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The Developing World’s ‘New Middle Classes’: Implications for Political Research

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Abstract: Rapid middle income growth over the past decades has led to increasing public interest in the developing world’s ‘new middle classes’. However, these transformations have received less attention in the comparative democratization and welfare state regime literature. This review article aims to fill this gap, by identifying emerging evidence and new directions for research about the social and political consequences of lower middle income growth. We note that, while socio-cultural and political transformations traditionally associated with expanding middle classes are unlikely to materialize at current levels of socio-economic wellbeing in most developing countries, new pressures for reform may arise out of demands to better protect modest increases in private assets and from improved educational outcomes among lower middle income groups. We also identify signs of increased distributional conflicts between economically vulnerable lower middle income groups and more affluent middle classes that may undermine the transition to stable democracy and more inclusive social policy systems.
Introduction

Rapid rates of poverty reduction and middle income growth have led to dramatic changes in the income distribution of developing countries. The global ‘extreme’ poverty headcount (measured by the international ‘extreme’ poverty line of US$ 1.25 and more recently US$ 1.90 in Purchasing Power Parity [PPP] terms)\(^1\) has more than halved over the past 2½ decades. In the meantime, populations on lower middle and middle incomes have doubled in size and now account for well over two thirds of the inhabitants of developing regions.\(^2\) While these trends were dominated by China and India, important progress has also been registered in poorer regions of the world like sub-Saharan Africa.\(^3\)

Little surprisingly, the developing world’s ‘new middle classes’ now play a prominent role in public and policy debates. Popular media outlets and the ‘grey’ literature of business consultancies, think tanks, and international aid agencies have variably described expanding middle income groups as heralds of economic growth,\(^4\) democratization,\(^5\) and social and cultural change.\(^6\) However, several observers also note limitations, such as the large number of households who still live on relatively low incomes,\(^7\) and the persistence of more conservative values among recently upwardly mobile populations.\(^8\)

The ‘new middle classes’ have received comparatively less attention in the political science literature on democratization and welfare state development. Recent studies of democratic transitions often take a longer-term view and do not yet take into account latest estimates of falling poverty rates and expanding lower-middle income populations in developing regions.\(^9\) Evidence about growth and policy preferences in lower and middle income groups also does not typically play a direct role in the academic literature on changing welfare state systems in developing regions.\(^10\) While more recent contributions have begun to rectify this shortcoming,\(^11\) these attempts are still few and far between and do not
yet provide a coherent framework to theorise about potential new conflict lines and actors that may emerge in the context of rapid lower middle income growth.

This review article starts to fill this gap, by identifying emerging evidence and new directions for research about the social and political consequences of lower and middle income growth. While we do not seek to contribute to region-specific debates, we concentrate on the situation in the ‘average’ low or lower middle income country, where much of recent economic growth has taken place in incomes that are too low to be considered ‘middle class’ by advanced economies’ standards. We concur with literature on previous regime transitions that the weakness of occupational class structures and the persistence of wide-spread absolute poverty and vulnerability in many developing countries undermine the validity of more traditional theoretical frameworks that focus on class-based mobilization and changes in relative inequality as the primary drivers of democratization and political reform. At the same time, we note that even modest improvements in lower middle incomes may bring about transformations through alternative channels, such as new pressures for political reform and stronger protection of private property rights that result from the increased accumulation of assets and education among upwardly mobile lower income groups. After an overview of alternative approaches to defining the ‘new middle classes’, we develop these arguments by reviewing implications of recent lower middle income growth for descriptions of middle class development derived from modernization theory, redistributivist theories of democratization and welfare state reform, and by reviewing evidence about changing consumer behaviors and political preferences among lower middle income households.

**Defining the ‘new middle classes’**

Researchers have traditionally struggled to agree on a common definition of class. The literature on the ‘new middle classes’ is no exception.
Recent ethnographic and sociological accounts of the ‘new middle classes’ have often eschewed a ‘hard’ definition. Drawing on the work of cultural sociologists like Bourdieu, this literature typically defines middle classes around shared life styles and behaviors that resemble those of middle classes in advanced economies (for example consumer behaviors and choices of housing styles). However, while this literature produces increasingly rich evidence about new processes of social differentiation during times of rapid economic change, its primary drawback is the lack of anchoring in an interpersonally comparable standard of wellbeing that would be required for statements about the size and scope of the ‘middle class phenomena’ analyzed. For example, according to evidence discussed below, many groups in emerging economies that begin to resemble the middle classes in developed countries are still relatively small and would be better described as economic elites, once the relative income distributions of their respective societies are taken into account.

