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The Multiple Hydrogen Bonding Networks of the Polyol Ribitol

Isabel Peña, M. Eugenia Sanz,* Elena R. Alonso, and José L. Alonso

Abstract: Conformational flexibility and non-covalent interactions determine the structure and activity of molecules in biological processes. In this work, the hydrogen bonding networks of the polyol ribitol have been determined for the first time using a combination of laser ablation and broadband rotational spectroscopy. Five conformations of ribitol have been identified, two with extended carbon chains and three with bent chains. All conformations are stabilized by sequential hydrogen bonding networks of either four or five intramolecular O–H···O bonds in a clockwise or counterclockwise arrangement. The hydrogen bonding patterns are related to the extended or bent-chain conformations of ribitol, and involve 2OH-4OH or 2OH-5OH linkages, respectively. Interestingly, all hydrogen bonds wrap around the carbon backbone of ribitol rather than being located above or below it as happens for other polyols and cyclic sugars.

Polyols, also known as sugar alcohols or alditols, are polyhydroxylated molecules that participate in a myriad of biological processes, from metabolic reactions to protein structure stabilization and cryopreservation. Polyols are aliphatic, with multiple vicinal hydroxy groups which can act both as proton donors and acceptors. In this, they are similar to water, and their capacity to form hydrogen bonds with water and disrupt water’s hydrogen bonding networks has been proposed as the reason for the role of polyols as stabilisers of protein conformation. Understanding the biological activity of polyols requires understanding their intermolecular interactions, which are determined by the topology of the polyol and the environment. Therefore knowledge of polyols’ bioactivity involves first the atomic-scale determination of their conformations and the intramolecular hydrogen bonding patterns that dictate them.

The high flexibility of polyols has prevented a detailed knowledge of their intrinsic conformations. Their studies in condensed phases have returned either the frozen conformation in the solid, or hints of a conformational ensemble in the liquid that could not be disentangled. A high resolution spectroscopic technique capable of resolving the individual conformational signatures without interference from the media should be applied. Furthermore, polyols are solids at room temperature, and require a suitable vaporization method for their transfer to the gas phase without decomposition. These two challenges have been solved with the use of broadband rotational spectroscopy in combination with laser ablation, using a laser ablation chirped pulse Fourier transform microwave (LA-CP-FTMW) spectrometer. Rotational spectroscopy has been applied to vicinal diols and glycerol (a triol), which can be vaporized by heating, and LA-CP-FTMW has proved successful in recent works to elucidate the intramolecular interactions in serinol, the polar headgroup of the lipid sphingosine, and other important biomolecules.

In this work we have focused on one of the naturally occurring five-carbon polyols, ribitol (C$_7$H$_{12}$O$_6$, also known as adonitol, see Scheme 1), which is formed by the reduction of ribose. Ribitol has been chosen as it has properties that set it slightly apart from other polyols. Rather than being used as a sweetener, it forms part of the cell walls of Gram positive bacteria and constitutes the flexible tail of riboflavin (Scheme 1). The ribityl tail of flavins has been proved to exert crucial catalytic activity in several flavoproteins through the 2’OH site, and to act as a flexible switch controlling protein-membrane binding. Ribitol has been studied in the crystal where one conformation with a bent carbon chain was observed, and in solution, where it was found that several conformations coexist, but they could not be identified. Understanding the factors that lead ribitol to exist as a conformational ensemble or as a unique structure requires characterization of its intrinsic conformational preferences. Then the role of the environment, and any structural changes occurring upon interactions with surrounding molecules, could be assessed.

Scheme 1. Molecular structure of (a) ribitol and (b) riboflavin.

The broadband rotational spectrum of ribitol (see Fig. 1) is quite crowded, showing a large number of lines. Identification of spectral patterns corresponding to different conformations is achieved by comparison with predictions from theory. The very flexible nature of ribitol required us to conduct an extensive conformational search, first using the AM1 method varying all torsional angles of ribitol, and subsequently optimizing the AM1 conformational minima at MP2 level. This yielded 44 structures below 25 kJmol$^{-1}$. The lower-energy ones are mostly grouped in TG and TT families according to the configuration of the two...
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Dihedral angles $\angle C_1 C_2 C_3 C_4$ and $\angle C_2 C_3 C_4 C_5$. The configuration of the oxygen atoms of the OH groups is indicated by the $g + g$- and $t$ labels of the corresponding values of $+60^\circ$, $-60^\circ$ and $180^\circ$ of the 4 dihedral angles $\angle C_1 C_2 C_3 O_1$, $\angle C_2 C_3 C_4 O_2$, $\angle C_3 C_4 C_5 O_4$ and $\angle C_4 C_5 C_1 O_3$ and the clockwise (cw) or counterclockwise (cc) direction of the hydrogen bonding network is indicated by the corresponding prefix. A further numeral label indicates differences in the hydrogen atom arrangements.

