



## King's Research Portal

DOI:

[10.1093/rheumatology/keab638](https://doi.org/10.1093/rheumatology/keab638)

*Document Version*

Peer reviewed version

[Link to publication record in King's Research Portal](#)

*Citation for published version (APA):*

Capelusnik, D., Zhao, S. S., Boonen, A., Ziade, N., Medina, C. L., Dougados, M., Nikiphorou, E., & Ramiro, S. (2022). Individual-level and country-level socio-economic factors and health outcomes in spondyloarthritis: analysis of the ASAS-perSpA study. *Rheumatology (Oxford, England)*, 61(5), 2043-2053. <https://doi.org/10.1093/rheumatology/keab638>

### **Citing this paper**

Please note that where the full-text provided on King's Research Portal is the Author Accepted Manuscript or Post-Print version this may differ from the final Published version. If citing, it is advised that you check and use the publisher's definitive version for pagination, volume/issue, and date of publication details. And where the final published version is provided on the Research Portal, if citing you are again advised to check the publisher's website for any subsequent corrections.

### **General rights**

Copyright and moral rights for the publications made accessible in the Research Portal are retained by the authors and/or other copyright owners and it is a condition of accessing publications that users recognize and abide by the legal requirements associated with these rights.

- Users may download and print one copy of any publication from the Research Portal for the purpose of private study or research.
- You may not further distribute the material or use it for any profit-making activity or commercial gain
- You may freely distribute the URL identifying the publication in the Research Portal

### **Take down policy**

If you believe that this document breaches copyright please contact [librarypure@kcl.ac.uk](mailto:librarypure@kcl.ac.uk) providing details, and we will remove access to the work immediately and investigate your claim.

1 **Individual and country-level socioeconomic factors and**  
2 **health outcomes in spondyloarthritis: analysis of the ASAS perSpA study**

3 Dafne Capelusnik<sup>1</sup>, Sizheng Steven Zhao<sup>2</sup>, Annelies Boonen<sup>3,4</sup>, Nelly Ziade<sup>5,6</sup>, Clementina López Medina<sup>7,8</sup>,  
4 Maxime Dougados<sup>7,9</sup>, Elena Nikiphorou<sup>10,11</sup>, Sofia Ramiro<sup>12,13</sup>

5

6 1 Department of Rheumatology, Instituto de Rehabilitación Psicofísica, CABA, Argentina

7 2 Musculoskeletal biology, Institute of Life Course and Medical Sciences, University of Liverpool, Liverpool,  
8 UK

9 3 Department of Rheumatology, Maastricht University medical center, Maastricht, the Netherlands

10 4 Care and Public Health Research Institute (CAPHRI), Maastricht University, Maastricht, the Netherlands

11 5 Department of Rheumatology, Saint Joseph University, Beirut, Lebanon

12 6 Department of Rheumatology, Hotel-Dieu De France, Beirut, Lebanon

13 7 Université de Paris. Department of Rheumatology, Hôpital Cochin, Assistance Publique, Hôpitaux de Paris,  
14 Paris, France

15 8 Department of Rheumatology, Reina Sofia Hospital, IMIBIC, University of Cordoba, Cordoba, Spain

16 9 INSERM (U1153): Clinical epidemiology and biostatistics, PRES Sorbonne Paris-Cité. Paris, France

17 10 Centre for Rheumatic Diseases, King's College London, London, UK

18 11 Department of Rheumatology, King's College Hospital, London, UK

19 12 Department of Rheumatology, Leiden University Medical Center, Leiden, the Netherlands

20 13 Department of Rheumatology, Zuyderland Medical Center, Heerlen, the Netherlands

21

22

23

24 **Correspondence to:**

25 Sofia Ramiro

26 Department of Rheumatology, Leiden University Medical Center

27 Albinusdreef 2, 2333 GA Leiden, the Netherlands, P.O. Box 9600, 2300RC Leiden, the Netherlands.

28 E-mail: [sofiaramiro@gmail.com](mailto:sofiaramiro@gmail.com)

29

30

31

32

33

34

35

36

37

38

39

40

41

42

43

44

45

46 **ABSTRACT:**

47

48 **Objectives:** To investigate the association between individual and country-level socioeconomic (SE) factors  
49 and health outcomes across spondyloarthritis (SpA) phenotypes.

50 **Methods:** Patients with axial SpA, peripheral SpA or psoriatic arthritis (PsA) from the ASAS-perSpA study  
51 (23 countries) were included. The effect of individual (age, gender, education and marital status) and country-  
52 level (e.g Gross Domestic Product [GDP]) SE factors on health outcomes (ASDAS $\geq$ 2.1, ASDAS, BASFI,  
53 fatigue and ASAS-HI) was assessed in mixed-effects models, adjusted for potential confounders. Interactions  
54 between SE factors and disease phenotype were tested. A mediation analysis was conducted to explore  
55 whether the impact of country-level SE factors on ASDAS was mediated through b/tsDMARD uptake.

56 **Results:** In total 4185 patients (61% males, mean age 45) were included (65% axSpA, 25% PsA, 10% pSpA).  
57 Female gender ( $\beta=0.14$  (95% CI 0.06-0.23)) lower educational level (0.35 (0.25-0.45)) and single marital  
58 status (0.09 (0.01-0.17)) were associated with higher ASDAS. Living in lower GDP countries was also  
59 associated with higher ASDAS (0.39 (0.16-0.63)) and 7% of this association was mediated by b/tsDMARD  
60 uptake. Higher BASFI was similarly associated with female gender, lower education and living alone, without  
61 effect of country-level SE factors. Female gender and lower educational level were associated with worse  
62 ASAS-HI, while more fatigue was associated with female gender and higher country-level SE factors (lower  
63 GDP, -0.46 (-0.89 to -0.04)). No differences across disease phenotype were found.

64 **Conclusions:** Our study shows country-driven variations in health outcomes in SpA, independently  
65 influenced by individual and country-level SE factors and without differences across disease phenotypes.

66

67

68 **Keywords:** spondylarthritis, psoriatic arthritis, peripheral arthritis, disease outcomes, socioeconomic factors.

69

70 **Key points:**

71 Individual socioeconomic factors (female gender, low educational level and living alone -single  
72 status or divorced or widowed-) are independently associated with poorer outcomes in SpA.

73 Living in a low GDP country is independently associated with higher disease activity, but  
74 paradoxically with lower fatigue levels.

75 There are no differences in the effects of socioeconomic factors across different SpA phenotypes.

76 The use of b/tsDMARDS only marginally explain the relationship between living in a low GDP  
77 country and higher disease activity.

78

79

80

81

82

83

84

85

86

87

88

89

90           **Introduction**

91           Social determinants of health encompass social and economic conditions that influence the  
92 health of individuals and communities.(1) These conditions are shaped by individual's  
93 socioeconomic (SE) background (e.g. gender, educational level, occupation or income) as well as by  
94 country-level socioeconomic factors (including government health spending and access to health  
95 system), which vary widely across the world and account for health inequalities and inequities  
96 between and within countries.(2-5) Tackling inequities, i.e. inequalities that are unfair and avoidable,  
97 can improve health outcomes, especially in chronic conditions, where the gap is wider.(6)

98           Considerable evidence shows that indicators of low SE status (SES) at an individual level are  
99 associated with worse self-reported health outcomes and higher disease activity in rheumatoid  
100 arthritis (RA).(7, 8) More recently, multi-national studies clarified the independent impact of  
101 individual and country-level SE factors and their differences across countries; lower-income  
102 countries were associated with worse disease activity and functional ability outcomes, whereas  
103 paradoxically, higher-income countries showed higher fatigue perception.(9, 10)

104           Beyond RA, recent evidence from the cross-sectional, multi-national ASAS-COMOSPA  
105 (COMOrbidities in spa) study largely reported similar findings in axial spondyloarthritis (axSpA),  
106 although a) effects were smaller and b) the lack of fatigue data prevented its analysis.(11)  
107 Interestingly, although in a different proportion, studies in both RA and SpA, confirmed that lower  
108 access to costly biological disease modifying antirheumatic drugs (bDMARDs) could be a possible  
109 pathway linking lower SES with higher disease activity.(12, 13) However, it was not explored  
110 whether the effect of individual SE factors is different depending on the country-level SES, for  
111 instance whether the adverse impact of low education on various health outcomes is even worse  
112 when living in a country with a low SES.

