Clinical Applications of Attractor Reconstruction Analysis

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1. Analysing pulse waveforms using Attractor Reconstruction (AR)

**Pulse waveforms contain a wealth of information**
Blood pressure and pulse oximetry signals are routinely acquired during physiological assessments. These pulse waveforms contain much physiological information (see right). Currently only simple measures such as heart rate and blood pressure values are routinely extracted from them.

**Attractor Reconstruction (AR)**
AR is a novel mathematical technique for analysing periodic signals. It transforms a **signal** into an **attractor** (see right). The resulting attractor can be used to extract information on the variability and shape of the signal. Changes in the shape or variability of an attractor may indicate changes in cardiovascular health, or disease progression.

2. Physiological Insights

**Vascular Properties**
The properties of the smaller arteries affect the morphology of attractors obtained from a pulse oximetry waveform. This is demonstrated for vascular stiffness and diameter below.

- Increasing vascular stiffness
- Increasing vascular diameter

**Cardiac Properties**
The properties of the heart affect attractors, even when measured distally using a pulse oximeter waveform. Two examples are shown below: ejection time and heart rate.

- Increasing ejection time
- Increasing heart rate

**Physiological State**
The changes shown to the left were obtained from simulations of blood flow. Changes in attractors are also observed during physiological changes, as shown below.

- Increasing age
- Recovery from exercise

**Measurement Site**
The morphology of attractors varies according to the site at which they are measured, as shown by the four blood pressure attractors below.

- Aorta
- Femoral
- Brachial
- Finger

3. Detection of Sepsis

Change in attractor shape which may be associated with the progression of sepsis

AR may provide early detection of sepsis
Sepsis is a heightened response to infection, which increases morbidity and mortality. Early detection is essential to prevent its progression. AR may allow markers of sepsis to be derived from physiological signals. This is due to the impact of sepsis on the cardiac, vascular and autonomic nervous systems, all of which influence the pulse waveform.

4. Respiratory Monitoring

AR can improve respiratory rate (RR) estimation from the pulse oximeter
RR is usually measured by manually counting breaths. Techniques have been developed to estimate RR electronically from the pulse oximetry signal, although these are susceptible to inaccuracies. We have used AR to improve the accuracy of RRs derived from a pulse oximeter.

5. Measurement Accuracy

AR can be used to identify and eliminate inaccurate clinical measurements
Several clinical measurements are derived from physiological signals. The signals must be of high quality to ensure accurate measurements. Attractors change dramatically during periods of low signal quality. Therefore, AR could be used to automatically discard inaccurate measurements.

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