Table 1. Ab initio[20] spectroscopic parameters for the predicted conformers of ribitol with energies within 10 kJ/mol.

<table>
<thead>
<tr>
<th>Parameter</th>
<th>cw-TG/g-tg-g+</th>
<th>cc-TG/g-tg-g+</th>
<th>cc-TG/g-tg-g+1</th>
<th>cc-TG/g-tg-g+2</th>
<th>cw-TT/g-ttg-</th>
<th>cw-TG/g-ttg+</th>
<th>cw-TT/g-ttg+</th>
</tr>
</thead>
<tbody>
<tr>
<td>$A^a$ (MHz)</td>
<td>1982.2</td>
<td>1974.7</td>
<td>1886.9</td>
<td>1889.3</td>
<td>2522.2</td>
<td>1863.5</td>
<td>2114.2</td>
</tr>
<tr>
<td>$B$ (MHz)</td>
<td>975.4</td>
<td>971.2</td>
<td>941.9</td>
<td>933.7</td>
<td>739.8</td>
<td>943.8</td>
<td>842.7</td>
</tr>
<tr>
<td>$C$ (MHz)</td>
<td>761.1</td>
<td>756.1</td>
<td>716.8</td>
<td>712.8</td>
<td>621.2</td>
<td>719.4</td>
<td>710.5</td>
</tr>
<tr>
<td>$\mu_a$ (D)</td>
<td>0.7</td>
<td>-0.6</td>
<td>2.9</td>
<td>1.5</td>
<td>-1.5</td>
<td>-2.0</td>
<td>-0.3</td>
</tr>
<tr>
<td>$\mu_b$ (D)</td>
<td>0.6</td>
<td>0.2</td>
<td>-0.2</td>
<td>-0.3</td>
<td>-0.5</td>
<td>1.9</td>
<td>-0.8</td>
</tr>
<tr>
<td>$\mu_c$ (D)</td>
<td>-0.2</td>
<td>-0.7</td>
<td>-1.2</td>
<td>0.5</td>
<td>-1.0</td>
<td>-1.5</td>
<td>-0.2</td>
</tr>
<tr>
<td>$\Delta E_{rot}^{(1)}$ (kJ mol$^{-1}$)</td>
<td>0.0</td>
<td>3.15</td>
<td>3.57</td>
<td>5.63</td>
<td>8.17</td>
<td>8.92</td>
<td>9.86</td>
</tr>
<tr>
<td>$\Delta E_{rot}^{(2)}$ (kJ mol$^{-1}$)</td>
<td>0.0</td>
<td>3.52</td>
<td>3.64</td>
<td>5.61</td>
<td>6.32</td>
<td>8.13</td>
<td>8.72</td>
</tr>
<tr>
<td>$\Delta G_{	ext{ZPE}}^{(a)}$ (kJ mol$^{-1}$)</td>
<td>0.0</td>
<td>3.35</td>
<td>3.86</td>
<td>5.71</td>
<td>4.36</td>
<td>8.01</td>
<td>5.66</td>
</tr>
</tbody>
</table>

[a] MP2/6-311++G(d,p); [b] A, B, C are the rotational constants; $\mu_a$, $\mu_b$, and $\mu_c$ are the electric dipole moment components; [c] Relative electronic energies; [d] Relative electronic energies including the zero-point correction to the MP2/6-311++G(d,p) level.

Figure 1. (A) Broadband rotational spectrum of D-ribitol in the 6-12 GHz frequency range. The upper trace shows the experimental spectrum, the lower trace is a simulation with the fitted rotational parameters. (B) An expanded view of the spectrum showing some of the rotational transitions ascribed to the five detected rotamers. Searches focused on finding the typical patterns of $a$-type $J + 1- J$ rotational transitions, predicted to be observable for the lower-lying energy conformations (see Table 1). Five rotamers were identified, with rotamers I and II dominating the spectrum and rotamers III, IV and V showing weaker $a$-type progressions. Experimental rotational and centrifugal distortion constants (see Table 2) were obtained by fitting the Watson Hamiltonian in the A reduction and $I$ representation[27] to the measured transitions (see Tables S1-S5 of the Sup. Inf.) using Pickett’s program[28].