113           axSpA is one of the phenotypes that belong to the SpA spectrum of disease. The term SpA  
114 encompasses a heterogeneous group of disorders(14) divided in two major groups: axial SpA  
115 (axSpA), including non-radiographic axial spondyloarthritis (nr-axSpA) and radiographic axSpA (r-  
116 axSpA), and peripheral spondyloarthritis (pSpA) which includes psoriatic arthritis (PsA), reactive  
117 arthritis, IBD-associated arthritis and undifferentiated SpA (uSpA).(14, 15) Whether the impact of  
118 SE factors across the different SpA phenotypes varies, is largely unknown.  
119 In the case of PsA, the wide diversity of domains, as backpain, peripheral arthritis or skin disease,  
120 might have differential impact on patients depending in SE context, and thus it would be reasonable  
121 to explore the role of SE background between the various phenotypes. It is imperative therefore, to  
122 understand whether the effect of individual and country-level contribute differently to health  
123 outcomes, as this might require adjustments in care and healthcare organization. Moreover, SpA is

124 known to impact one's life across many core domains, among which disease activity (reflecting  
125 inflammation), physical functioning, fatigue, and overall functioning and health. A higher disease  
126 activity is known to lead to a worse physical functioning(16); however, it is not known whether this  
127 relationship varies across countries and particularly across SES status of different countries. The  
128 multinational ASAS-peripheral involvement in SpondyloArthritis (ASAS-perSpA) study provides an  
129 ideal setting to investigate the above-mentioned unaddressed questions.

130 The aims of this study were 1) to investigate the association between individual and country-  
131 level SE factors and various core outcomes in SpA and to determine differences across the disease  
132 phenotypes; 2) to explore whether individual SE factors have a different impact on health outcomes  
133 according to country-level SE factors; 3) to investigate whether any effect of these SE factors is  
134 mediated by the use of biological or targeted synthetic disease-modifying antirheumatic drug  
135 (b/tsDMARD) therapy; (4) to investigate whether the impact of disease activity on functional ability  
136 varies according to country-level SE factors.

137

## 138 **METHODS**

139

### 140 Study design and data collection

141 Data from the ASAS-perSpA study were used.(17) Briefly, the ASAS-perSpA study is an  
142 international, multi-center and cross-sectional study with 24 participating countries (23 actively  
143 involved). Patients aged 18 or older with a diagnosis of axSpA, PsA or pSpA according to their  
144 rheumatologist were recruited and data was collected between July 2018 and February 2020. Written  
145 informed consent was obtained from all patients before enrolment and Ethics Committees from the  
146 individual participating centers approved the study.

147

### 148 Outcome variables

149 The following health outcomes were investigated:

#### 150 *Disease activity*

151 Disease activity was assessed using the Ankylosing Spondylitis Disease Activity Score  
152 (ASDAS). This measure combines patient-reported overall back pain, overall peripheral  
153 pain/swelling, duration of morning stiffness, global assessment of disease activity, ranging from 0-10  
154 in a Numeric Rating Scale (NRS), and one acute phase reactant (C-Reactive Protein [CRP] or  
155 Erythrocyte Sedimentation Rate) as a measure of inflammation. ASDAS was calculated with CRP  
156 and explored both as a continuous as well as a dichotomized variable (inactive disease  
157 [ASDAS<2.1] or active disease [ASDAS≥2.1].(18, 19)

158 *Physical function*

159 Physical function was assessed using the self-reported Bath Ankylosing Spondylitis  
160 Functional Index (BASFI), which assesses difficulties in performing 10 activities in everyday life.  
161 The total score ranges between 0 and 10, with 10 indicating worse functional capacity.(20)

162 *Fatigue and overall Functioning and Health*

163 Fatigue was evaluated using the first item of the Bath Ankylosing Spondylitis Disease  
164 Activity Index (BASDAI)(21) in a 0-10 NRS; and overall functioning and health through the ASAS  
165 Health Index (ASAS-HI), a Patient-Reported Outcomes (PROs) questionnaire containing 17  
166 dichotomous items addressing categories of pain, emotional functions, sleep, sexual functions,  
167 mobility, self-care, community life and employment, ranging from 0-17, with lower scores indicating  
168 a better health status.(22)

169

170 Individual and country-level socioeconomic factors

171 Individual socioeconomic factors were age, gender, educational level (highest level of  
172 educational attainment, distinguishing primary school or less, secondary school, and university  
173 degree, as the reference category) and marital status (married or not living alone as the reference  
174 status, single and divorced or widowed).

175 Country-level socioeconomic factors were Gross Domestic Product (GDP) and Current  
176 Health Care Expenditure (HCE) per capita in international dollars (adjusted for purchasing power  
177 parity [PPP]), Human Development Index (HDI- range from 0 to 1) and Gini Index of income  
178 inequality, (range from 0 [absolute equality] to 100 [absolute inequality]). Latest values available for  
179 GDP, HCE and Gini Index were collected from the World Development Indicators database from the  
180 World Bank (2019, 2018, and from 2012 to 2018 respectively).(23) HDI was recorded from the 2019  
181 Global Human Development Reports published by the United Nations Development Programme  
182 (UNDP) with data from 2018.(24) For better interpretation of the results, each indicator was  
183 dichotomized into lower and higher, based on the median value. The lower category of each of them  
184 was used as reference, except for the Gini Index, where higher values (corresponding to higher  
185 inequities) were chosen as reference.

186

187 Covariates

188 The following lifestyle and clinical information was collected and tested as potential  
189 confounders: disease duration (since diagnosis, in years), smoking status (past or current vs never  
190 smoker), body mass index (BMI), presence of HLA-B27 (positive, negative or missing), history of  
191 axial involvement, history of peripheral arthritis, enthesitis or dactylitis, extra musculoskeletal

192 manifestations (EMMs) including uveitis, psoriasis and inflammatory bowel disease and the  
193 presence of concomitant fibromyalgia diagnosed by the rheumatologist (yes/no). Lastly, non-  
194 steroidal anti-inflammatory drugs (NSAIDs) use during last month, history of conventional synthetic  
195 disease-modifying antirheumatic drug (csDMARD) and b/tsDMARD therapy since diagnosis and  
196 current steroids intake were also recorded. Finally, disease activity assessed by ASDAS and  
197 functional ability by BASFI were included in some models, as appropriate.

198

### 199 Statistical analysis

200 The association between individual socioeconomic factors and each health outcome was  
201 analyzed using mixed-effects logistic and linear regression models, as appropriate. The mixed-effects  
202 structure allowed us to account simultaneously for the within-country and between-country  
203 variances, by including country of residence as random intercept.(25)

204 Covariates associated with the outcomes in the univariable analysis ( $p < 0.20$ ) were  
205 sequentially added into the multivariable model and retained if significantly contributing to explain  
206 the outcome ( $p < 0.05$ ) or being a relevant confounder of the main relationships of interest. Of note, as  
207 disease activity is an important determinant of physical function, fatigue, health and functioning,  
208 ASDAS was added as a covariate in the models of the remaining outcomes. Next, to investigate the  
209 macroeconomic influence on the outcomes, country-level SE factors were entered each separately to  
210 the final models: GDP (lower vs higher); HCE (lower vs higher); HDI (lower vs higher); and Gini  
211 Index (higher vs lower). The likelihood ratio test was used to compare the importance of the random  
212 intercept and random slope in the model (vs logistic or linear regression).

213 Potential interactions between SE factors and disease phenotype as well as country  
214 characteristics were tested in the final models. If statically ( $p < 0.10$ ) and clinically relevant, analyses  
215 were stratified for the disease phenotype or for the country-level SE factors, respectively.  
216 Additionally, in order to assess whether the relationship between disease activity and functional  
217 ability varies according to country-level SE, interaction models were also performed between disease  
218 activity and country-level SE, following the same procedure.

