Research outputs
Listing of Research outputs

**FODMAPs or gluten as inducers of symptoms in irritable bowel syndrome: separating the wheat from the chaff**
Research output: Contribution to journal › Editorial › peer-review

**Inflammatory bowel disease nurses’ views on taking on a new role to support an online self-management programme for symptoms of fatigue, pain and urgency: a qualitative study to maximise intervention acceptance**
Research output: Contribution to journal › Article › peer-review

**Prebiotic galactooligosaccharide supplementation in adults with ulcerative colitis: Exploring the impact on peripheral blood gene expression, gut microbiota, and clinical symptoms**
Wilson, B., Eyice, O., Koumoutsos, I., Lomer, M. C., Irving, P. M., Lindsay, J. O. & Whelan, K., Oct 2021, In: Nutrients. 13, 10, 3598.
Research output: Contribution to journal › Article › peer-review

**Long-term personalised low FODMAP diet improves symptoms and maintains luminal Bifidobacteria abundance in irritable bowel syndrome**
Research output: Contribution to journal › Article › peer-review

**Psyllium reduces inulin-induced colonic gas production in IBS: MRI and in vitro fermentation studies**
Research output: Contribution to journal › Article › peer-review

**Nutrient, fibre and FODMAP intakes and food-related quality of life in patients with inflammatory bowel disease and their relationship with gastrointestinal symptoms of differing aetiologies**
Cox, S., Clarke, H., O'Keeffe, M., Dubois, P. C., Irving, P. M., Lindsay, J. O. & Whelan, K., 27 May 2021, (Accepted/In press) In: Journal of Crohn’s & colitis.
Research output: Contribution to journal › Article › peer-review

**Food additive emulsifiers and their impact on gut microbiome, permeability and inflammation: mechanistic insights in inflammatory bowel disease**
Bancil, A., Sandall, A., Rossi, M., Chassaing, B., Lindsay, J. O. & Whelan, K., 3 Dec 2020, (Accepted/In press) In: Journal of Crohn’s and Colitis.
Research output: Contribution to journal › Article › peer-review

**Food-related quality of life is impaired in inflammatory bowel disease and associated with reduced intake of key nutrients**
Research output: Contribution to journal › Article › peer-review

**Gut microbiota associations with diet in irritable bowel syndrome and the effect of low FODMAP diet and probiotics**
Research output: Contribution to journal › Article › peer-review

**Contrasting effects of viscous and particulate fibers on colonic fermentation in vitro and in vivo, and their impact on intestinal water studied by MRI in a randomized trial**
Research output: Contribution to journal › Article › peer-review
Nopal fiber (Opuntia ficus-indica) improves symptoms in irritable bowel syndrome in the short term: a randomized-controlled trial
Research output: Contribution to journal › Article › peer-review

Behavioral and Diet Therapies in Integrated Care for Patients with Irritable Bowel Syndrome
Research output: Contribution to journal › Article › peer-review

β-Galactooligosaccharide in Conjunction With Low FODMAP Diet Improves Irritable Bowel Syndrome Symptoms but Reduces Fecal Bifidobacteria
Research output: Contribution to journal › Article › peer-review

Challenges of the low FODMAP diet for managing irritable bowel syndrome and approaches to their minimisation and mitigation
Research output: Contribution to journal › Review article › peer-review

β-galacto-oligosaccharide in conjunction with low FODMAP diet improves irritable bowel syndrome symptoms but reduces fecal bifidobacteria
Research output: Contribution to journal › Article › peer-review

Effects of Low-FODMAP Diet on Symptoms, Fecal Microbiome, and Markers of Inflammation in Patients With Quiescent Inflammatory Bowel Disease in a Randomized Trial
Research output: Contribution to journal › Article › peer-review

Investigating optimal education regarding the low FODMAP diet in functional bowel disorders: A feasibility randomised controlled trial of leaflet vs mobile application vs dietetic consultation
Research output: Contribution to journal › Meeting abstract › peer-review

Low FODMAP diet & prebiotic β-galactooligosaccharides improve irritable bowel syndrome and response to low FODMAP is predicted by urine and faecal metabolites: A randomised controlled trial
Research output: Contribution to journal › Meeting abstract › peer-review

Prebiotic β-galacto-oligosaccharide impact on clinical, inflammatory and microbiota outcomes in active ulcerative colitis: An open-label study
Research output: Contribution to journal › Meeting abstract › peer-review

British Society of Gastroenterology consensus guidelines on the management of inflammatory bowel disease in adults
'It's about willpower in the end. You've got to keep going': a qualitative study exploring the experience of pain in inflammatory bowel disease
Research output: Contribution to journal › Article › peer-review

Perioperative dietary therapy in inflammatory bowel disease
Research output: Contribution to journal › Article › peer-review

Fermentable carbohydrates in functional bowel disorders: new insights
Research output: Contribution to journal › Editorial › peer-review

Fermentable carbohydrates in functional bowel disorders: New insights
Research output: Contribution to journal › Editorial › peer-review

Streptococcus Salivarius: A Potential Salivary Biomarker for Orofacial Granulomatosis and Crohn's Disease?
Research output: Contribution to journal › Article › peer-review

Nutrition Assessment in Crohn's Disease using Anthropometric, Biochemical, and Dietary Indexes: A Narrative Review
Research output: Contribution to journal › Article › peer-review

Perceptions and psychosocial impact of food, nutrition, eating and drinking in people with inflammatory bowel disease: a qualitative investigation of food-related quality of life
Research output: Contribution to journal › Article › peer-review

