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1 **Using serum ustekinumab levels to predict clinical response in psoriasis: a multicenter**
2 **prospective observational cohort study**

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49

50 **Key Points**

51 **Question:** Can therapeutic drug monitoring for the IL-12/23 inhibitor ustekinumab optimise
52 treatment pathways and outcomes in psoriasis?

53 **Findings:** Early serum ustekinumab levels predicted subsequent PASI75 response, although
54 this relationship did not hold across other PASI outcomes. Drug immunogenicity appeared
55 low, with anti-drug antibodies detected in only 3.5% of patients.

56 **Meaning:** This real-world study provides evidence that measurement of early ustekinumab
57 levels could be useful to direct treatment strategy in psoriasis. Adequate drug exposure
58 early in the treatment cycle may be particularly important in determining clinical outcome.

59

60

61 **Abbreviations**

62

63 ADA - Anti-drug antibodies

64 AIC - Akaike Information Criterion

65 AU – Arbitrary units

66 BADBIR - British Association of Dermatologists Biologic Interventions Registry

67 BMI – Body mass index

68 BSTOP - Biomarkers of Systemic Treatment Outcomes in Psoriasis

69 CI - Confidence interval

70 IL - Interleukin

71 OR - Odds ratio

72 PASI - Psoriasis Area and Severity Index

73 PSORTD – Psoriasis Stratification to Optimise Relevant Therapy (Discovery)

74 SD – standard deviation

75 TDM – Therapeutic drug monitoring

76 TNF - tumour necrosis factor

77

78 **Abstract**

79 **Importance:** High-cost biologic therapies have transformed the management of immune-
80 mediated inflammatory diseases. To optimise outcomes and reduce costs, dose adjustment
81 informed by circulating drug levels has been shown to be effective in various settings.

82 However, limited evidence exists for this approach with the IL-12/23 inhibitor ustekinumab.

83 **Objective:** To determine the real-world clinical utility of therapeutic drug monitoring in
84 psoriasis for ustekinumab.

85 **Design:** A prospective observational cohort of adults recruited to Biomarkers of Systemic
86 Treatment Outcomes in Psoriasis within the British Association of Dermatologists Biologic
87 and Immunomodulators Register, 2009-2017.

88 **Setting:** Multicenter (n=60) UK and Eire study; dermatology secondary care.

89 **Participants:** Adults with psoriasis, started on ustekinumab with up to one year's follow-up.

90 **Exposure:** Serum ustekinumab level ($\mu\text{g/ml}$), measured at any point during the dosing cycle
91 using an enzyme-linked immunosorbent assay.

92 **Main Outcomes and Measures:** Disease activity measured using the Psoriasis Area and
93 Severity Index (PASI). Treatment response outcomes were PASI75 (75% reduction in PASI
94 from baseline, primary outcome), PASI90 and absolute $\text{PASI} \leq 1.5$.

95 **Results:** 491 patients (65.2% male; mean age 45.7 years (sd 12.8)) had ≥ 1 serum sample
96 (total 853 samples taken 0-56 weeks from start of treatment) and ≥ 1 PASI score within the
97 first year of treatment. Anti-drug antibodies were detected in only 3.5% of patients. Early
98 drug levels (1-12 weeks after starting treatment) were predictive of PASI75 response 6
99 months after starting treatment (OR 1.38, 95% CI 1.11-1.71) when adjusted for baseline

100 PASI, age and ustekinumab dose. However, this was not consistent across the other PASI
101 outcomes (PASI90 and PASI \leq 1.5).

102 **Conclusions and Relevance:** This real-world study provides evidence that measurement of
103 early serum ustekinumab levels could be useful to direct treatment strategy in psoriasis.
104 Adequate drug exposure early in the treatment cycle may be particularly important in
105 determining clinical outcome.

106

107 **Introduction**

108 Psoriasis is a chronic immune-mediated skin disease affecting at least 2% of the population¹.
109 Management has been transformed by therapeutic monoclonal antibody biologics, of which
110 the first-line choices are either adalimumab (a tumour necrosis factor [TNF] inhibitor) or
111 ustekinumab (an interleukin [IL]-12/IL-23 inhibitor)². There is wide variation in response to
112 these drugs, with a significant number of patients not responding (primary treatment
113 failure) or losing response over time (secondary treatment failure)^{3,4}. Some of this
114 heterogeneity may be explained by differences in the bioavailability and quantity of drug
115 available at the target tissue, which in turn is influenced by adherence, drug dose and
116 pharmacokinetic covariates such as weight and drug immunogenicity (development of anti-
117 drug antibodies [ADA]).