219 Lastly, mediation analysis was conducted to explore whether the impact of country-level SE  
220 factors on ASDAS was mediated through b/tsDMARDs uptake. Briefly, through the Baron and  
221 Kenny procedure we decomposed the effect of each socioeconomic factor on disease activity into  
222 natural direct (NDE; e.g. the effect of GDP on disease activity) and indirect effects (NIE; e.g. the  
223 effect of GDP on disease activity through its effect on treatment exposure) with b/tsDMARD uptake  
224 as the mediator. Proportion of b/tsDMARD uptake mediation (PM) was computed as:  
225  $PM = NIE / (NIE + NDE)$ . Mediation analyses were only performed for SE factors that were significant

226 in the multivariable model and adjusted for the same covariates from the mixed-effect model.

227 Confidence intervals were derived using the delta method.(26)

228 Analyses were performed using Stata SE V.14.

229

## 230 **RESULTS**

231

232 From a total of 4185 patients with SpA across 23 countries, 2719 (65%) were diagnosed by  
233 the rheumatologist as axSpA, 1033 (25%) PsA and 433 (10%) pSpA. The mean age was 45 years  
234 (SD 14) and 2562 (61%) were male. Only 17% of the patients did not achieve an educational degree  
235 beyond primary school, while 43% and 40% achieved secondary and university degrees respectively.  
236 Sixty-five percent of patients were married or living with a partner, 27% single and 8% divorced or  
237 widowed. PsA patients were older, with a slight female predominance, lower educational level and  
238 higher cDMARDs and b/tsDMARDs intake (Table 1). Country-specific descriptions can be found in  
239 Supplementary Tables S1 and S2.

240 Across all countries, 61% patients had active disease ( $ASDAS \geq 2.1$ ), with the lowest  
241 frequency reported in Japan (44%), and the highest in Egypt (90%). Overall mean (SD) ASDAS was  
242 2.5 (1.1) and mean BASFI 3.0 (2.6), with Japan showing the lowest scores for both (ASDAS 2.1  
243 [0.9] and BASFI 1.6 [2.3]), and Chile the highest scores (ASDAS 3.3 [1.2] and BASFI 5.6 [2.9]).  
244 Mean fatigue was 4.6 (2.8), with the lowest values in Morocco (3.5 [2.5]) and the highest reports in  
245 Chile (6.4 [2.8]); and the mean overall ASAS HI was 6.6 (4.6), ranging from 4.7 (3.5) in China to 9.8  
246 (4.4) in Chile. Lastly, looking for an objective measure, the mean CRP value was 11.9 (26.7), with a  
247 very wide range of values, from 4.3 mg/L (10.6) in Italy to 34.5 mg/L (69) in Argentina.  
248 (Supplementary Figure S1). b/tsDMARDs were used by 46% of the patients across countries, with a  
249 marked variance of frequency, from 14% in India to 77% in Italy or 92% in Canada.

250

### 251 **Relationship between individual SE factors and health outcomes**

252 Female gender, lower educational level and not being married or living with a partner were  
253 associated with higher ASDAS in multivariable models. Furthermore, these factors discriminated  
254 between active ( $ASDAS \geq 2.1$ ) and low disease activity: female gender (OR=1.32; 95%CI 1.13 to  
255 1.54), educational level (primary vs university OR=1.76; 95%CI 1.40 to 2.20) and being divorced or  
256 widowed (OR=1.68; 95%CI 1.25 to 2.28) (Figure 1).

257 Female gender was likewise associated with worse PROs: 0.12 points higher BASFI (95%CI  
258 0.01 to 0.24), 0.88 points higher ASAS-HI (95%CI 0.68 to 1.09), and 0.62 points higher fatigue  
259 (95%CI 0.48 to 0.75). Lower education was also associated with higher BASFI and ASAS-HI, 0.29



260 and 0.61 points respectively, but not with fatigue. Patients living alone (single and divorced or  
261 widowed) reported worse functional ability (around 0.22 higher BASFI). Lastly, age had a  
262 significant but smaller effect on functional impairment (0.03 higher units of BASFI for each year of  
263 age), and ASAS-HI score (-0.01 units). Full model coefficients are shown in Supplementary Table  
264 S3. No significant differences were found across disease phenotype (axSpA, pSpA and PsA) for any  
265 of the outcomes.

### 266 267 **Relationship between country-level SE factors and health outcomes**

268 Living in lower GDP countries was associated with higher ASDAS (lower GDP vs higher  
269  $\beta=0.39$ ; 95%CI 0.16 to 0.63), and higher odds of active disease (OR=1.74; 95%CI 1.22 to 2.46).  
270 Similar results were found for HCE and HDI (Table 2). Conversely, lower fatigue score was  
271 associated with lower GDP countries (compared with higher GDP countries ( $\beta=-0.46$ ; 95%CI -0.89  
272 to -0.04). Comparable patterns were seen for fatigue for the remaining of the country-level  
273 socioeconomic factors. Physical function and ASAS-HI were not associated with country-level SE  
274 factors. These results were not modified by disease phenotype

### 275 276 **Individual and country-level SE factors across countries**

277 Exploring potential differential effects of individual level SE factors across countries,  
278 revealed a difference in variance for the association between gender and ASDAS. By adding a  
279 random slope to the model, it was demonstrated that even though females had higher mean ASDAS  
280 than males, their variance across countries was lower (female variance: 0.94 vs male variance: 1.07),  
281 suggestive of an interaction. When further cross-level interactions were tested (i.e. between gender  
282 and countries GDP), the effect of gender across different country-level SE factors was not relevant.  
283 (Data not shown). Furthermore, the remaining interactions between individual and country-level SE  
284 factors were not statistically significant nor clinically relevant. With other words, the effect of the  
285 individual SE factors on the different outcomes was not different according to the country-level SE  
286 factors. Finally, the relationship between disease activity and functional ability did not vary across  
287 countries with different SES; that is, when taking BASFI as the outcome, interaction terms between  
288 disease activity and country-level socioeconomic factors were not statistically significant (data not  
289 shown).

### 290 291 **Mediation analysis**

292 Use of b/tsDMARDs had a small but statistically significant mediation effect in the  
293 relationship between lower income countries and higher disease activity. Patients in countries with

294 lower GDP (vs those with higher GDP) had 0.34 (95%CI 0.27 to 0.41) higher ASDAS units, and  
295 0.02 (95%CI 0.01 to 0.03) of those units (7%; 95%CI 0 to 10) was due to lower uptake of  
296 b/tsDMARDs. This mediated effect was consistent when assessing the other SE factors: 11%  
297 (95%CI 5.2 to 16.8) for HCE and 14.3% (95%CI 6.4 to 22.2) for HDI mediated effect through  
298 b/tsDMARDs).

299

## 300 **DISCUSSION**

301

302 This worldwide study of patients across the SpA spectrum demonstrates associations between  
303 individual and country-level socioeconomic factors and various health outcomes. Female gender,  
304 lower educational level and single marital status were related with higher disease activity and higher  
305 odds of active disease, as well as worse physical function; female gender and lower educational level  
306 were the SE factors associated with worse overall functioning and health (ASAS-HI); and female  
307 gender also with more fatigue. Interestingly, living in wealthier countries was related to lower  
308 disease activity but with higher reports of fatigue.

309 To the best of our knowledge, this is the first study evaluating the effect of SE factors not  
310 only on traditionally-studied outcomes i.e. disease activity and function, but also on multifaceted  
311 outcomes that matter to patients the most, namely fatigue and overall functioning and health status,  
312 in SpA patients; and additionally, the relationship between individual and country-level  
313 socioeconomic factors and across different disease phenotypes.

314 Our findings are in line with the recent ASAS-COMOSPA study, where female gender and  
315 lower educational level were associated with higher disease activity, functional disability and higher  
316 odds of ASDAS score  $\geq 2.1$ .(11) The present study includes marital status, which permitted us to  
317 show that living alone (being whether single, divorced or widowed) was similarly related (although  
318 in a minor magnitude) to worse outcomes. Furthermore, we found no proof for differences in effects  
319 of variable across disease phenotype.