Identification of the observed conformers is achieved by comparing the experimental values of the spectroscopic parameters (Table 2) with those predicted ab initio (Table 1). The different mass distribution of the conformers is reflected in the values of their rotational constants. Thus a first assessment of the rotational constants indicates that rotamers I, III and IV have bent carbon backbones belonging to the TG family, while conformers II and V have completely extended carbon chains and belong to the TT family (see figures in Table 1). A further look into the experimental rotational constants allows identification of rotamers II and V as conformers cw-TG/g-ttg- and cw-TT/g-ttg-, respectively. Rotamers III and IV are assigned as conformers cc-TG/g-tg-g+ and cc-TG/g-tg-g+, respectively, by considering their rotational constants and theoretical dipole moment components together with their observed transitions ($a$- and $b$-type transitions for rotamer III and $a$- and $c$-type transitions for rotamer IV). The rotational constants of rotamer I and its observed transitions match those of conformers cc-TG/g-tg-g+1 and cc-TG/g-tg-g+2. Rotamer I was assigned to conformer cc-TG/g-tg-g+1 on the basis of its lower predicted energy and relaxation of conformer cc-TG/g-tg-g+2 to conformer cc-TG/g-tg-g+1 (see Figure S1 of the Sup. Inf.).

Experimental conformational abundances were estimated from relative intensity measurements of common transitions, considering that intensity of rotational transitions is proportional to conformer number density multiplied by the square of the corresponding dipole moment component, $N_i \mu_i^2$. Using the theoretical values of the dipole moment components of Table 1, it was found that conformer cc-TG/g-tg-g+1 is the least abundant conformer, followed by conformer cw-TG/g-ttg+. The other observed conformers are more abundant, but their estimated relative abundances are not consistent when considering different transition types, and it is not possible to establish their abundance ordering. Line intensity depends on the square of the corresponding dipole moment component, which determines the optimum power for polarisation. Because ribitol molecules are polarised at fixed power in our experiment, it is possible that lines associated with very different values of the dipole moment components (see Table 2) are not all optimally polarised, and this can cause discrepancies in the evaluation of relative abundances.
The theoretical conformational abundances calculated from Gibbs free energies at 298 K, assuming thermal equilibration in our laser plume, are not in agreement with our experimental results, as they predict TT conformers to be the least abundant. In our estimation we have not considered conformational relaxation in the supersonic expansion from higher energy conformers to lower energy ones. However, it is not possible to entirely disregard its occurrence (Ne was used as a carrier gas), and so our results must be considered with caution. It may also be necessary to use a higher level of theory to predict more accurately the conformational abundances of ribitol. Nonetheless, the five conformations of ribitol predicted to be most abundant at MP2 level have been observed in our experiment.

Several conclusions can be derived from our observations. All identified conformers (Fig. 2) are stabilized by chains of 4 or 5 hydrogen bonds, with different hydrogen bonding patterns depending on the carbon chain configuration. TT conformers with extended carbon backbones present the \( \text{O}_1\text{H} \rightarrow \text{O}_2\text{H} \rightarrow \text{O}_3\text{H} \rightarrow \text{O}_4\text{H} \rightarrow \text{O}_5\text{H} \rightarrow \text{O}_1\text{H} \) hydrogen bonding network, while TG conformers with bent carbon chains show \( \text{O}_1\text{H} \rightarrow \text{O}_2\text{H} \rightarrow \text{O}_3\text{H} \rightarrow \text{O}_4\text{H} \rightarrow \text{O}_5\text{H} \rightarrow \text{O}_1\text{H} \) linkages. Hence in ribitol it is possible to predict hydrogen bond interactions from the conformation of the carbon chain. Interestingly, the hydrogen bonding networks in ribitol wrap around the carbon backbone rather than being preferentially located above or below it as it happens for polyols like sorbitol and dulcitol[29] and cyclic sugars like ribose[30] and glucose[31]. This different arrangement of the hydrogen bonding networks may be what confers ribitol its distinctive bioactivity with respect to other polyols.

From our data it is possible to determine not only the bonding pattern but also the directionality of the hydrogen bonding chain. The ribitol conformers present sequential or homodromic (in the same direction) chains, either in the clockwise (cw) or counter-clockwise (cc) direction. This type of hydrogen bonding is associated with enhanced hydrogen bond cooperativity,[32,33] as polarization of the chains strengthens hydrogen bonds and increases the hydrogen bond energy. In comparison with five- and six-membered cyclic ribose,[30,34] the longer chains of hydrogen bonds of ribitol and the lack of a hemiacetal oxygen acting as a chain stopper are likely to result in stronger hydrogen bond cooperativity. In fact, ribitol has generally shorter \( \text{O} \rightarrow \text{O} \) hydrogen bonds, ranging 1.8-2.6 Å if the theoretical bond lengths of ribitol conformers are taken as good descriptions of the actual ones (which is granted by the small differences between theoretical and experimental

![Figure 2](image-url)
rotational constants, lower than 1% on average).

