronic fatigue syndrome: implications for work and occupational health professionals
Research output: Contribution to specialist publication › Featured article

Experiences and illness perceptions of patients with functional symptoms admitted to hyper acute stroke wards: a mixed methods study
Research output: Contribution to journal › Article › peer-review

Attentional processing and interpretative bias in functional neurological disorder
Research output: Contribution to journal › Article › peer-review
Patients’ experiences of telephone-based and web-based Cognitive Behavioural Therapy for Irritable Bowel Syndrome: A longitudinal qualitative study
Research output: Contribution to journal › Article › peer-review

Cancer-related fatigue and functional impairment: towards an understanding of cognitive and behavioural factors
Research output: Contribution to journal › Article › peer-review

Cognitive behavioural responses to envy: development of a new measure
Research output: Contribution to journal › Article › peer-review

Clinical History Segment Extraction from Chronic Fatigue Syndrome Assessments to Model Disease Trajectories
Research output: Chapter in Book/Report/Conference proceeding › Conference paper › peer-review

Outcome measurement in functional neurological disorder: a systematic review and recommendations.
Research output: Contribution to journal › Review article › peer-review

Cognitive behavioural therapy for adults with dissociative seizures (CODES): a pragmatic, multicentre, randomised controlled trial
Research output: Contribution to journal › Review article › peer-review

Study protocol for POSITIF, a randomised multicentre feasibility trial of a brief cognitive-behavioural intervention plus information versus information alone for the treatment of post-stroke fatigue
Patterns of daytime physical activity in patients with chronic fatigue syndrome


Psychological and Demographic Characteristics of 368 Patients with Dissociative Seizures: Data from the CODES Cohort


Functional stroke symptoms: A prospective observational case series


How and for whom does supportive adjustment to Multiple Sclerosis cognitive-behavioural therapy work? A mediated moderation analysis


Cortisol levels in chronic fatigue syndrome and atypical depression measured using hair and saliva specimens


Sleep problems in adolescents with CFS: a case control study nested within a prospective clinical cohort


Assessing functioning in adolescents with chronic fatigue syndrome: psychometric properties and factor structure of the School and Social Adjustment Scale and the Physical Functioning Subscale of the SF36


A biopsychosocial approach to HIV fatigue: a cross-sectional and prospective analysis to identify key modifiable factors


Experiences and illness perceptions of patients with functional symptoms admitted to hyperacute stroke wards: A mixed-method study


Predicting First Attendance at Psychiatry Appointments in Patients with Dissociative Seizures

Characteristics of 698 patients with dissociative seizures: A UK multicenter study
Research output: Contribution to journal › Article › peer-review

Cognitive behavioural therapy for irritable bowel syndrome: 24-month follow-up of participants in the ACTIB randomised trial
Research output: Contribution to journal › Article › peer-review

Persistent physical symptoms reduction intervention: a system change and evaluation in secondary care (PRINCE secondary) - a CBT-based transdiagnostic approach: study protocol for a randomised controlled trial
Research output: Contribution to journal › Article › peer-review

Author response to letter to the editor
Research output: Contribution to journal › Letter › peer-review

Factors associated with work status in chronic fatigue syndrome
Research output: Contribution to journal › Article › peer-review

Persistent physical symptoms reduction intervention: A system change and evaluation (PRINCE) - Integrated GP care for persistent physical symptoms: Protocol for a feasibility and cluster randomised waiting list, controlled trial
Research output: Contribution to journal › Article › peer-review

Psychological and demographic factors associated with fatigue and social adjustment in young people with severe chronic fatigue syndrome/myalgic encephalomyelitis: a preliminary mixed-methods study
Research output: Contribution to journal › Article › peer-review

Functional stroke symptoms: a narrative review and conceptual model
Research output: Contribution to journal › Article › peer-review

Assessing telephone-delivered cognitive-behavioural therapy (CBT) and web-delivered CBT versus treatment as usual in irritable bowel syndrome (ACTIB): a multicentre randomised trial
Research output: Contribution to journal › Article › peer-review