118 Unlike most other biologics used for inflammatory disease, ustekinumab is dosed
119 according to bodyweight; patients under 100kg are generally given 45mg subcutaneously
120 every 12 weeks, whereas those weighing at least 100kg are given 90mg⁵. Despite this,
121 evidence suggests that ustekinumab dosing is suboptimal in some patients: clinical trial data
122 previously showed that dose escalation increased PASI75 response rates in partial
123 responders (those achieving > or =50% but <75% improvement from baseline PASI)⁶, whilst
124 patients with higher baseline body mass index (BMI) have been reported to receive in
125 excess of the recommended cumulative dose over the first year of treatment⁷. Similarly,
126 response rates to ustekinumab in patients weighing 90-100kg have been reported to be
127 significantly lower than in other weight groups, suggesting that the standard 45mg dose is
128 inadequate in patients approaching the 100kg threshold⁸. On the other hand, ustekinumab
129 dosing is likely to be excessive in some patients; a recent phase IIIb study reported that
130 lengthening intervals between ustekinumab doses did not affect maintenance of response⁹.

131 Taken together, these findings suggest that individualized dose optimization and
132 therapeutic drug monitoring (TDM) of ustekinumab may have clinical utility.

133 Although several ustekinumab assays are commercially available in both the USA and
134 Europe¹⁰⁻¹⁵, serum ustekinumab levels are not yet widely used in clinical practice. This is
135 partly due to limited evidence for TDM of this drug, in contrast to the strong correlation
136 described between TNF inhibitor serum levels, ADA and treatment response across multiple
137 immune-mediated inflammatory diseases¹⁶⁻²⁰. Indeed, reports on the relationship between
138 ustekinumab level and response have been inconclusive²¹⁻²⁵, with basic parameter
139 requirements for TDM (eg. therapeutic range, target drug level) yet to be established in the
140 context of psoriasis.

141 Since the first step towards defining such parameters is to determine the relationship
142 between drug levels and outcome, we investigated this using a real-world bioresource from
143 a large multicenter cohort study BSTOP (Biomarkers of Systemic Treatment Outcomes in
144 Psoriasis) within the UK pharmacovigilance registry BADBIR (British Association of
145 Dermatologists Biologic and Immunomodulators Register). Specifically, we aimed to (1)
146 explore the relationship between drug level and response on the same day the drug level
147 was taken, and (2) explore the relationship between early drug level and response at 6
148 months, since maximum clinical utility may lie in the ability to predict outcome and modify
149 therapy prior to clinical relapse.

150

151 **Materials and methods**

152 **Ethics approval**

153 This study was conducted in accordance with the 2008 Declaration of Helsinki. Two studies
154 provided samples and data: BSTOP (ethics approval code 11/H0802/7), and its nested study
155 Psoriasis Stratification to Optimise Relevant Therapy Discovery (PSORTD, ethics approval
156 code 14/LO/1685).

157 **Patients and setting**

158 As described previously²⁰, BSTOP is a prospective multicenter (n=60) observational study,
159 established in 2011 to identify markers of outcomes to systemic therapies in psoriasis. All
160 UK adults fulfilling BSTOP inclusion criteria²⁶ and enrolled onto BADBIR²⁷ were invited to
161 participate. Clinical response was assessed longitudinally using the Psoriasis Area and
162 Severity Index (PASI). The current analysis includes patients on ustekinumab monotherapy,
163 with ≥ 1 serum sample and ≥ 1 recorded PASI within the first year of treatment (Figure 1).