Nutrient Intake, diet quality and diet diversity in irritable bowel syndrome and the impact of the low FODMAP diet.
Research output: Contribution to journal › Article › peer-review

Prebiotics in irritable bowel syndrome and other functional bowel disorders in adults: a systematic review and meta-analysis of randomized controlled trials
Research output: Contribution to journal › Article › peer-review

A multicentre study of nutrition risk assessment in adult patients with inflammatory bowel disease attending outpatient clinics.
Research output: Contribution to journal › Article › peer-review
Research gaps in diet and nutrition in inflammatory bowel disease. A topical review by D-ECCO working group [Dietitians of ECCO]
Research output: Contribution to journal › Review article › peer-review

Dietary patterns, digestive symptoms and health-related quality of life in women reporting minor digestive symptoms
Research output: Contribution to journal › Article › peer-review

Fermentable oligosaccharide, disaccharide, monosaccharide and polyol content of foods commonly consumed by ethnic minority groups in the United Kingdom
Research output: Contribution to journal › Article › peer-review

Fermentable carbohydrate restriction (Low FODMAP Diet) in clinical practice improves functional gastrointestinal symptoms in patients with inflammatory bowel disease
Research output: Contribution to journal › Article › peer-review

Food-related Quality of Life in Inflammatory Bowel Disease: Development and Validation of a Questionnaire
Research output: Contribution to journal › Article › peer-review

British Dietetic Association systematic review and evidence-based practice guidelines for the dietary management of irritable bowel syndrome in adults (2016 update)
Research output: Contribution to journal › Article › peer-review

British Dietetic Association systematic review of systematic reviews and evidence-based practice guidelines for the use of probiotics in the management of irritable bowel syndrome in adults (2016 update).
Research output: Contribution to journal › Article › peer-review

Clinical effectiveness and economic costs of group versus one-to-one education for short-chain fermentable carbohydrate restriction (low FODMAP diet) in the management of irritable bowel syndrome
Research output: Contribution to journal › Article › peer-review

Variable access to quality nutrition information regarding inflammatory bowel disease: A survey of patients and health professionals and objective examination of written information
Research output: Contribution to journal › Article › peer-review

LONG TERM EFFECTIVENESS OF SHORT CHAIN FERMENTABLE CARBOHYDRATE (FODMAP) RESTRICTION IN PATIENTS WITH IRRITABLE BOWEL SYNDROME
Advanced nutrition and dietetics in gastroenterology

A rapid, simple questionnaire to assess gastrointestinal symptoms after oral ferrous sulphate supplementation

Current practice in relation to nutritional assessment and dietary management of enteral nutrition in adults with Crohn's disease

Mechanisms and efficacy of dietary FODMAP restriction in IBS


Development Of A Food Related Quality Of Life Questionnaire For People With Ibd

Clinical evidence for allergy in orofacial granulomatosis and inflammatory bowel disease

Dietary intervention for oral allergy syndrome as a treatment in orofacial granulomatosis: a new approach?

Psychosocial Impact of Food and Nutrition in people with Inflammatory Bowel Disease: a Qualitative Study

Development of a low phenolic acid diet for the management of orofacial granulomatosis

Effects of linseeds on the symptoms of irritable bowel syndrome: a pilot randomised controlled trial
A CLINICAL OVERVIEW OF THE PRESENTATION AND MANAGEMENT OF OROFACIAL GRANULOMATOSIS IN A COMBINED ORAL MEDICINE AND GASTROENTEROLOGY CLINIC
Research output: Contribution to journal › Meeting abstract

ALLERGY IN OROFACIAL GRANULOMATOSIS AND INFLAMMATORY BOWEL DISEASE
Research output: Contribution to journal › Meeting abstract

Clinical presentation of oro-facial granulomatosis (OFG) with and without concurrent Crohn's disease
Research output: Contribution to journal › Meeting abstract

The relevance of patch testing and a clinical review of the cinnamon and benzoate free diet in orofacial granulomatosis (OFG)
Research output: Contribution to journal › Meeting abstract

DECREASED LACTOBACILLI IN THE ILEAL MUCOSA-ASSOCIATED MICROBIOTA IN DIARRHOEA-PREDOMINANT IRRITABLE BOWEL SYNDROME
Research output: Contribution to journal › Meeting abstract

SUBGROUPS OF IRRITABLE BOWEL SYNDROME HAVE A DISTINCT COLONIC MUCOSA-ASSOCIATED MICROBIOTA
Research output: Contribution to journal › Meeting abstract

Review article: lactose intolerance in clinical practice - myths and realities
Research output: Contribution to journal › Literature review › peer-review

Dysbiosis in diarrhoea predominant irritable bowel syndrome: Significant increase in mucosa-associated bacteroides
Research output: Contribution to journal › Meeting abstract

B cell infiltrates in orofacial granulomatosis
Research output: Contribution to journal › Meeting abstract

FOXp(3)(+) T-regulatory cell infiltrates in orofacial granulomatosis
Research output: Contribution to journal › Meeting abstract
Improvement in Orofacial Granulomatosis on a Cinnamon- and Benzoate-free Diet
Research output: Contribution to journal › Article › peer-review

Tumour necrosis factor-alpha production stimulated by heat shock protein 70 and its inhibition in circulating dendritic cells and cells eluted from mucosal tissues in Crohn's disease
Research output: Contribution to journal › Article › peer-review

Intake of dietary iron is low in patients with Crohn's disease: a case-control study
Research output: Contribution to journal › Article › peer-review

Cinnamon and benzoate free diet as primary treatment of oro-facial granulomatosis
Research output: Contribution to journal › Meeting abstract

The above report is produced using the following setup
Ordered by: null