Systemic low-grade inflammation and subsequent depressive symptoms: is there a mediating role of physical activity?
Research output: Contribution to journal › Article › peer-review
Protocol of a two arm randomised, multi-centre, 12-month controlled trial: evaluating the impact of a Cognitive Behavioural Therapy (CBT)-based intervention Supporting Uptake and Adherence to antiretrovirals (SUPA) in adults with HIV
Research output: Contribution to journal › Article › peer-review

Perfectionism and beliefs about emotions in adolescents with chronic fatigue syndrome and their parents: a preliminary investigation in a case control study nested within a cohort
Research output: Contribution to journal › Article › peer-review

Cognitive and behavioural responses to symptoms in adolescents with chronic fatigue syndrome: A case-control study nested within a cohort
Research output: Contribution to journal › Article › peer-review

Depressive symptoms in adolescents with chronic fatigue syndrome (CFS): Are rates higher than in controls and do depressive symptoms affect outcome?
Research output: Contribution to journal › Article › peer-review

Psychometric properties of the Cognitive and Behavioural Responses Questionnaire (CBRQ) in adolescents with Chronic Fatigue Syndrome
Research output: Contribution to journal › Article › peer-review

Therapist telephone-delivered CBT and web-based CBT compared with treatment as usual in refractory irritable bowel syndrome: the ACTIB three-arm RCT
Research output: Contribution to journal › Article › peer-review

Cognitive and Behavioral Differences Between Subtypes in Refractory Irritable Bowel Syndrome
Research output: Contribution to journal › Article › peer-review

A Research Proposal to Develop a Healthcare Professionals Manual to promote Community-based Medication Adherence in Inflammatory Bowel Disease
Research output: Contribution to conference types › Poster

However CFS is operationalised young people’s perspectives are important
Research output: Contribution to journal › Letter › peer-review

Psychological predictors of fatigue, work & social adjustment and distress in rheumatology outpatients: Short report
Research output: Contribution to journal › Article › peer-review
The PACE trial of treatments for chronic fatigue syndrome: A response to WILSHIRE et al
Research output: Contribution to journal › Article › peer-review

Key mechanisms of cognitive behavioural therapy in irritable bowel syndrome: the importance of gastrointestinal related cognitions, behaviours and general anxiety
Research output: Contribution to journal › Article › peer-review

Depressive symptoms in adolescents with CFS: are rates higher than in controls and do depressive symptoms affect outcome?
Research output: Contribution to journal › Article › peer-review

Adolescent and parent factors related to fatigue in paediatric multiple sclerosis and chronic fatigue syndrome: a comparative study
Research output: Contribution to journal › Article › peer-review

Does fatigue and distress in a clinical cohort of adolescents with CFS correlate with fatigue and distress in their parents?
Research output: Contribution to journal › Article › peer-review

'It's the unknown' – understanding anxiety: from the perspective of people with multiple sclerosis
Research output: Contribution to journal › Article › peer-review

Persistent fatigue induced by interferon-alpha: a novel, inflammation-based, proxy model of Chronic Fatigue Syndrome
Research output: Contribution to journal › Article › peer-review

Childhood adversity as a transdiagnostic risk factor for affective disorders in adulthood: A systematic review focusing on biopsychosocial moderating and mediating variables
Research output: Contribution to journal › Article › peer-review

Cognitive behaviour therapy for distress in people with Inflammatory bowel disease: A bench marking study
Research output: Contribution to journal › Article › peer-review

Patients' perspectives on GP interactions after cognitive behavioural therapy for refractory IBS: A qualitative study in UK primary and secondary care
Research output: Contribution to journal › Article › peer-review

Illness beliefs of adolescents with CFS and their parents: The perceived causes of illness and beliefs about recovery
Research output: Contribution to journal › Article › peer-review
An Intervention to Support Treatment Management for the chronic disease of HIV: The SUPA Intervention: Health Psychology Across the Lifespan: Uniting Research, Practice & policy
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Home-based family-focused rehabilitation for adolescents with severe Chronic Fatigue Syndrome
Research output: Contribution to journal › Article › peer-review