164 **Drug level and ADA measurements**

165 Venous blood was collected during clinic reviews, centrifuged for 10 minutes (2000g) and
166 serum aliquots frozen (-80°C). In this pragmatic study, samples were not collected from
167 every patient at every timepoint; most were taken without reference to treatment
168 administration. Samples within the first year of treatment were sent to Sanquin for
169 measurement of ustekinumab levels and ADA. The ustekinumab level assay was an enzyme-
170 linked immunosorbent assay similar to a previously developed adalimumab assay²⁸, but
171 using IL-12 to capture ustekinumab, with rabbit anti-ustekinumab for detection (lower limit
172 of detection 0.02µg/mL). ADA were measured using a previously described
173 radioimmunoassay²⁹, with minor modifications (ADA positive cutoff >12 arbitrary units
174 [AU]/ml). Specifically, 1µl serum diluted in freeze medium was incubated with Sepharose-

175 immobilized protein A in the presence of 1ng/test biotin-conjugated ustekinumab F(ab)₂.
176 Non-bound serum components were removed by washing; 50µl ¹²⁵I-labelled streptavidin
177 was added in 500µl phosphate buffered saline-albumin tween (0.3% bovine serum albumin,
178 0.01M ethylenediaminetetraacetic acid, 0.004% tween-20, 0.05% NaN₃). After incubation
179 and washing, radioactivity was measured using a gamma counter. Assay results were
180 converted to AU/ml calculated from a 2-fold serially diluted calibration curve of a polyclonal
181 ustekinumab-specific rabbit anti-idiotyp³⁰. This assay format has limited drug-tolerance³¹,
182 but was previously shown to have better correlation with clinical response versus drug-
183 tolerant alternatives in rheumatoid arthritis patients on adalimumab³².

184 **Outcome measures**

185 Primary treatment response was defined as achieving a 75% reduction in PASI from baseline
186 (PASI75), with baseline PASI defined as the most recent PASI recorded prior to the date of
187 the first drug dose within the preceding 6 months^{3,33}. Secondary outcomes were: i) PASI90
188 (90% PASI reduction from baseline) ii) PASI_≤1.5 (absolute PASI_≤1.5, which approximates to
189 PASI90, personal communication Nina Wilson).

190 **Statistical methods**

191 Based on our previous work using adalimumab drug levels²⁰, we explored the relationship
192 between ustekinumab level and response in two ways. First, we investigated the
193 association between drug levels and response on the same day of the sample; secondly, we
194 investigated whether drug levels sampled early following treatment start, can predict
195 response at 6 months. Two datasets were therefore derived: a dataset comprising samples
196 taken at steady state (≥16 weeks after treatment start), with a corresponding PASI on the
197 same day as the sample date - hereafter referred to as the 'same-day response' dataset; and

198 a dataset comprising samples taken early in the treatment course (1-12 weeks after
199 treatment start), with a corresponding PASI at 6 months (122-243 days after treatment
200 start) - hereafter referred to as the '6-month response' dataset. Analyses for PASI75 and
201 PASI90 responses were restricted to patients with baseline PASI >10 as an accepted criterion
202 for severe disease³⁴, and to minimize confounding due to pre-biologic treatments. The latter
203 is particularly relevant in this real-world dataset.

204 *Descriptive analysis*

205 A descriptive concentration effect curve was generated to assess whether clinical response
206 plateaus beyond a certain drug level. Boxplots were used to visually compare drug levels by
207 responder group in both the 'same-day response' and '6-month response' datasets.

208 *Logistic regression analysis*

209 We used univariate logistic regression models with the '6-month response' dataset to
210 explore the relationship between early drug levels and treatment response in the presence
211 of other covariates, including those previously identified as predictors of response in the
212 BADBIR cohort (eg. weight, ethnicity, disease/treatment duration, ustekinumab dose,
213 biologic-naïve status)³⁵. Given that most samples were not trough levels, we also included
214 time of sample from last ustekinumab dose as a covariate. For continuous covariates, the
215 best-fitting simple non-linear transformation was chosen based on reduction in the Akaike
216 Information Criterion (AIC). Covariates associated with response at significance level $p < 0.1$
217 were taken forward to a multivariable logistic regression model. Forward selection
218 techniques were then used, with covariate inclusion based on a significance level of $p < 0.05$.
219 Multivariable models were derived for all three PASI outcomes (PASI75, PASI90 and
220 $PASI \leq 1.5$). For PASI90 and $PASI \leq 1.5$, drug level was included as the first covariate and
221 retained at each stage, despite not being significant on univariate analysis. Pseudo R^2 and

222 AIC were calculated to assess model fit. All analyses were undertaken using Stata version
223 14³⁶ on a complete case basis.