320 As for the country level socioeconomic factors, unlike the COMOSPA study,(11) we found  
321 that not only living in less developed countries (lower HDI), but also in economies with lower  
322 income and healthcare spending (represented by lower GDP and HCE), is associated with higher  
323 disease activity, even after adjusting for individual socioeconomic and clinical variables. As in other  
324 disease areas, our study adds to the literature suggesting superior health outcomes in higher income  
325 countries (and likely better health systems and treatment access).(3, 10, 27)

326 Only a very small part of the effect of these country level socioeconomic factors can be  
327 explained by inequities in the b/tsDMARDs uptake, meaning that differences may be caused not only

328 by the lack of access to more effective though expensive treatments, but also by lower access to  
329 rheumatologists, differences in knowledge and medical decision making, medical and patient beliefs,  
330 preferences and cultural background.(28) Our study indicates the effect of gender on disease activity  
331 (although with differences in magnitude) was not different among countries but seems universal.

332 Disease activity and female gender have proven in several publications to be important  
333 determinants of fatigue(29-31); however, in this analysis, we could also demonstrate, by the  
334 inclusion of confounders like fibromyalgia diagnosis, that female gender is consistently and  
335 independently associated to higher reports fatigue. Aside from variations in fatigue levels across  
336 countries, our study demonstrates significant associations with country-level socioeconomic factors:  
337 patients living in higher GDP countries, were more likely to have higher levels of fatigue vs those  
338 living in lower GDP countries; the same results were found with HCE and HDI, and also with Gini  
339 index, where countries with greater income inequality showed higher fatigue scores. Previous reports  
340 in RA speculated on this paradoxical effect of country-level SES on disease activity opposed to  
341 fatigue, and referred to the role of stressors and higher personal and environmental expectations for  
342 patients to fully participate in all aspects of life.(9) Sociocultural factors and personal beliefs likely  
343 play a role in explaining this phenomenon, which are not easy to measure and therefore, there is no  
344 straightforward explanation to this paradox. In line with this, a different longitudinal study again in  
345 RA demonstrated that due to its multidimensional origin, fatigue is a persistent problem despite  
346 treatment.(32) Also in axSpA, there is evidence that fatigue remains unresponsive to bDMARDs in  
347 nearly 80% of patients, independently of disease activity improvement.(33)

348 Higher ASAS-HI was found in lower educated patients. Although these factors were  
349 previously reported in r-axSpA cohorts(34, 35), in the current study we could also corroborate the  
350 same behavior in PsA and pSpA.

351 We found no reinforcement between the two levels of socioeconomic factors (cross level  
352 interaction). This means that individual characteristics did not impact in a different magnitude or  
353 direction in higher or lower income countries or vice versa. Similarly, no evidence was found of a  
354 different impact of disease activity on functional ability across countries. This means that the  
355 relationship between both outcomes does not seem to vary depending on the SES of the countries.

356 Our study also has general limitations: although we could compare national income and  
357 healthcare spending by the inclusion of national macroeconomic indicators, they do not provide  
358 information on use of health system, insurance schemes, accessibility of rheumatology services and  
359 cost of health and social service, which may represent a more reliable national determinants of health  
360 outcomes.(27) A clear example is the United States (US): In spite of being the highest income  
361 country, (although among within the ones with higher GINI index) it consistently remains among the

362 countries with poorer outcomes. A second limitation is that macroeconomic indicators do not tell the  
363 whole story about access, as level of co-payment, type of services reimbursed or number of  
364 rheumatologists would play a major role in further explaining country-level SE variation in disease  
365 activity. Furthermore, we appreciate that the country-level factors herein do not capture all aspects of  
366 socioeconomics, for example language, however previous research already showed that country  
367 influence over health outcomes is mainly determined by SE factors, like GDP and HDI, whereas  
368 other characteristic like climate or language are not associated(9). We neither included some well-  
369 known determinants of fatigue like comorbidities (anemia, hypothyroidism, etc.) and sleep  
370 disturbance, as they were not collected.(36)

371 Another limitation is the fact that the participating centers of each country were specialized  
372 tertiary institutions, with ASAS members, may have contributed to some selection bias; not to  
373 mention that the number of patients included by each country varied considerably. Our results may  
374 not be generalizable to all SpA patients (e.g., those who are managed by primary care only) or fully  
375 represent SpA patients from countries that contributed small patient numbers.

376 Lastly, some of the tools used for health outcomes were validated in axSpA, and not directly  
377 in PsA or pSpA. However, since there is a known overlap between the diseases(37), which was  
378 precisely the rationale for comparing them, we decided to apply the same outcomes in all of them to  
379 enable comparison.

380 In conclusion, we found that individual socioeconomic factors, mainly female gender, low  
381 educational level and living alone are associated with poorer outcomes in SpA, with no differences  
382 across SpA phenotypes. Even though the four outcomes varied across the world, association with  
383 country-level socioeconomic factors could only be found with disease activity (higher ASDAS in  
384 lower income countries) and fatigue (higher fatigue in higher income countries, and those with  
385 higher inequities). The use of b/tsDMARDS could only marginally explain the relationship between  
386 poorer countries and worse outcomes; further analysis should thus focus on sociocultural aspects to  
387 better understand and manage diseases. These are facts that pose a great challenge not only to public  
388 health policies about the necessity of improvement in educational and social strategies and policies,  
389 but also for the daily life medical attention, where physicians should be more perceptive and look for  
390 patients needs in a more overall approach in order to obtain better outcomes.

391

392 **Acknowledgements:** We would like to thank all the collaborators who participated in the study: **José**  
393 **Maldonado-Cocco** (Buenos Aires University School of Medicine, Buenos Aires, Argentina), Hernán  
394 Maldonado Ficco (Hospital San Antonio de Padua, Rio Cuarto, Argentina), Rodolfo Pérez Alamino (Hospital  
395 Dr. Nicolás Avellaneda, Tucumán, Argentina), Emilio Buschiazzo (Hospital Señor del Milagro, Salta,  
396 Argentina), Romina Calvo (Hospital Provincial Dr. José M. Cullen, Santa Fé, Argentina), Vanesa Duarte