Acceptance and Commitment Therapy for MuScle Disease (ACTMuS): Protocol for a two-arm randomised controlled trial of a brief guided self-help ACT programme for improving quality of life in people with Muscle diseases
Research output: Contribution to journal › Article › peer-review

The Presence of Co-morbid Mental Health Problems in a Cohort of Adolescents with Chronic Fatigue Syndrome (CFS)
Research output: Contribution to journal › Article › peer-review

Horses for courses: choosing an evidence based psychological therapy for your patient
Research output: Contribution to journal › Article › peer-review

Measurement error, time lag, unmeasured confounding: Considerations for longitudinal estimation of the effect of the mediation 'b path' in randomised clinical trials
Research output: Contribution to journal › Article › peer-review

Tutorial: The Practical Application of Longitudinal Structural Equation Mediation Models in Clinical Trials
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Intervention planning for the REDUCE maintenance intervention: A digital intervention to reduce reulceration risk among patients with a history of diabetic foot ulcers
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Desperately seeking a cure: Treatment seeking and appraisal in irritable bowel syndrome
Intervention planning for the REDUCE maintenance intervention: a digital intervention to reduce re-ulceration risk among patients with a history of diabetic foot ulcers

Don't reject evidence from CFS therapies

Cognitive-behavioural therapy for adult attention deficit hyperactivity disorder: a proof of concept randomized controlled trial

Positive and negative affect mediate the bidirectional relationship between emotional processing and symptom severity and impact in Irritable Bowel Syndrome

Psychometric properties and factor structure of a shortened version of the Cognitive Behavioural Responses Questionnaire (CBRQ)

The importance of cluster analysis for enhancing clinical practice: The importance of cluster analysis for enhancing clinical practice

Review of systematic reviews of non-pharmacological interventions to improve quality of life in cancer survivors

The role of high expectations of self and social desirability in emotional processing in individuals with irritable bowel syndrome: A qualitative study

Cost-effectiveness of nurse-delivered Cognitive Behavioural Therapy (CBT) compared to Supportive Listening (SL) for adjustment to multiple sclerosis

The Journey Between Brain and Gut: A systematic review of psychological mechanisms of treatment effect in Irritable Bowel Syndrome
A qualitative study exploring the experience of people with IBD and elevated symptoms of anxiety and low mood and the type of psychological help they would like
Research output: Contribution to journal › Article › peer-review

'It feels sometimes like my house has burnt down, but I can see the sky': A qualitative study exploring patients' views of cognitive behavioural therapy for chronic fatigue syndrome
Research output: Contribution to journal › Article › peer-review

Cross-cultural study of information processing biases in Chronic Fatigue Syndrome: comparison of Dutch and UK chronic fatigue patients
Research output: Contribution to journal › Article › peer-review

Development of a psychological intervention for fatigue after stroke
Research output: Contribution to journal › Article › peer-review