224

225 **Results**

226 **Patient cohort and baseline characteristics**

227 491 patients on ustekinumab monotherapy had both serum samples and PASI scores
228 available within the first year of treatment (Figure 1, Table 1). The cohort was
229 predominantly male (65.2%), with mean BMI 32.0 (sd 7.3) and mean baseline PASI 13.3 (sd
230 6.8). 40.9% of patients were biologic-naïve, and 57.4% were on 45mg ustekinumab versus
231 42.6% on 90mg (Table 1). Patients not providing serum samples were excluded, but their
232 baseline characteristics were similar (eTable 1).

233 **Response to treatment**

234 70.9% of patients (348/491) achieved PASI75 at some point within a year of starting
235 treatment. PASI75 remains a standard measure of adequate treatment response in UK
236 guidelines³⁷.

237 **Drug levels and ADA**

238 Drug levels were sampled according to standard clinical care. Excluding samples taken on
239 the day the first dose was given: the median time from last dose was 28 days (IQR 16-57
240 days, range 0-98 days, data available on n=515 samples); median drug level was 1.19µg/ml
241 (IQR 0.37-2.86µg/ml, range 0-13.1µg/ml, n=800 samples); ADA were detected in 3.5%
242 (17/490) of patients (on 20 samples taken 29-350 days after starting treatment).

243 **Relationship between drug level and response**

244 All analyses considered all eligible samples (maximum 4 per patient).

245 *Descriptive analysis*

246 A concentration effect curve showed no clear evidence of a relationship between steady
247 state drug levels and same-day absolute PASI (eFigure 1). Median drug level and spread of
248 drug levels were similar between patients recorded to have responded/not responded on
249 the same day as the serum sample was taken ('same-day response' dataset, eFigure 2).
250 However, patients achieving PASI75 at 6 months ('6-month response' dataset) on average
251 had higher early ustekinumab levels (median 2.78µg/ml, IQR 1.78-4.02, range 0.02-9.78)
252 compared to patients not achieving PASI75 (median 1.83µg/ml, IQR 0.96-2.86, range 0.02-
253 9.00, Figure 2), with overlapping ranges between the two groups. A similar pattern was
254 observed for the other two response outcomes PASI90 and PASI≤1.5 (eFigure 3).

255 To explore the relationship between drug level, response and dose, we split boxplot data
256 by ustekinumab dose 45mg/90mg (Figure 2b). As expected, PASI75 responders had higher
257 median drug levels than non-responders within each dose group. This pattern was also
258 evident for the PASI90 and PASI≤1.5 outcomes (eFigure 4). However, PASI75 non-
259 responders on 90mg ustekinumab had slightly higher median drug levels than non-
260 responders on 45mg, albeit with overlapping ranges and large variability (Figure 2b).

261 *Logistic regression analysis*

262 Univariate logistic regression indicated that early drug level was associated with 6-month
263 PASI75 ('6-month response' dataset: OR 1.27, 95% CI 1.04-1.56), but there was no evidence
264 of this relationship for the other two PASI outcomes (eTable 2). Next, multivariable models
265 were derived to explore the relationship between early drug level and 6-month response in
266 the presence of other relevant covariates. The final model for PASI75 included drug dose,
267 baseline PASI and age as well as drug level (OR 1.38, 95% CI 1.11-1.71, Table 2), and shows
268 increasing probability of response with increasing drug level (Figure 3). The model also
269 suggests that patients on the higher ustekinumab dose (90mg) have a lower probability of

270 response for a given drug level (Figure 3). To explore this finding further, we inspected
271 boxplots of drug levels split by weight and dose (eFigure 5). Despite overlapping ranges,
272 these show slightly lower median drug levels both in patients weighing >100kg, and in
273 patients on the higher ustekinumab dose.

274 Drug level was non-significant for the PASI90 and PASI \leq 1.5 outcomes, even taking into
275 account other covariates. Furthermore, significant covariates were not consistent across the
276 three models for different PASI outcomes within the 6-month response dataset. Finally, we
277 performed a sensitivity analysis by fitting the final model for PASI75 to very early trough
278 samples (21-28 days after treatment start). Despite smaller sample size and greater
279 uncertainty around estimates, a similar relationship between drug level and response was
280 seen (OR 1.31, 95% CI 1.24-11.08, eTable 3).

281

282

283 **Discussion**

284 **Key findings**

285 In the largest study to date of ustekinumab drug level monitoring in psoriasis, we report
286 evidence that early ustekinumab levels were significantly associated with 6-month PASI75
287 response. This finding has particular clinical and practical relevance, because assays to
288 measure serum ustekinumab levels are already commercially available in both the USA and
289 Europe¹⁰⁻¹⁵.