397 (Clínica Monte Grande, Buenos Aires, Argentina), Maria Victoria Martire (Instituto Médico Platense, La Plata,  
398 Argentina), Diego Baenas (Hospital Privado de Córdoba, Córdoba, Argentina), Dora Pereira (Hospital Ricardo  
399 Gutiérrez, La Plata, Argentina), Adrian Salas (Consultorio Reumatológico, La Plata, Argentina), Juan Manuel  
400 Bande (Hospital General de Agudos Dr. E Tornú, Buenos Aires, Argentina), Alberto Berman (Centro Médico  
401 Privado de Tucumán, Tucumán, Argentina), **Walter P Maksymowych** (University of Alberta, Canada),  
402 Stephanie Belton (University of Alberta, Canada), **Sebastián Ibáñez** (Facultad de Medicina Clínica Alemana  
403 – Universidad del Desarrollo, Santiago de Chile, Chile), María Paz Poblete (Facultad de Medicina Clínica  
404 Alemana – Universidad del Desarrollo, Santiago de Chile, Chile), Francisca Valenzuela (Facultad de Medicina  
405 Clínica Alemana – Universidad del Desarrollo, Santiago de Chile, Chile), **Wilson Bautista-Molano** (University  
406 Hospital Fundación Santa Fé de Bogotá, Bogotá, Colombia), **Jieruo Gu** (Third Affiliated Hospital of Sun Yat-  
407 Sen University, Guangzhou, China), Min Xiao (Third Affiliated Hospital of Sun Yat-Sen University,  
408 Guangzhou, China), CS Lau (Hong-Kong University, China), Ho Yin Chung (Hong-Kong University, China),  
409 **Bassel Elzorkany** (Cairo University, Cairo, Egypt), Sherif Gamal (Cairo University, Cairo, Egypt), Catherine  
410 Lebourlout (Cochin Hospital, Paris, France), Daniel Wendling (CHU Besançon, Besançon, France), Clément  
411 Prati (CHU Besançon, Besançon, France), Frank Verhoeven (CHU Besançon, Besançon, France), Martin  
412 Soubrier (CHU Clermont-Ferrand, Clermont-Ferrand, France), Carine Savel (CHU Clermont-Ferrand,  
413 Clermont-Ferrand, France), Trigui Alia (CHU Clermont-Ferrand, Clermont-Ferrand, France), Fan Angélique  
414 (CHU Clermont-Ferrand, Clermont-Ferrand, France), Pascal Claudepierre (Henri Mondor Hospital, Créteil,  
415 France), Valerie Farrenq (Henri Mondor Hospital, Créteil, France), Kamelia Famaraz (Henri Mondor Hospital,  
416 Créteil, France), **Uta Kiltz** (Rheumazentrum Ruhrgebiet, Herne, Germany), Isabella Sieber (Rheumazentrum  
417 Ruhrgebiet, Herne, Germany), Dories Morzeck (Rheumazentrum Ruhrgebiet, Herne, Germany), Fabian Proft  
418 (Charité University, Berlin, Germany), **Pál Geher** (Semmelweis University, Budapest, Hungary), Edit Toth  
419 (Flór Ferenc Hospital, Kistarcsa, Hungary), Katalin Nagy (Markhot Ferenc Hospital, Eger, Hungary), Attila  
420 Kovacs (MÁV Hospital, Szolnok, Hungary), **Meghna Gavali** (Nizam's Institute of Medical Sciences,  
421 Hyderabad, India), Liza Rajasekhar (Nizam's Institute of Medical Sciences, Hyderabad, India), Sapan Pandya  
422 (Smt NHL Medical College and Sardar Vallabhbhai Patel Hospital and Vedanta Institute of Medical Sciences,  
423 Ahmedabad, India), Bhowmik Meghnathi (Sri Sai Siri Hospital and Prathima Institue of Medical Sciences,  
424 Karimnagar, India), **Carlomaurizio Montecucco** (Fondazione IRCCS Policlinico San Matteo, Pavia, Italia),  
425 Sara Monti (Fondazione IRCCS Policlinico San Matteo, Pavia, Italia), Alessandro Biglia (Fondazione IRCCS  
426 Policlinico San Matteo, Pavia, Italia), **Mitsumasa Kishimoto** (Kyorin University School of Medicine, Tokyo,  
427 Japan), Akihiko Asahina (The Jikei University School of Medicine, Japan), Masato Okada (St Luke's  
428 International University and Hospital, Japan), Tadashi Okano (Osaka City University, Japan), Yuko Kaneko  
429 (Keio University School of Medicine, Japan), Hideto Kameda (Toho University, Japan), Yoshinori Taniguchi  
430 (Kochi University, Japan), Naoto Tamura (Juntendo University School of Medicine, Japan), Shigeyoshi Tsuji  
431 (National Hospital Organization Osaka Minami Medical Center, Japan), Hiroaki Dobashi (Kagawa University  
432 Faculty of Medicine, Japan), Yoichiro Haji (Daido Hospital, Japan), Akimichi Morita (Nagoya City University,  
433 Japan), Nelly Salloum (Saint-Joseph University, Beirut, Lebanon), **Rubén Burgos-Vargas** (Hospital General  
434 de México Eduardo Liceaga, Mexico City, Mexico), Graciela Meza (CLIDITER), Julio Casasola-Vargas  
435 (Hospital General de Mexico, Mexico), César Pacheco-Tena (Hospital General Dr. Salvador Zubirán,  
436 Chihuahua, Mexico), Greta Reyes-Cordero (Hospital General Dr. Salvador Zubirán, Chihuahua, Mexico), César  
437 Ramos-Remus (Unidad de Investigación de Enfermedades Crónico Degenerativas, Jalisco, Mexico), J Dionisio  
438 Castillo (Unidad de Investigación de Enfermedades Crónico Degenerativas, Jalisco, Mexico), Laura González-  
439 López (Universidad de Guadalajara, Jalisco, Mexico), Iván Gámez-Nava (Unidad de Investigación Biomédica  
440 02, Hospital de Especialidades, Centro Médico Nacional de Occidente, IMSS Guadalajara, Jalisco, Mexico),  
441 **Najia Hajjaj-Hassouni** (International University of Rabat (UIR), Rabat, Morocco), Fadoua Allali (University  
442 Mohammed V, CHU Ibn Sina, Rabat, Morocco), Hanan Rkain (University Mohammed V, CHU Ibn Sina,  
443 Rabat, Morocco), Lahcen Achemlal (University Mohammed V, CHU Ibn Sina, Rabat, Morocco), Taoufik Harzy  
444 (University Sidi Mohammed Benabdellah, CHU Hassan II, Fès, Morocco), **Fernando M Pimentel-Santos**

445 (Universidade NOVA de Lisboa, Lisboa, Portugal), Santiago Rodrigues-Manica (Universidade NOVA de  
446 Lisboa, Portugal), Agna Neto (Universidade NOVA de Lisboa, Portugal), Jose Marona (Universidade NOVA  
447 de Lisboa, Portugal), M<sup>a</sup> Joao Gonçalves (Universidade NOVA de Lisboa, Portugal), Ana Filipa Mourao  
448 (Universidade NOVA de Lisboa, Portugal), Rita Pinheiro Torres (Universidade NOVA de Lisboa, Portugal),  
449 **Ruxandra Schiotis** (Iuliu Hatieganu University of Medicine, Cluj-Napoca, Romania), Simona Rednic (Iuliu  
450 Hatieganu University of Medicine, Cluj-Napoca, Romania), Siao-Pin Simon (Iuliu Hatieganu University of  
451 Medicine, Cluj-Napoca, Romania), Laura Muntean (Iuliu Hatieganu University of Medicine, Cluj-Napoca,  
452 Romania), Ileana Filipescu (Iuliu Hatieganu University of Medicine, Cluj-Napoca, Romania), Maria Tamas  
453 (Iuliu Hatieganu University of Medicine, Cluj-Napoca, Romania), Laura Damian (Iuliu Hatieganu University  
454 of Medicine, Cluj-Napoca, Romania), Ioana Felea (Iuliu Hatieganu University of Medicine, Cluj-Napoca,  
455 Romania), Dana Fodor (Second Medical Clinic, Emergency Conty Hospital, Cluj-Napoca, Romania), **Tae-Jong**  
456 **Kim** (Chonnam National University Medical School and Hospital, South Korea), Hyun-Yi Kook (Chonnam  
457 National University Medical School and Hospital, South Korea), Hyun-Ju Jung (Chonnam National University  
458 Medical School and Hospital, South Korea), Tae-Hwan Kim (Hanyang University Hospital for Rheumatic  
459 Diseases, South Korea), **Victoria Navarro-Compan** (University Hospital La Paz, Madrid, Spain), Mireia  
460 Moreno (Hospital Parc Taulí, Barcelona, Spain), Eduardo Collantes-Estévez (Hospital Universitario Reina  
461 Sofía de Córdoba, Spain), M. Carmen Castro-Villegas (Hospital Universitario Reina Sofía, Córdoba, Spain),  
462 Cristina Fernández-Carballido (Hospital Universitario San Juan de Alicante, Alicante, Spain), Elizabeth  
463 Fernández (Hospital Universtario La Paz, Madrid, Spain), Marta Arévalo (Hospital Parc Taulí, Barcelona,  
464 Spain), **Shue-Fen Luo** (Chang Gung Memorial Hospital-Linkou, Taoyuan, Taiwan), Yeong-Jian Jan Wu  
465 (Chang Gung Memorial Hospital at Kee-Lung, Taiwan), Tian-Tsai Cheng (Chang Gung Memorial Hospital at  
466 Kao-Hsiung, Taiwan), Cheng-Chung Wei (Chung Sun Medical University, Taiwan), **Tuncay Duruöz**  
467 (Marmara University School of Medicine, Istanbul, Turkey), Servet Akar (Izmir Katip Çelebi University School  
468 of Medicine, Turkey), Ilhan Sezer (Akdeniz University School of Medicine), Umut Kalyoncu (Hacettepe  
469 University School of Medicine, Turkey), Sebnem Ataman (Ankara University School of Medicine, Turkey),  
470 Meltem Alkan Melikoglu (Erzurum Atatürk University School of Medicine, Turkey), Sami Hizmetli (Sivas  
471 Cumhuriyet University School of Medicine, Turkey), Ozgur Akgul (Manisa Celal Bayar University School of  
472 Medicine, Turkey), Nilay Sahin (Balikesir University School of Medicine, Turkey), Erhan Capkin (Karadeniz  
473 Teknik University School of Medicine, Turkey), Fatima Gluçin Ural (Ankara Yildirim Beyazit University  
474 School of Medicine, Turkey), Figen Yilmaz (Istanbul Sisli Etfal Training and Research Hospital), Ilknur Aktas  
475 (Istanbul Fatih Sultan Mehmet Training and Research Hospital, Turkey), **Floris van Gaalen** (Leiden University  
476 Medical Center, The Netherlands), Anne Boel (Leiden University Medical Center, The Netherlands), Mirian  
477 Starmans-Kool (Zuyderland Medical Center, The Netherlands), Femke Hoekstra-Drost (Zuyderland Medical  
478 Center, The Netherlands), Maha Abdelkadir (Maasstad Hospital in Rotterdam, The Netherlands), Angeliqwe  
479 Weel (Maasstad Hospital in Rotterdam, The Netherlands), **Pedro M. Machado** (University College of London,  
480 London, UK), **Marina Magrey** (Cases Western Reserve University School of Medicine, Cleveland, Ohio,  
481 United States), Darerian Schueller (Cases Western Reserve University School of Medicine, Cleveland, Ohio,  
482 United States).