Other researchers have started from more ‘objective’ indicators, typically grounded in Marxist and Weberian concepts of class. In particular survey-based studies of middle class behaviors and attitudes have often relied on proxy-indicators of socio-economic status, like respondents’ education, economic assets, or employment and occupational status. However, the primary problem with these approaches again arises from the particular social and economic context within which recent poverty reduction occurred in the developing world. Although lower middle income growth over the past decades was often accompanied by a structural shift into self-employment or service-related jobs, many developing countries did not see the emergence of large entrepreneurial or manufacturing classes that are usually at the heart of sociological debates about class relations. Other often-used indicators of middle class status, like formal employment, higher education, or ownership of costlier middle class assets like cars also often fail to capture much variation at the lower tail of the income distribution, where much of the recent growth in developing countries was concentrated.
Economists, whose work dominates the literature reviewed here, have typically circumvented the complexity of the class concept and relied on people’s income as the sole indicator. This research can be further divided into relative and absolute approaches. Relative approaches have been influential in earlier work about the middle classes and include indicators like the income share held by the middle quantiles of the population, relative income ranks\textsuperscript{20} or self-reported income status.\textsuperscript{21} These measures have a foundation in sociological and social-psychological perspectives on social inequality, and are meant to capture experiences like relative deprivation, polarization, and status inequality that are often identified as drivers of distributional and political conflict.\textsuperscript{22} For instance, an early example of the literature reviewed here by William Easterly\textsuperscript{23} focuses on the income accruing to households between the 20th and 80th percentile of the population, arguing that this measure describes the extent of polarization and cohesion in society, which in turn is used to predict the likelihood of political conflict, democratic performance, and stable economic growth.\textsuperscript{24}

The primary problem with these relative measures for the purpose of our discussion arises again from the comparatively modest living standards among populations in the middle of national income distributions of many developing countries. Banerjee and Duflo\textsuperscript{25} show for a sample of low and middle income economies that households in the 20th to 80th percentile range that is used to define middle classes in Easterly’s study still live on average incomes that are close to the extreme PPP$ 2 poverty line. This is consistent with previous work by Milanovic and Yitzhaki\textsuperscript{26} and subsequently Ravallion,\textsuperscript{27} who find that only small shares of the population in the developing world qualify as ‘middle class’, if absolute living standards of developed countries are taken as a reference.

In this article we follow an emerging consensus to define middle classes around (PPP-adjusted) absolute income thresholds. This approach typically uses a lower bound set variably between the international PPP$ 2 extreme (food) poverty line and the PPP$ 4 poverty
threshold of more affluent developing regions (e.g. Latin America)\textsuperscript{28} and further includes a cut-off around PPP$ 10 per capita per day, to distinguish households who are still vulnerable to poverty from economically more ‘secure’ groups. The underlying motivation behind this definition is the Weberian notion that households should enjoy a certain minimum of economic security to be considered middle class.\textsuperscript{29} Additional income thresholds have been set variably at PPP$ 20, 50 or 100, to identify higher income groups whose living standards begin to approach those of middle classes in developed countries.\textsuperscript{30}

Although these definitions lack an explicit grounding in relativist conceptions of class, there are some signs that they capture relevant social experiences. For example, perception surveys from Latin America suggest that absolute definitions of economic vulnerability and middle class status often predict subjective status differences better than relative approaches that use national median incomes as a reference.\textsuperscript{31} Yuan et al. document for urban China that, while respondents on incomes between PPP$2–10 often report higher levels of life satisfaction than the extreme poor, they still tend to express much stronger feelings of economic insecurity and concerns about the future than other groups.\textsuperscript{32}

According to recent estimates that use the above thresholds, large population shares in low, lower middle, and even some upper middle income countries still live, and will continue to live for some time, in the ‘vulnerable’ income range below PPP$ 10 (Figures 1 and 2, we use PPP$ 2.50 as the lower bound).\textsuperscript{33} Sizeable population shares on more ‘secure’ and affluent incomes typically only emerge in some upper middle, and non-OECD high income countries, as well as in economically more advanced regions like Eastern Europe and Latin America.\textsuperscript{34} However, especially in populous middle income countries, like China and India, the absolute numbers of households on incomes above PPP$ 10 begin to approach or even exceed those in developed regions by some estimates.\textsuperscript{35}
Pathways from lower middle income growth to wider social and political development outcomes