The shortest hydrogen bond in all ribitol conformers is established between O$_2$H→O$_1$H (TG conformers) or O$_2$H→O$_1$H (TT conformers), with values of 1.9 Å and 2.0 Å, respectively (Fig. 2). This is consistent with cooperativity expectations that the largest cooperativity effects will occur in the hydrogen bonds in the middle of the chain. Remarkably, conformer cc-TG/g-tg+g+1 displays the shortest hydrogen bonds, all 1.8-2.1 Å. Shorter hydrogen bonds are usually associated with stronger interactions. Since conformer cc-TG/g-tg+g+1 is the least abundant conformer, this finding points to other effects acting as conformational determinants in addition to hydrogen bonding, such as hyperconjugative effects.

The identification of the conformations of ribitol in the gas phase allows us to gauge the effect of the environment on conformational behavior by comparing the gas phase data with that obtained in condensed phases and in proteins. Ribitol displays only one conformation in the crystal, a bent chain with one kink in the carbon backbone (this is predicted to lie at ca. 1300 cm$^{-1}$ (15kJ/mol) above the global minimum (see Table S6 of Sup. Inf.). It was speculated that selection of this structure in the crystal was due to intramolecular hydrogen bonding in ribitol and to minimize repulsive interactions, but our data shows that it is due to the influence of intermolecular hydrogen bonds and molecular packing forces in the solid phase. In solution several conformations were found to coexist, but their structures could not be identified. In flavin proteins where the ribitol chain has been reported to be vital for catalysis, the chain adopts an extended conformation with 2':OH-4':OH contacts like those reported here for the TT conformers (see Fig. S2 in the Sup. Inf.). These results show that the environment impacts strongly on ribitol conformational behavior. Further investigations at the molecular level are necessary to assess how interactions of ribitol with other molecules, including ribitol itself, water and mimics of proteins residues affect its conformational preferences. Most of the observed conformations of ribitol are predicted low overall dipole moments resulting from the partial cancellation of bond dipole moments due to the cyclic arrangement of hydrogen bonds. Conformations cc-TG/g-tg+g+1 and cw-TT/g-tg- present the largest dipole moments and have a terminal hydrogen atom pointing outwards. Would this make them more susceptible of interacting with other molecules? Would differences in polarity between the different conformers have a significant effect in binding energies and structural preferences of the complexes?

In summary, the topology of ribitol has been revealed in the gas phase to consist of a mixture of five conformations with all conformers are formed by chains of four or five cyclic sequential O−H...O bonds and their directionality (cc or cw) has been resolved. The latter is thought to be important in carbohydrate recognition, and together with the wrap-around configuration of the hydrogen bond networks (forgoing the existence of hydrophilic and hydrophobic sides in ribitol), presumably affect polyol interactions with water and other biological molecules. The results presented here can be taken as a basis to study ribitol’s self-assembly and interactions with water, which can shed light on its behaviour in the crystal, and in solution as protein stabilizer. Mimicking (partially or totally) the possible interactions of ribitol side chain in flavins can provide clues as to its catalytic role, and supplement X-ray data where resolution better than 2 Å is usually difficult to achieve. Gas phase data, with its direct benchmarking of theory, complements other techniques and helps develop fundamental insight into the structural choices of biological molecules.

**Experimental Section**

A commercial sample of D-ribitol (m.p. 102-105 °C) was vaporized using the fourth (266 nm) harmonic of a 20 picojoule Nd:YAG laser (10 mJ per pulse) and conducted by a flow of Ne at ca. 15 bar to expand adiabatically into the vacuum chamber and be probed by broadband CP-FTMW. An arbitrary waveform generator created a chirped microwave pulse that linearly swept the entire 6-12 GHz frequency range and was amplified by a travelling wave tube amplifier with 300 W maximum output power. The amplified pulse was broadcast into the vacuum chamber through two microwave horns and polarised the vaporised molecules in the pulsed jet. Molecular free induction decay signals (FID's) were amplified and digitized on a fast oscilloscope. A total of 127000 averaged at 2 Hz repetition rate were averaged in the time domain and Fourier transformed to obtain the rotational spectra in the 6 to 12 GHz frequency range (see Figure 1).

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**Keywords:** conformational analysis • flavin • laser ablation • microwave spectroscopy • ab initio calculations