483 **Steering committee:** Joaquim Sieper (Charité University, Berlin, Germany), Desirée van der Heijde (Leiden  
484 University Medical Center, The Netherlands), Robert Landewé ((Zuyderland Medical Center, The Netherlands),  
485 Anna Moltó (Cochin Hospital, Paris, France).

486

487

488 **Contribution:** SR, EN and AB designed the study. DC analysed the data and all authors were involved in the  
489 interpretation and discussion of the results. DC wrote the manuscript, with significant input from all co-  
490 authors.

491

492 **Funding:** None for the current analysis. The ASAS-perSpA study was conducted under the umbrella of  
493 ASAS with unrestricted grant of Abbvie, Pfizer, Lilly, Novartis, UCB, Janssen and Merck. The funders did  
494 not have any role in the design and conduct of the study; collection, management, analysis and interpretation  
495 of the data; preparation, review or approval of the manuscript and decision to submit the manuscript for  
496 publication.

497  
498 **Disclosures:** The authors declare no conflicts of interest.

499  
500 **Data availability:** Data from the ASAS-perSpA study are available to investigators on reasonable request.  
501 For information on how to access data, contact the Assessment of SpondyloArthritis international Society  
502 (www.asas-group.org).  
503

504

505

506

## 507 REFERENCE

- 508 1. Sheiham A. Closing the gap in a generation: health equity through action on the social  
509 determinants of health. A report of the WHO Commission on Social Determinants of Health (CSDH)  
510 2008. *Community Dent Health*. 2009;26(1):2-3.
- 511 2. Marmot M, Friel S, Bell R, Houweling TA, Taylor S. Closing the gap in a generation: health  
512 equity through action on the social determinants of health. *Lancet*. 2008;372(9650):1661-9.
- 513 3. Marmot M, Allen J, Bell R, Bloomer E, Goldblatt P. WHO European review of social  
514 determinants of health and the health divide. *Lancet*. 2012;380(9846):1011-29.
- 515 4. Houlihan J, Leffler S. Assessing and Addressing Social Determinants of Health: A Key  
516 Competency for Succeeding in Value-Based Care. *Prim Care*. 2019;46(4):561-74.
- 517 5. Hood CM, Gennuso KP, Swain GR, Catlin BB. County Health Rankings: Relationships  
518 Between Determinant Factors and Health Outcomes. *Am J Prev Med*. 2016;50(2):129-35.
- 519 6. World Health Organization. The world health report 2000 - Health systems: improving  
520 performance 2000 [Available from: <https://www.who.int/whr/2000/en/>].
- 521 7. Massardo L, Pons-Estel BA, Wojdyla D, Cardiel MH, Galarza-Maldonado CM, Sacnun MP,  
522 et al. Early rheumatoid arthritis in Latin America: low socioeconomic status related to high disease  
523 activity at baseline. *Arthritis Care Res (Hoboken)*. 2012;64(8):1135-43.
- 524 8. Callahan LF, Pincus T. Formal education level as a significant marker of clinical status in  
525 rheumatoid arthritis. *Arthritis Rheum*. 1988;31(11):1346-57.
- 526 9. Putrik P, Ramiro S, Hifinger M, Keszei AP, Hmamouchi I, Dougados M, et al. In wealthier  
527 countries, patients perceive worse impact of the disease although they have lower objectively  
528 assessed disease activity: results from the cross-sectional COMORA study. *Ann Rheum Dis*.  
529 2016;75(4):715-20.
- 530 10. Putrik P, Ramiro S, Keszei AP, Hmamouchi I, Dougados M, Uhlig T, et al. Lower education  
531 and living in countries with lower wealth are associated with higher disease activity in rheumatoid  
532 arthritis: results from the multinational COMORA study. *Ann Rheum Dis*. 2016;75(3):540-6.
- 533 11. Putrik P, Ramiro S, Moltó A, Keszei AP, Norton S, Dougados M, et al. Individual-level and  
534 country-level socioeconomic determinants of disease outcomes in SpA: multinational, cross-  
535 sectional study (ASAS-COMOSPA). *Ann Rheum Dis*. 2019;78(4):486-93.