The relatively small size of ‘Western-type’ middle classes and the weakness of clear occupational class divides in many developing countries pose obvious problems for analysis that seeks to understand political transformations through the terminology of social class. This problem was already noted in studies of previous regime transitions in developing countries, which consequently focused on alternative actors and sources of political mobilization, such as social movements, ‘popular’ or ‘middle sectors’, moderate elements in incumbent authoritarian regimes, or local cultural elites and intellectuals. We follow in this tradition in arguing that the socio-economic context of many developing countries requires a move away from conventional concepts of middle class development and associated assumptions about the link between inequality and regime outcomes. In the next sections we develop this argument around three topics, (i) deviations between observed political behaviors and attitudes among lower middle income groups in developing countries and modernization theoretical accounts of middle class development, (ii) the impact of lower middle income growth on distributional conflict and welfare reform, (iii) and possible changes in political behaviors due to the increased accumulation of physical and human capital assets by lower middle income households. Throughout, we also stress the importance of socio-economic and political regime contexts, which we believe are crucial for predicting when and how lower middle income groups are able to organize around their shared political interests.
Analytical challenges

Before we continue with our discussion it is important to be clear about limitations in the data and evidence that support the literature reviewed here. With few exceptions, information on the size and political behaviors of lower and middle income groups in developing countries is based on cross-sectional studies and on one-off survey ‘snapshots’.\textsuperscript{41} This limits researchers’ ability to track people’s behaviors and preferences as they move in and out of poverty, which would be required to support claims that poverty reduction causes new forms of political engagement or conflict. In the following we highlight studies that overcome these shortcomings whenever possible. However, we also conclude by calling for investments in more and better longitudinal data and case studies, to improve the understanding of the consequences of lower middle income growth and allow for better policy responses in the future.

At the same time, we note considerable new opportunities for research that arise from the improved availability of detailed data on poverty and lower middle income growth trends. Whereas previous studies of the link between poverty reduction and political and social regime change often had to rely on relatively broad indicators, such as GDP per capita, the Gini index, or average caloric consumption and child mortality,\textsuperscript{42} recent improvements in survey and micro-economic data permit much more detailed estimates of the size and economic circumstances of specific segments of the income distribution. We argue that these improvements represent significant progress over earlier data sources because they are better suited for capturing emerging new distributional divides and group-specific experiences of wellbeing and economic security. A primary objective of this review is to promote the use of this new information, while also advocating for continued investments in improved data quality.
Modernization theory and observed political preferences of lower middle income households

A natural starting point for our discussion includes modernization accounts of middle class development. Moore’s famous dictum ‘No bourgeoisie, no democracy’ has provided a highly influential point of reference for previous debates about middle class-led political transitions. It has also shaped recent commentary on the ‘new middle classes’, which has often postulated a preference of the developing world’s growing middle income groups for market-friendly economic reforms, good governance and progressive cultural policies.

Despite these claims, the distance between modernization theory and the reality in many developing countries today clearly remains quite large. In particular the circumstances of populous ‘vulnerable’ groups on incomes between PPP$2-10 are still far removed from those of bourgeois middle classes in the historical development of today’s advanced economies, who usually enjoyed considerable control over means of production, commerce and finance. Gaps between theory and local reality also emerge from recent analysis of political outcomes and attitudes in countries undergoing rapid lower middle income growth. Cross-country analysis by Loayza et al. - to our knowledge the only study that makes direct use of newly available data on poverty trends and lower middle income growth to test for signs of an emerging ‘progressive middle class consensus’ - only find significant improvements in outcomes like health and education spending, trade and economic policy, and governance quality, when growth was concentrated on incomes above PPP$ 10. By contrast, expansion of populations with incomes between PPP$ 2.5 and 10 was not associated with positive effects when compared to countries where growth was concentrated among poor populations with incomes below PPP$ 2.5. Signs of meaningful transformations in political attitudes at lower income levels similarly do not emerge in earlier cross country analysis of value and perception surveys. While this literature does not reject the possibility that poor and economically vulnerable groups can be fervent defenders of democracy,
systematic shifts towards more ‘progressive’ value systems are typically only observed at average income levels above those of countries that saw particularly fast rates of recent lower middle income growth over the past decades.  

Within-country analysis of political attitudes by income group illustrates how economic insecurity may undermine the emergence of politically progressive preferences among lower middle income groups. Lopez-Calva et al. find for several Latin American countries that respondents with estimated incomes between PPP$ 4-10 were more likely than both the poor and affluent groups to express a preference for populist and authoritarian forms of government that often dominate politics in the region. Another worrying result of this study is that, although respondents in the vulnerable income range report more positive perceptions of economic opportunity than the poor, they did not express more trust in the political institutions of their countries (higher levels of trust only emerged among more affluent households). A recent study of middle class attitudes in Kenya also documents that support for democratic institutions was generally lower among households who still frequently faced challenges to satisfy their basic needs. Resnick finds for Zambia that lower levels of trust even persisted among households on comparatively ‘secure’ incomes of up to PPP$ 20.