290 We also report a low rate (3.5%) of detectable ADA to ustekinumab within the first year of
291 treatment, compared to the previously reported rate of 37.5% in a cohort of patients on
292 adalimumab derived from the same UK study²⁰. It is possible that this differential drug
293 immunogenicity accounts, at least partially, for significantly higher rates of drug survival
294 (length of time from initiation to discontinuation) on ustekinumab compared to
295 adalimumab³.

296 The finding that the higher ustekinumab dose is associated with a lower probability of
297 response is perhaps surprising. One possible explanation is that patients on the higher dose
298 exhibit characteristics predictive of poor response, that have not been accounted for in our
299 model. An alternative explanation may be that a double dose of ustekinumab (90mg as
300 opposed to 45mg) fails to adequately compensate for the increased volume of distribution
301 in some people of higher bodyweight; indeed, we noted that median drug levels were
302 slightly lower both in patients on the higher ustekinumab dose and in patients weighing
303 >100kg.

304 Our dataset should allow for stable estimation of comparable numbers (4-5) of
305 covariates³⁸ in each of the analyses for early drug level versus the three different PASI
306 outcomes. However, we were unable to demonstrate a link between early drug level and

307 the other PASI outcomes, nor between steady state drug levels and same-day response. It is
308 therefore possible that the association between early drug level and PASI75 is due to a
309 spurious p value or statistical artefact. This contrasts with our findings for adalimumab,
310 where the same statistical approach showed that both early and steady state drug levels
311 were significantly associated with all PASI outcomes. A fundamental explanation for this
312 may lie in differing mechanisms of biologic action: adalimumab directly inhibits the
313 inflammatory effector cytokine TNF, whereas ustekinumab inhibits IL-12 and IL-23 – the
314 latter being a master regulator of pathogenic T helper 17 cell development³⁹. Just as the
315 underlying biological impact is more complex for ustekinumab, it may be that the
316 relationship between drug level and response is correspondingly convoluted.

317 **Existing literature**

318 Other studies in this area are few in number, generally limited to descriptive or empirical
319 analyses investigating the relationship between ustekinumab level and response, and report
320 mixed results. The most recent study in psoriasis included prospective follow-up of only 27
321 patients, but reported similar findings to us, in that very early drug levels (Week 6) were
322 inversely correlated with subsequent response (Week 12). However, in line with our data,
323 no relationship was detected between drug levels taken later (in this case at Week 12) and
324 same-day response²⁵.

325 The largest study in psoriasis reported significantly lower drug levels and PASI50 response
326 rates in patients with detectable ADA compared to those without²³. Finally, in a Dutch
327 cohort of 41 psoriasis patients there was no correlation between ustekinumab level and
328 response; 7% (3/41) of patients developed ADA²⁴.

329 Larger-scale studies have been conducted in the context of inflammatory bowel disease.
330 Indeed, it is possible that variability in the amount of drug lost via the inflamed gut means

331 that some patients are less able to achieve adequate serum concentrations, meaning that
332 TDM may have greater utility in this setting. An analysis of Phase 3 trial data (n = 1154)
333 reported positive association of drug levels with clinical and endoscopic improvement, and
334 inverse correlation with C-reactive protein level. Only 2% of patients developed ADA²¹.

335 **Strengths and limitations**

336 A strength of this study is high external validity, since more than 50% of all UK psoriasis
337 patients on biologics are registered on BADBIR, and 95% of UK dermatology centers
338 prescribing biologics for psoriasis contribute data to BADBIR. **Our findings highlight the
339 potential clinical utility of this easily measurable early biomarker in optimizing subsequent
340 response. They also serve as a call to action for both industry and academia to develop cost-
341 effective and widely available assays, and to further validate the role of TDM in clinical
342 practice.**

343 One limitation is that out of 491 patients with both a serum sample and PASI within a year
344 of treatment, the 'same-day response' and '6-month response' datasets included 148 and
345 85 patients respectively. Figure 1 shows the drop-off in patient numbers at each stage of
346 filtering.