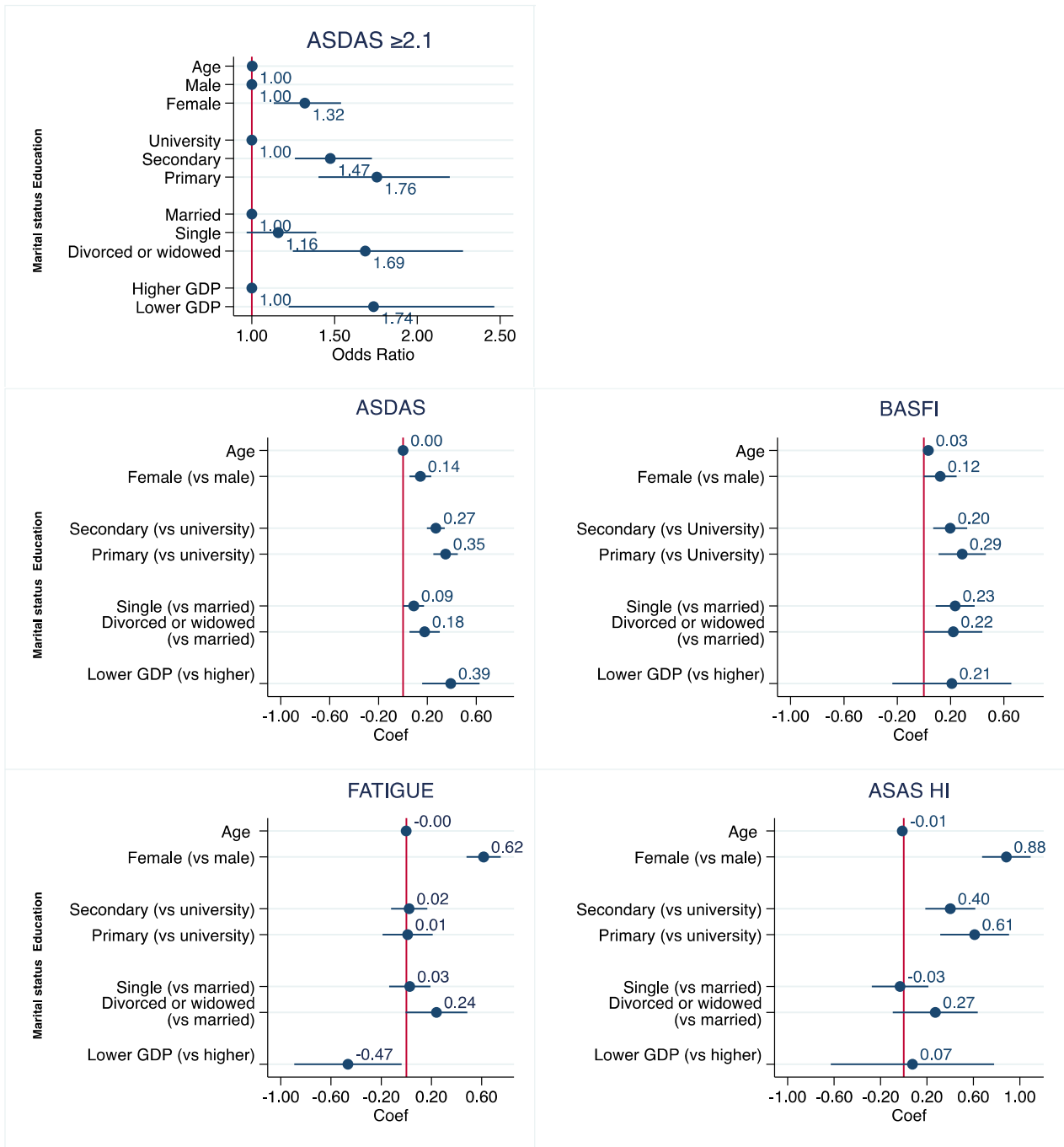
- 536 12. Putrik P, Ramiro S, Kvien TK, Sokka T, Pavlova M, Uhlig T, et al. Inequities in access to  
537 biologic and synthetic DMARDs across 46 European countries. *Ann Rheum Dis.* 2014;73(1):198-  
538 206.
- 539 13. Nikiphorou E, van der Heijde D, Norton S, Landewé RB, Molto A, Dougados M, et al.  
540 Inequity in biological DMARD prescription for spondyloarthritis across the globe: results from the  
541 ASAS-COMOSPA study. *Ann Rheum Dis.* 2018;77(3):405-11.
- 542 14. Dougados M, Baeten D. Spondyloarthritis. *Lancet.* 2011;377(9783):2127-37.
- 543 15. Rudwaleit M, van der Heijde D, Landewé R, Akkoc N, Brandt J, Chou CT, et al. The  
544 Assessment of SpondyloArthritis International Society classification criteria for peripheral  
545 spondyloarthritis and for spondyloarthritis in general. *Ann Rheum Dis.* 2011;70(1):25-31.
- 546 16. Landewé R, Dougados M, Mielants H, van der Tempel H, van der Heijde D. Physical  
547 function in ankylosing spondylitis is independently determined by both disease activity and  
548 radiographic damage of the spine. *Ann Rheum Dis.* 2009;68(6):863-7.
- 549 17. López-Medina C, Molto A, Sieper J, Duruöz T, Kiltz U, Elzorkany B, et al. Prevalence and  
550 distribution of peripheral musculoskeletal manifestations in spondyloarthritis including psoriatic  
551 arthritis: results of the worldwide, cross-sectional ASAS-PerSpA study. *RMD Open.* 2021;7(1).
- 552 18. van der Heijde D, Lie E, Kvien TK, Sieper J, Van den Bosch F, Listing J, et al. ASDAS, a  
553 highly discriminatory ASAS-endorsed disease activity score in patients with ankylosing spondylitis.  
554 *Ann Rheum Dis.* 2009;68(12):1811-8.
- 555 19. Machado P, Landewé R, Lie E, Kvien TK, Braun J, Baker D, et al. Ankylosing Spondylitis  
556 Disease Activity Score (ASDAS): defining cut-off values for disease activity states and improvement  
557 scores. *Ann Rheum Dis.* 2011;70(1):47-53.
- 558 20. Calin A, Garrett S, Whitelock H, Kennedy LG, O'Hea J, Mallorie P, et al. A new approach to  
559 defining functional ability in ankylosing spondylitis: the development of the Bath Ankylosing  
560 Spondylitis Functional Index. *J Rheumatol.* 1994;21(12):2281-5.
- 561 21. Garrett S, Jenkinson T, Kennedy LG, Whitelock H, Gaisford P, Calin A. A new approach to  
562 defining disease status in ankylosing spondylitis: the Bath Ankylosing Spondylitis Disease Activity  
563 Index. *J Rheumatol.* 1994;21(12):2286-91.
- 564 22. Kiltz U, van der Heijde D, Boonen A, Cieza A, Stucki G, Khan MA, et al. Development of a  
565 health index in patients with ankylosing spondylitis (ASAS HI): final result of a global initiative  
566 based on the ICF guided by ASAS. *Ann Rheum Dis.* 2015;74(5):830-5.
- 567 23. The World Bank. World Bank Open Data 2020 [cited 2020. Available from:  
568 <https://data.worldbank.org>.
- 569 24. United Nations Development Programme. Beyond income, beyond averages, beyond today:  
570 Inequalities in human development in the 21st century 2019 [Available from:  
571 <http://hdr.undp.org/sites/default/files/hdr2019.pdf>.
- 572 25. Twisk J. Applied Mixed Model Analysis: A practical Guide (2nd ed., Practical Guides to  
573 Biostatistics and Epidemiology): Cambridge: Cambridge University Press; 2019.
- 574 26. Emsley R LH. PARAMED: Stata module to perform causal mediation analysis using  
575 parametric regression models 2013 [Available from:  
576 <https://econpapers.repec.org/software/bocbocode/s457581.htm>.
- 577 27. Carlson MD, Roy B, Groenewoud AS. Assessing Quantitative Comparisons of Health and  
578 Social Care Between Countries. *Jama.* 2020;324(5):449-50.
- 579 28. Mortada M, Abdul-Sattar A, Gossec L. Fatigue in Egyptian patients with rheumatic diseases:  
580 a qualitative study. *Health Qual Life Outcomes.* 2015;13:134.
- 581 29. López-Medina C, Schiotis RE, Font-Ugalde P, Castro-Villegas MC, Calvo-Gutiérrez J,  
582 Ortega-Castro R, et al. Assessment of Fatigue in Spondyloarthritis and Its Association with Disease  
583 Activity. *J Rheumatol.* 2016;43(4):751-7.



- 584 30. Chauffier K, Paternotte S, Burki V, Durnez A, Elhai M, Koumakis E, et al. Fatigue in  
585 spondyloarthritis: a marker of disease activity. A cross-sectional study of 266 patients. *Clin Exp*  
586 *Rheumatol*. 2013;31(6):864-70.
- 587 31. Gossec L, Dougados M, D'Agostino MA, Fautrel B. Fatigue in early axial spondyloarthritis.  
588 Results from the French DESIR cohort. *Joint Bone Spine*. 2016;83(4):427-31.
- 589 32. van Steenberg HW, Tsonaka R, Huizinga TW, Boonen A, van der Helm-van Mil AH.  
590 Fatigue in rheumatoid arthritis; a persistent problem: a large longitudinal study. *RMD Open*.  
591 2015;1(1):e000041.
- 592 33. Bedaiwi M, Sari I, Thavaneswaran A, Ayearst R, Haroon N, Inman RD. Fatigue in  
593 Ankylosing Spondylitis and Nonradiographic Axial Spondyloarthritis: Analysis from a Longitudinal  
594 Observation Cohort. *J Rheumatol*. 2015;42(12):2354-60.
- 595 34. Chen HH, Chen YM, Lai KL, Hsieh TY, Hung WT, Lin CT, et al. Gender difference in  
596 ASAS HI among patients with ankylosing spondylitis. *PLoS One*. 2020;15(7):e0235678.
- 597 35. Min HK, Lee J, Ju JH, Park SH, Kwok SK. Predictors of Assessment of Spondyloarthritis  
598 International Society (ASAS) Health Index in Axial Spondyloarthritis and Comparison of ASAS  
599 Health Index between Ankylosing Spondylitis and Nonradiographic Axial Spondyloarthritis: Data  
600 from the Catholic Axial Spondyloarthritis COhort (CASCO). *J Clin Med*. 2019;8(4).
- 601 36. Kroenke K, Wood DR, Mangelsdorff AD, Meier NJ, Powell JB. Chronic fatigue in primary  
602 care. Prevalence, patient characteristics, and outcome. *Jama*. 1988;260(7):929-34.
- 603 37. Feld J, Chandran V, Haroon N, Inman R, Gladman D. Axial disease in psoriatic arthritis and  
604 ankylosing spondylitis: a critical comparison. *Nat Rev Rheumatol*. 2018;14(6):363-71.