Despite this emerging evidence a legitimate question remains whether the income-based definitions that dominate in the literature are sufficiently grounded in social contexts and interactions to capture the emergence of ‘class-like’ identities and preferences. Amoranto et al. and the aforementioned study by Lopez-Calva et al. find that, while responses to questions on composite indices relating to trust, perceptions of opportunity, legitimization of political violence, left-right partisanship, and economic policy generally change monotonically with self-reported status and income, there are typically no distinct jumps in the data that would point to the emergence of discrete class-specific identities. Both
contributions also find that self-reported political attitudes generally differ more between countries than across income groups within the same society. Studies of perception surveys that focus on alternative dimensions of social identification, such as education, job characteristics, ethnicity, religion, and urban-rural status, also often find larger differences in political attitudes between these categories than along income ranks. This is consistent with parallel research, which has often struggled to find robust links between personal incomes and political preferences in countries with lower levels of economic development and high inequality— in other words the universe of countries that account for most of the world’s recent lower middle income growth.

In our reading a fruitful direction for future research is a more thorough integration of income-based measures with other locally ‘salient’ markers of social identity. For instance, case studies of recent conflicts in Thailand suggest that violent clashes between the conservative ‘upper middle class’ ‘Yellow Shirts’ and the pro-Taksin government ‘Red Shirts’ movements were reinforced by the successful blending of urban lower middle class and ‘rural poor’ identities in the case of the ‘Red Shirts’ movement. Comparable claims have been made in media and blog commentary on violent clashes in Turkey and Egypt, which are often presented as conflicts between upwardly mobile but culturally more conservative rural middle income groups and more progressive urban middle classes. The rich literature on public action and ethnic patronage in Africa similarly suggests that, although class-based interests at times crowd out ethnic affiliations, ethnic identity remains a factor in the background that can easily shape political organization along class lines. Like our recommendation, this literature increasingly starts to marry economic and ethnic categories in the analysis of ethnic conflict and public goods provision.
Despite their obvious limitations, income-based measures provide a potentially more useful link to literature on distributional conflicts and political outcomes in developing countries. Easterly, in his aforementioned study of middle class development has suggested that a higher share of income accruing to populations in the middle of the income distribution can contribute to improved economic and political outcomes, by reducing levels of inequality and polarization.\textsuperscript{61} Easterly’s argument does not presume the emergence of discrete class identities or progressive middle class behaviors, but focuses instead on increased social cohesion and reduced polarization as middle incomes grow. Class-specific identities and behaviors are also not needed in recently influential political economy models that relate democratic transitions to declining levels of inequality and demands for redistribution.\textsuperscript{62} Drawing on the individualistic calculus of the Median Voter Model,\textsuperscript{63} these theories predict that falling poverty numbers and middle income growth would result in a shift in the distribution of individual political preferences to the right, away from calls for radical redistribution. This in turn would increase the likelihood of democratization, by reducing elites’ fear that political power sharing will be followed by an expropriation of their assets in favor of the poor.

The primary problem with these models for the social and economic transformations discussed here again arises from the relatively low living standards of many middle income groups in developing countries. Earlier research on the link between poverty reduction and regime change in developing regions suggest that demands for redistribution in countries that experience rapid growth in the presence of persistent extreme deprivations will often increase, if populations demand more social spending, to eradicate remaining pockets of poverty.\textsuperscript{64} Calls for redistribution may also increase if upwardly mobile, but economically vulnerable, groups demand higher social spending, to protect them from the uncertainties of
rapid economic and social change. Signs of this effect are documented by Wietzke,\textsuperscript{65} who finds that support for government redistribution grew more rapidly in societies that experienced faster rates of growth among groups on incomes closer to the PPP$ 2 poverty line. The same study documents much lower levels of redistribution support in countries that experienced growth in the ‘secure’ income range above PPP$ 10, hinting at potentially deep differences in social policy preferences between vulnerable groups and more affluent middle classes (see below). Previous research by Cramer and Kaufman,\textsuperscript{66} who rank respondents on the basis of household assets, finds that, even though redistribution preferences of poorer and middle-income groups are not well explained by relative wellbeing or inequality, these groups’ satisfaction with distributional outcomes was significantly reduced in times of rapid economic growth. While the authors speculate that feelings of relative deprivation explain this result, experiences of social risk and volatility during periods of rapid economic transformation may also clearly play a role.