Response to the editorial by Dr Geraghty
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'Same, same but different? Cognitive behavioural treatment approaches for paediatric CFS/ME and depression
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Cognitive behavioural therapy versus standardised medical care for adults with dissociative non-epileptic seizures (CODES): statistical and economic analysis plan for a randomised controlled trial
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Heterogeneity in Chronic Fatigue Syndrome: Empirically defined subgroups from the PACE trial
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Family therapy for autism spectrum disorders
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'Lumping' and 'splitting' medically unexplained symptoms: is there a role for a transdiagnostic approach?
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Guided self-help for patients with chronic fatigue syndrome prior to starting cognitive behavioural therapy: a cohort study
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Managing the Process of International Collaboration in Online Course Development: A Case-Example Involving Higher Education Institutions in Ireland, Switzerland, Austria, and the United Kingdom
Chronic Fatigue Syndrome: Cognitive, Behavioural and Emotional processing vulnerability factors
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An attention and interpretation bias for illness-specific information in chronic fatigue syndrome
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The specific needs of doctors with mental health problems: Qualitative analysis of doctor-patients’ experiences with the Practitioner Health Programme
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A Systematic Review of Anxiety Amongst People with Multiple Sclerosis
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Maximizing potential impact of experimental research into cognitive processes in health psychology: A systematic approach to material development
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Cognitive Interventions and Nutritional Supplements (The CINS Trial): A Randomized Controlled, Multicenter Trial Comparing a Brief Intervention With Additional Cognitive Behavioral Therapy, Seal Oil, and Soy Oil for Sick-Listed Low Back Pain Patients
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A systematic review with meta-analysis of the role of anxiety and depression in Irritable Bowel Syndrome onset
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Emotional suppression in chronic fatigue syndrome (CFS): Experimental study
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A systematic review of the psychological correlates of adjustment outcomes in adults with inflammatory bowel disease
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“It feels like wearing a giant sandbag.” Adolescent and parent perceptions of fatigue in paediatric multiple sclerosis
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Attentional and interpretive bias towards illness-related information in chronic fatigue syndrome: A systematic review
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Cognitive behaviour therapy for adults with autism spectrum disorders and psychiatric co-morbidity: A review
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Cognitive-behavioural interventions for adults with ASD and psychiatric co-morbidity: A systematic review
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Prevalence and predictors of recovery from chronic fatigue syndrome in a routine clinical practice
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Evaluating Interactive Fatigue Management Workshops for Occupational Health Professionals in the United Kingdom
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Cortisol output in adolescents with chronic fatigue syndrome: Pilot study on the comparison with healthy adolescents and change after cognitive behavioural guided self-help treatment
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Protocol for a proof of concept randomized controlled trial of cognitive-behavioural therapy for adult ADHD as a supplement to treatment as usual compared with treatment as usual alone
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"You feel you've been bad, not ill": Sick doctors' experiences of interactions with the General Medical Council
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Adverse events and deterioration reported by participants in the PACE trial of therapies for chronic fatigue syndrome
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Childhood stressors in the development of fatigue syndromes: a review of the past 20 years of research
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Fatigue and Depression in Sick-Listed Chronic Low Back Pain Patients
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A multicentre postal survey investigating the contribution of illness perceptions, coping and optimism to quality of life and mood in adults with muscle disease
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Recovery from chronic fatigue syndrome after treatments given in the PACE trial
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Envy: The Motivations and Impact of Envy
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Letter to the editor: Response to correspondence concerning 'recovery from chronic fatigue syndrome after treatments in the PACE trial'.
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A Randomized Controlled Trial of Cognitive Behavioral Therapy (CBT) for Adjusting to Multiple Sclerosis (the saMS Trial): Does CBT Work and for Whom Does It Work?
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Separating emotions from consequences in muscle disease: Comparing beneficial and unhelpful illness schemata to inform intervention development
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Cognitions, behaviours and co-morbid psychiatric diagnoses in patients with chronic fatigue syndrome
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Change and processes of change within interventions to promote adjustment to multiple sclerosis: Learning from patient experiences
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Doctors and dentists with mental ill health and addictions: Outcomes of treatment from the Practitioner Health Programme
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Family-focused cognitive behaviour therapy versus psycho-education for adolescents with chronic fatigue syndrome: long-term follow-up of an RCT
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Shame! Self-stigmatisation as an obstacle to sick doctors returning to work: a qualitative study
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Adaptive pacing, cognitive behaviour therapy, graded exercise, and specialist medical care for chronic fatigue syndrome: a cost-effectiveness analysis
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Non-pharmacological management of chronic fatigue syndrome: Efficacy, cost-effectiveness and economic outcomes in the PACE trial
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Development and preliminary evaluation of a psychosocial intervention for modifying psychosocial risk factors associated with foot re-ulceration in diabetes