605

Table 1. Patient characteristics according to spondyloarthritis phenotype				
	axSpA	PsA	pSpA	p
n (%)	2719 (65)	1033 (25)	433 (10)	
Age (years)	42 (13)	52 (13)	44 (14)	<0.001
Disease duration (years)	14.4 (11.1)	16.8 (12.3)	10.1 (9.4)	<0.001
Diagnosis delay (years)	5.8 (7.7)	9.1 (11.1)	4.2 (6.6)	<0.001
Male gender	1858 (68)	501 (48)	203 (47)	<0.001
Educational level				
University	1178 (43)	320 (31)	197 (46)	<0.001
Secondary School	1140 (42)	472 (46)	180 (42)	
Primary School	399 (15)	239 (23)	56 (13)	
Current marital status				
Married or living together	1735 (64)	748 (73)	267 (62)	<0.001
Single	815 (30)	158 (15)	141 (32)	
Divorced or widowed	168 (6)	124 (12)	25 (6)	
Employed (<65 years)	1652 (64)	512 (59)	224 (56)	<0.001
BMI (kg/m <sup>2</sup> )	25.9 (5.1)	28.0 (5.9)	26.3 (5.4)	<0.001
Smoking status				
Never smoker	1532 (56)	538 (52)	304 (70)	<0.001
Current or past smoker	1185 (44)	494 (48)	128 (30)	
HLA-B27 positive	1709 (63)	86 (8)	197 (46)	<0.001
Axial involvement <sup>†</sup>	2651 (98)	367 (36)	238 (55)	<0.001
Peripheral arthritis <sup>†</sup>	978 (36)	938 (91)	410 (95)	<0.001
Dactylitis <sup>†</sup>	164 (6)	382 (37)	100 (23)	<0.000
Enthesitis <sup>†</sup>	1113 (41)	473 (46)	248 (57)	<0.001
Uveitis <sup>†</sup>	588 (22)	27 (3)	75 (10)	<0.001
IBD <sup>†</sup>	132 (5)	6 (1)	25 (6)	<0.001
Psoriasis <sup>†</sup>	187 (7)	946 (92)	64 (15)	<0.001
Fibromyalgia	212 (8)	120 (12)	48 (11)	<0.001
CRP (mg/L)	11.7 (26.6)	11.4 (28.6)	13.9 (25.4)	0.012
ASDAS (CRP)	2.5 (1.1)	2.6 (1.1)	2.6 (1.2)	0.02
ASDAS (CRP) ≥2.1	1594 (59.4)	636 (62.7)	275 (64.2)	0.058
BASFI (0-10)	3.0 (2.6)	3.1 (2.7)	2.8 (2.6)	0.054
Fatigue (BASDAI Q1, 0-10)	4.5 (2.8)	4.9 (2.8)	4.6 (2.8)	<0.001
ASAS-HI (0-17)	6.3 (4.5)	7.2 (4.7)	6.6 (4.4)	<0.001
EQ-5D (0-1)	0.7 (0.3)	0.6 (0.3)	0.66 (0.3)	<0.001
NSAIDs intake <sup>‡</sup>	1931 (71)	614 (59)	311 (72)	<0.001
Current Steroids	202 (7)	200 (19)	89 (21)	<0.001
csDMARDs (since diagnosis)	628 (23)	616 (60)	230 (53)	<0.001
b/tsDMARDs (since diagnosis)	1289 (47)	522 (50)	158 (36)	<0.001
Results reflect mean (SD) or n (%).				
Disease phenotype and fibromyalgia were defined by the physician. Comparisons by Chi <sup>2</sup> and t test. Data were incomplete for: education/marital status (n=4), employment status (n=8), BMI (n=15), HLA-B27 (n=1227), Fatigue (n=11), ASDAS (n=60), CRP (n=29), BASFI (n=6), fibromyalgia (n=2).				
<sup>†</sup> Manifestation ever present.				
<sup>‡</sup> During last month.				
axSpA, axila spondyloarthritis; PsA, psoriatic arthritis; pSpA, peripheral spondyloarthritis; IBD, inflammatory bowel disease; CRP, C-Reactive Protein; ASDAS, AS Disease Activity Score; BASFI, Bath AS Functional Index; ASAS-HI, ASAS Health Index; EQ-5D, Euro Quality of life 5 Dimensions; NSAIDs, Non-steroidal Anti-Inflammatory Drugs; cs/b/tsDMARDs, conventional synthetic/biological/targeted synthetic Disease Modifying Antirheumatic Drugs.				



**Figure 1.** Effect of individual and country-level socioeconomic factors on ASDAS $\geq 2.1$ , continuous ASDAS, BASFI, FATIGUE and ASAS-HI, derived from multivariable mixed-effects models adjusted by clinical confounders. (*ASDAS $\geq 2.1$  model*: body mass index, axial involvement, peripheral arthritis, enthesitis, fibromyalgia and Non-steroidal Anti-Inflammatory Drugs; *ASDAS model*: body mass index, smoking status, axial involvement, peripheral arthritis, enthesitis, fibromyalgia and Non-steroidal Anti-Inflammatory Drugs; *BASFI model*: body mass index, ASDAS, axial involvement, fibromyalgia and conventional disease modifying antirheumatic drugs; *fatigue model*: ASDAS, uveitis and fibromyalgia; *ASAS HI model*: smoking status, ASDAS, BASFI, peripheral arthritis and fibromyalgia) (full model coefficients in Table S3).

Table 2. Effect of country-level socioeconomic factors on disease activity (ASDAS), physical function (BASFI), fatigue and ASAS-HI.

Assessment	ASDAS $\geq 2.1$ Odds Ratio (95% CI)	ASDAS $\beta$ (95% CI)	BASFI $\beta$ (95% CI)	Fatigue $\beta$ (95% CI)	ASAS-HI $\beta$ (95% CI)
GDP (lower vs high)	<b>1.74 (1.22, 2.46)</b>	<b>0.39 (0.16, 0.63)</b>	0.21 (-0.24, 0.66)	<b>-0.46 (-0.89, -0.04)</b>	0.07 (-0.63, 0.78)
HCE (lower vs high)	1.37 (0.92, 2.02)	<b>0.28 (0.01, 0.54)</b>	-0.04 (-0.49, 0.40)	<b>-0.64 (-1.02, -0.26)</b>	0.12 (-0.57, 0.82)
HDI (lower vs high)	1.37 (0.92, 2.04)	<b>0.28 (0.01, 0.55)</b>	0.01 (-0.44, 0.46)	<b>-0.49 (-0.92, -0.07)</b>	0.25 (-0.44, 0.95)
Gini index (high vs low)	1.08 (0.71, 1.64)	0.07 (-0.21, 0.36)	0.09 (-0.36, 0.54)	<b>-0.55 (-0.95, -0.14)</b>	0.02 (-0.68, 0.71)

Results from multilevel multivariable linear and logistic regression analyses. HCE, Gini index estimates are derived from 3 separate models (due to collinearity), by replacing GDP in the final multivariable mixed-effects models shown in Figures 2, 3 and Supplementary table S3.

\*Estimates with  $p < 0.05$  are highlighted in bold.

GDP, gross domestic product; HCE, healthcare expenditure; HDI, Human Development Index. Values from 2019 (GDP), 2018 (HCE, HDI), the last available (Gini index).