347 A second limitation relates to the difficulty in accounting for the complex relationship
348 between drug level and response using a standard logistic regression modelling approach.
349 This has been successfully used in other settings, notably to define a therapeutic range and
350 target drug level for adalimumab²⁰. However, it is possible that ustekinumab's extended
351 dosing interval compared to adalimumab may pose a particular hindrance in this context, as
352 a single or small number of drug levels may represent a relatively poor measure of total
353 drug exposure. This issue may have been exacerbated by pragmatic serum sampling and
354 PASI assessment at routine clinical visits, as opposed to having samples and PASIs only

355 during trough periods. To partially address this, we accounted for the timing of samples by
356 including time from last ustekinumab dose as a covariate in modelling, but this did not
357 remain in the final multivariable models after the forward selection process. Finally, the
358 validity of our findings is limited to within one year of start of treatment, since this was the
359 selected cohort duration.

360 **Conclusion**

361 Despite the complexities outlined above, we did find a significant association between early
362 drug levels (≤ 12 weeks) and 6-month PASI75 response. This suggests that adequate drug
363 exposure early in the treatment cycle may be particularly important in determining clinical
364 outcome on ustekinumab. However, our statistical approach did not take into account
365 patient-level pharmacokinetic parameters such as volume of distribution and clearance, nor
366 potential differences in the evolution of PASI over time versus changing drug levels.
367 Therefore, future work should focus on pharmacokinetic-pharmacodynamic modelling of
368 the whole timecourse of response to ustekinumab⁴⁰. This may be of particular relevance for
369 biologics with more upstream targets, such as differentiation pathway cytokines as opposed
370 to effector cytokines. Further investigation to confirm the clinical utility of TDM of
371 ustekinumab and other biologics is a key step towards personalisation of treatment
372 regimens across multiple immune-mediated inflammatory diseases.

373

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407 interpretation of the data; and review and approval of the manuscript.

408 **Conflicts of interest**

409 CEMG has received honoraria and/or research grant support (University of Manchester)
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424 The PSORT consortium has a number of industry partners; see www.psort.org.uk.
425

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537 **Table 1. Summary statistics for the full cohort, ‘same-day response’ dataset and ‘6-month**
 538 **response’ dataset**

539

	Full cohort		‘Same-day response’ dataset		‘6-month response’ dataset	
	(n= 491 patients, 853 samples)		(n= 148 patients, 175 samples)		(n= 85 patients, 119 samples)	
Covariate	Mean (sd)	Complete data n (%)	Mean (sd)	Complete data n (%)	Mean (sd)	Complete data n (%)
Baseline PASI	13.3 (6.8)	452 (92.1)	16.6 (5.2)	148 (100)	16.3 (5.5)	85 (100)
Height (cm)	172.2 (10.3)	463 (94.3)	172.4 (10.5)	140 (94.6)	172.1 (10.5)	81 (95.3)
Weight (kg)	94.7 (22.7)	435 (88.6)	96.1 (23.7)	140 (94.6)	94.2 (22.9)	80 (94.1)
Waist (cm)	105.8 (16.8)	420 (85.5)	106.5 (17.4)	131 (88.5)	105.2 (15.7)	77 (90.6)
BMI (kg/m ²)	32.0 (7.3)	427 (87.0)	32.3 (7.7)	136 (91.9)	31.7 (7.6)	78 (91.8)
Age (years)	45.7 (12.8)	491 (100)	45.2 (13.1)	148 (100)	48.7 (13.3)	85 (100)
Disease duration (years)	23.3 (13.1)	464 (94.5)	23.1 (13.1)	142 (95.9)	23.4 (13.0)	82 (96.5)
	n (%)		n (%)		n (%)	
Ethnicity – white	421	491	123	148	70	85

	(85.7)	(100)	(83.1)	(100)	(82.4)	(100)
Gender - male	320 (65.2)	491 (100)	99 (66.9)	148 (100)	59 (69.4)	85 (100)
Inflammatory arthritis	101 (23.5)	430 (87.6)	26 (18.8)	138 (93.2)	24 (30.4)	79 (92.9)
Ever smoked	289 (61.2)	472 (96.1)	81 (55.9)	145 (98.0)	51 (61.5)	83 (97.6)
Palm psoriasis	93 (21.1)	441 (89.8)	30 (21.6)	139 (93.9)	19 (24.1)	79 (92.9)
Biologic naive	201 (40.9)	491 (100)	64 (43.2)	148 (100)	37 (43.5)	85 (100)
Dose 45mg	282 (57.4)	491	82 (55.4)	148	48 (56.5)	85
90mg	209 (42.6)	(100)	66 (55.6)	(100)	37 (43.5)	(100)

540

541 Summaries for the 'same-day response and '6-month response' datasets are restricted to patients with baseline PASI > 10.