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Telephone-based guided self-help for adolescents with chronic fatigue syndrome: A non-randomised cohort study
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Chronic fatigue syndrome: treatment without a cause
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Chronic fatigue syndrome: treatment without a cause
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Cognitive behaviour therapy for chronic fatigue syndrome in adults: face to face versus telephone treatment: a randomized controlled trial
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Five-year follow-up of a cohort of people with their first diabetic foot ulcer: the persistent effect of depression on mortality
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PACE trial clarification
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Experiences of young people who have undergone the Lightning Process to treat chronic fatigue syndrome/myalgic encephalomyelitis - a qualitative study
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How do treatments for chronic fatigue syndrome work? Exploration of instrumental variable methods for mediation analysis in PACE – a randomised controlled trial of adaptive pacing therapy, cognitive behaviour therapy, graded exercise therapy, and specialist medical care
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Mediators of change in cognitive behaviour therapy and mebeverine for irritable bowel syndrome
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The role of acceptance in chronic fatigue syndrome
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The role of acceptance in chronic fatigue syndrome
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Long-term sickness absence among patients with chronic fatigue syndrome
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Does the Heterogeneity of Chronic Fatigue Syndrome Moderate the Response to Cognitive Behaviour Therapy? An Exploratory Study
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Non-Pharmacological Interventions for Fatigue in Rheumatoid Arthritis: A Cochrane Review.
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Emotional expression, self-silencing, and distress tolerance in anorexia nervosa and chronic fatigue syndrome
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Measuring disability in patients with chronic fatigue syndrome: reliability and validity of the Work and Social Adjustment Scale
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Nurse-led psychological interventions to improve diabetes control: Assessing competencies
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Fatigue in rheumatoid arthritis: time for a conceptual model
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The PACE trial in chronic fatigue syndrome Reply
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Developing a web-based stress management intervention for occupational support workers
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Doctors vulnerable to psychological distress and addictions: treatment from the Practitioner Health Programme
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Motivational enhancement therapy with and without cognitive behaviour therapy for Type 1 diabetes: economic evaluation from a randomized controlled trial
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Review of literature on the mental health of doctors: Are specialist services needed?
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Comparison of adaptive pacing therapy, cognitive behaviour therapy, graded exercise therapy, and specialist medical care for chronic fatigue syndrome (PACE): a randomised trial
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Therapist effects in routine psychotherapy practice: An account from chronic fatigue syndrome
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Adolescents with severe chronic fatigue syndrome can make a full recovery
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Chronic fatigue syndrome
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Emotion recognition and emotional theory of mind in chronic fatigue syndrome
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Protocol for the Cognitive Interventions and Nutritional Supplements (CINS) trial: a randomized controlled multicenter trial of a brief intervention (BI) versus a BI plus cognitive behavioral treatment (CBT) versus nutritional supplements for patients with long-lasting muscle and back pain
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Cognitive and behavioural correlates of different domains of psychological adjustment in early-stage multiple sclerosis
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Reducing occupational stress for employees: the ROSE project
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Factors associated with acute fatigue in primary care
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Family-focused cognitive behaviour therapy versus psycho-education for chronic fatigue syndrome in 11-to 18-year-olds: a randomized controlled treatment trial
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Measuring fatigue in clinical and community settings
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Cognitive-behavioral therapy for psychogenic nonepileptic seizures: A pilot RCT
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Personality and perfectionism in chronic fatigue syndrome: A closer look
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Predictors of treatment outcome after cognitive behavior therapy and antispasmodic treatment for patients with irritable bowel syndrome in primary care
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Does hypocortisolism predict a poor response to cognitive behavioural therapy in chronic fatigue syndrome?
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Cognitive behavioural therapy and psycho-education for chronic fatigue syndrome in young people: reflections from the families’ perspective
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A randomised controlled trial of cognitive behaviour therapy and motivational interviewing for people with Type 1 diabetes mellitus with persistent sub-optimal glycaemic control: a Diabetes and Psychological Therapies (ADaPT) study
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ASSESSING PREDICTORS OF OUTCOME AND MEDIATORS OF CHANGE IN CHRONIC FATIGUE SYNDROME AFTER COGNITIVE BEHAVIOUR THERAPY
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The Beliefs about Emotions Scale: validity, reliability and sensitivity to change
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WHAT MEDIATES THE EFFECT OF COGNITIVE BEHAVIOUR THERAPY ON CHRONIC FATIGUE IN MS PATIENTS?
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Quality of Life in People with Their First Diabetic Foot Ulcer A Prospective Cohort Study
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Protocol for the saMS trial (supportive adjustment for multiple sclerosis): a randomized controlled trial comparing cognitive behavioral therapy to supportive listening for adjustment to multiple sclerosis
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Chronic fatigue syndrome in adolescents: Do parental expectations of their child’s intellectual ability match the child’s ability?
Research output: Contribution to journal › Article › peer-review

Salivary cortisol output before and after cognitive behavioural therapy for chronic fatigue syndrome
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A review of psychological correlates of adjustment in patients with multiple sclerosis
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A RANDOMISED CONTROLLED TRIAL OF CBT AND STANDARD MEDICAL CARE IN PATIENTS WITH DISSOCIATIVE (NON-EPILEPTIC) SEIZURES
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Cognitions and behaviours associated with psychological adjustment to multiple sclerosis
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Cost-effectiveness of motivational enhancement therapy with and without cognitive behaviour therapy for type 1 diabetes
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Enhancing the mental well-being of people with multiple sclerosis
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Motivational enhancement therapy with and without cognitive behavior therapy to treat type 1 diabetes: a randomized trial
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Combining empiricism, theory and a patient centred approach to develop a CBT intervention for adjusting to living with the multiple sclerosis (MS)
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The neural correlates of fatigue: an exploratory imaginal fatigue provocation study in chronic fatigue syndrome
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Quality of life in people with their first diabetic foot ulcer
Research output: Contribution to journal › Meeting abstract › peer-review

Cost-effectiveness of cognitive behaviour therapy in addition to mebeverine for irritable bowel syndromes
Research output: Contribution to journal › Meeting abstract › peer-review

A randomized controlled trial of cognitive behavior therapy for multiple sclerosis fatigue
Research output: Contribution to journal › Article › peer-review

Assessing treatment process in the context of randomised controlled treatment trials
Research output: Contribution to journal › Meeting abstract
A cohort study of people with diabetes and their first foot ulcer - The role of depression on mortality
Research output: Contribution to journal › Article › peer-review

Cross-cultural validation of the Chalder Fatigue Questionnaire in Brazilian primary care
Research output: Contribution to journal › Article › peer-review

Cost-effectiveness of cognitive behaviour therapy in addition to mebeverine for irritable bowel syndrome
Research output: Contribution to journal › Article › peer-review

FROM EFFICACY TO EFFECTIVENESS - ASSESSMENT AND TREATMENT OF CFS
Research output: Contribution to journal › Meeting abstract

Incidence, prognosis, and risk factors for fatigue and chronic fatigue syndrome in adolescents: A prospective community study
Research output: Contribution to journal › Article › peer-review

Protocol for the PACE trial: a randomised controlled trial of adaptive pacing, cognitive behaviour therapy, and graded exercise, as supplements to standardised specialist medical care versus standardised specialist medical care alone for patients with the chronic fatigue syndrome/myalgic encephalomyelitis or encephalopathy
Research output: Contribution to journal › Article › peer-review

THE COGNITIVE BEHAVIOURAL TREATMENT OF CHRONIC FATIGUE SYNDROME: REVIEW OF TREATMENT EFFICACY AND EFFECTIVENESS
Research output: Contribution to journal › Meeting abstract

Psychological intervention in fluid management
Research output: Contribution to journal › Article › peer-review

An illness perceptions intervention to address cardiac misconceptions and increase attendance at cardiac rehabilitation post myocardial infarction: Results of a pilot randomised controlled trial
Research output: Contribution to journal › Article › peer-review

Cognitive behavioural therapy in addition to antispasmodic therapy for irritable bowel syndrome in primary care: randomised controlled trial
Research output: Contribution to journal › Article › peer-review

Depressive disorders, diabetic foot ulcers and death: results from a population based cohort of people with diabetes and their first foot ulcer
Research output: Contribution to journal › Meeting abstract
Probing the working memory system in chronic fatigue syndrome: a functional magnetic resonance imaging study using the n-back task
Research output: Contribution to journal › Article › peer-review

Practitioner review: Chronic fatigue syndrome in childhood
Research output: Contribution to journal › Literature review › peer-review

Cognitive behaviour therapy in addition to antispasmodic treatment for irritable bowel syndrome in primary care: randomised controlled trial
Research output: Contribution to journal › Article › peer-review

Eating disorders and irritable bowel syndrome: is there a link?
Research output: Contribution to journal › Article › peer-review