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544

545 **Table 2. Final multivariable models for predicting 6-month response**

546

	Covariate	Coefficient (s.e)	OR (95% CI)	P value	Pseudo R ²	Number of samples	Number of responders (% of samples)
PASI75	Drug level (µg/ml)	0.32 (0.11)	1.38 (1.11, 1.71)	0.004	0.18	119	73 (61.3)
	Baseline PASI	0.10 (0.04)	1.10 (1.01, 1.20)	0.03			
	Age (years)	0.04 (0.02)	1.04 (1.00, 1.07)	0.03			
	Dose 90 mg	-1.43 (0.44)	0.24 (0.10, 0.56)	0.001			
PASI90	Drug level (µg/ml)	0.14 (0.09)	1.15 (0.97, 1.38)	0.1	0.10	115	45 (39.1)
	Baseline PASI	0.10 (0.04)	1.11 (1.02, 1.20)	0.01			
	Disease duration (years)	0.04 (0.02)	1.04 (1.01, 1.08)	0.009			
PASI≤1.5	Drug level (µg/ml)	0.11 (0.08)	1.12 (0.96, 1.30)	0.2	0.06	186	58 (31.2)
	Biologic naïve	0.92 (0.33)	2.51 (1.31, 4.81)	0.006			
	Ever smoked	-0.70 (0.34)	0.50 (0.26, 0.96)	0.04			

547 **FIGURE TITLES AND LEGENDS**

548

549 **Figure 1. Flow diagram of patients included in the study**

550

551

552 **Figure 2. Boxplots comparing early drug levels by 6-month PASI75 response**

553 **a. Split by response only**

554 n = 46 and 73 samples in each group respectively. On each boxplot: middle line is the median, circles are the
555 means, ends of boxes are the lower and upper quartiles, solid dots are outliers (values more than or equal to
556 1.5 times the interquartile range from the lower and upper quartiles), whiskers show the minimum and
557 maximum values (unless there are outliers, in which case they are 1.5 times the interquartile range from the
558 lower and upper quartiles).

559

560 **b. Split by response and by ustekinumab dose**

561 n = 18, 50, 28, 23 samples in each group respectively. The red boxes correspond to 45mg and the blue boxes
562 correspond to 90mg. On each boxplot: middle line is the median, circles are the means, ends of boxes are the
563 lower and upper quartiles, solid dots are outliers (values more than or equal to 1.5 times the interquartile
564 range from the lower and upper quartiles), whiskers show the minimum and maximum values (unless there
565 are outliers, in which case they are 1.5 times the interquartile range from the lower and upper quartiles).

566

567

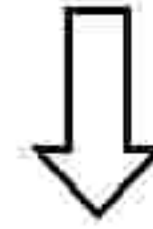
568 **Figure 3. Probability of 6-month PASI75 response based on early drug level, split by ustekinumab dose**

569 Probability of response is split by ustekinumab dose (45 mg in blue, 90 mg in red). Solid lines plot the marginal
570 predicted probability of response; dashed lines are 95% confidence intervals.

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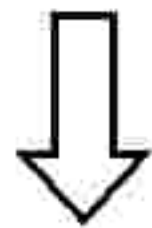
726 patients
on ustekinumab monotherapy providing serum samples



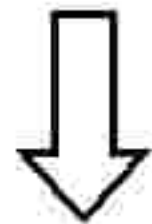
491 patients
with both a serum sample and recorded PASI \leq 12 months from
treatment start



252 patients
with samples taken at steady state
(\geq 16 weeks after treatment start)



237 patients
with PASI on same date as sample taken

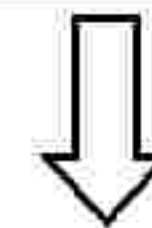


148 patients
with baseline PASI $>$ 10

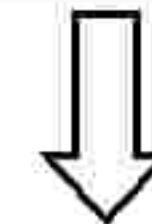
'Same-day response' dataset



248 patients
with samples taken early
(1-12 weeks after treatment start)



144 patients
with PASI at 6 months
(122-243 days after treatment start)



85 patients
with baseline PASI $>$ 10

'6-month response' dataset