What advice do patients with infectious mononucleosis report being given by their general practitioner?
Research output: Contribution to journal › Article › peer-review

The Behavioural Responses to Illness Questionnaire (BRIQ): a new predictive measure of medically unexplained symptoms following acute infection
Research output: Contribution to journal › Article › peer-review

Treatments for chronic fatigue syndrome
Research output: Contribution to journal › Literature review › peer-review

A randomised controlled trial to test the effectiveness of a psychoeducational intervention in reducing the level of cancer-related fatigue
Research output: Contribution to journal › Meeting abstract

A randomised controlled trial to test the effectiveness of psychoeducational intervention in reducing the level of cancer-related fatigue
Research output: Contribution to journal › Meeting abstract

Chronic fatigue syndrome
Research output: Contribution to journal › Article › peer-review

Chronic fatigue syndrome
Research output: Contribution to journal › Editorial › peer-review
Chronic fatigue syndrome
Research output: Contribution to journal › Article › peer-review

Long versus short family focused cognitive behaviour therapy for chronic fatigue syndrome in 11-18 year olds: A randomised controlled trial
Research output: Contribution to journal › Meeting abstract

A randomised controlled trial of a psycho-educational intervention to aid recovery in infectious mononucleosis
Research output: Contribution to journal › Article › peer-review

Cognitive behaviour therapy in irritable bowel syndrome: Efficacy and cost effectiveness
Research output: Contribution to journal › Meeting abstract › peer-review

Salivary cortisol response to awakening in chronic fatigue syndrome
Research output: Contribution to journal › Article › peer-review

Chronic fatigue syndrome
Research output: Contribution to journal › Article › peer-review

Cognitive behavioural therapy normalises HPA axis dysfunction in chronic fatigue syndrome
Research output: Contribution to journal › Meeting abstract

Psychological aspects of infectious diseases
Research output: Chapter in Book/Report/Conference proceeding › Chapter

Depersonalisation disorder: a cognitive-behavioural conceptualisation
Research output: Contribution to journal › Article › peer-review

Chronic fatigue syndrome in children: a cross sectional survey
Research output: Contribution to journal › Article › peer-review

Illness perceptions and levels of disability in patients with chronic fatigue syndrome and rheumatoid arthritis
Research output: Contribution to journal › Article › peer-review

Epidemiology of chronic fatigue syndrome and self reported myalgic encephalomyelitis in 5-15 year olds: cross sectional study
Research output: Contribution to journal › Article › peer-review
<table>
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<th>Title</th>
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Cognitive behavioural treatment of chronic fatigue syndrome: Review of the evidence and a five-year follow up.
Research output: Contribution to journal › Meeting abstract

Family cognitive behaviour therapy for chronic fatigue syndrome: an uncontrolled study
Research output: Contribution to journal › Article › peer-review

Prevalence of Gulf war veterans who believe they have Gulf war syndrome: questionnaire study
Research output: Contribution to journal › Article › peer-review

Causal attributions for somatic sensations in patients with chronic fatigue syndrome and their partners
Research output: Contribution to journal › Article › peer-review

Chronic fatigue in general practice: is counselling as good as cognitive behaviour therapy? A UK randomised trial
Research output: Contribution to journal › Article › peer-review

Chronic fatigue in general practice: economic evaluation of counselling versus cognitive behaviour therapy
Research output: Contribution to journal › Article › peer-review

Defensive coping styles in chronic fatigue syndrome
Research output: Contribution to journal › Article › peer-review

Long term outcome of cognitive behaviour therapy versus relaxation therapy for chronic fatigue syndrome: a 5 year follow-up study.
Research output: Contribution to journal › Article › peer-review

Telephone cognitive behaviour therapy for chronic fatigue syndrome in secondary care: A case series
Research output: Contribution to journal › Article › peer-review

Chronic fatigue syndrome
Research output: Contribution to journal › Article › peer-review

Chronic fatigue syndrome. [Review] [40 refs]
Research output: Contribution to journal › Article › peer-review

Extracts from "clinical evidence" - Chronic fatigue syndrome
Research output: Contribution to journal › Literature review › peer-review