Going forward, we believe considerable progress can be made by assessing the potential for distributional conflict within wider regime and social policy contexts, similar to analytical approaches adopted by earlier comparative welfare state and regime transition literature.\textsuperscript{67} Recent analysis suggests that major emerging powers with large lower middle income groups like China, India, and Indonesia have already surpassed the income levels of today’s advanced economies when the latter introduced social assistance and health programs for their lower income populations. However, today’s emerging economies spend much less on average on social protection programs than today’s developed countries at the time.\textsuperscript{68} Tensions involving lower and middle income groups are also likely to be exacerbated by the ‘truncated’ and fragmented fiscal and social policy systems of many developing countries. Multiple case studies indicate that social policy systems in regions like Latin America or Asia are divided between social insurance systems that disproportionately benefit more affluent
formal sector workers and social assistance and cash transfers whose targeting criteria exclude households above national poverty lines.\textsuperscript{69}

The extent of future distributional conflict is likely to depend crucially on how existing political regime and social policy contexts shape the ability of upwardly mobile groups to organize and build political coalitions. For instance, recent comparative analysis of welfare state reform processes suggests that vulnerable groups were often more vocal and better able to form political alliances in support of social protection and poverty alleviation programs in regions like Eastern Europe and Latin America, where the combination of prior democratic reforms and the legacy of historically more developed welfare states and manufacturing sectors have created favorable political conditions for more expansive and inclusive social policies.\textsuperscript{70} Lower middle income growth is also likely to have important implications for other closely related fields of research, such as on the use of social programs for government patronage and clientelism. In particular, it is probable that continued middle income growth will affect the incidence and manifestation of government patronage, if improving living standards raise the economic and political costs of pay outs and pork-barrel politics.\textsuperscript{71}

Another, closely related area for future research concerns possible coalitions between upwardly mobile lower income groups and more established affluent middle classes. Coalitions involving affluent middle classes are often seen as an important precondition for successful political mobilization processes. This claim has been made, for example, for the recent political uprisings in the Middle East,\textsuperscript{72} as well as for recent protests over social inequality and corruption in Latin America, which have been variably described as joint movements by vulnerable and affluent middle classes.\textsuperscript{73}

However, the literature is generally divided whether middle classes will always support demands of lower income groups.\textsuperscript{74} For instance, Birdsall\textsuperscript{75} notes that in most low
and lower middle income countries, where people on higher middle incomes still account for small shares of the population, affluent middle classes are often more easily co-opted by political authorities, such as through employment in the public sector or in state-owned companies. The failure to arrive at more coherent social policy reforms and increased tax-based social spending in many developing countries similarly has been attributed to the difficulty of achieving political buy-in from more affluent middle classes, who often opt for higher quality private services and do not directly benefit from newly established means-tested social assistance programs targeted at poorer income groups.76

Assessments of the likelihood of coalitions with affluent middle classes can be enriched by taking into account lessons from the literature on relative inequality and social mobility.77 For instance, Hirschman’s78 well-known ‘Tunnel effect’ hypothesis suggests that rapid economic growth can reduce distributional class conflicts, by creating shared prospects for upward mobility. But these mitigating effects can wear off if some groups begin to experience real or perceived threats of falling behind. This is particularly probable for ‘more established’ affluent middle classes, for whom the possibility of relative status decline is more realistic in times of wide-spread upward economic mobility.

Evidence from value and perception surveys again provides support for such divides. Research by Graham and Pettinato79 for Latin America finds that, even at the comparatively modest average incomes in the region in the 1990s, attitudes of affluent middle classes were often driven by fears of status decline and relative deprivation. While absolute income levels matter more for the subjective wellbeing of lower-income groups, relative differences became much more important for those in more comfortable economic circumstances. The authors also identify a large group of ‘frustrated achievers’ in Peru, who, despite experiencing significant improvements in their incomes, remained unsatisfied with their relative status in society. They speculate that this has to do with comparisons with groups higher in the income
ladder, similar to sentiments often documented among ‘squeezed middle classes’ in advanced economies.\textsuperscript{80} In a similar vein, Ravallion and Lokshin\textsuperscript{81} report for Russia that non-poor households who feared a fall in their incomes supported stronger redistribution. Both of these studies use panel data and are therefore able to account for individual mobility trajectories. These results are consistent with the often-documented finding for developed economies that money increasingly loses ground to relative welfare comparisons and other more qualitative aspects of people’s circumstances in the subjective wellbeing evaluations of more affluent groups.\textsuperscript{82}

\textit{Changing consumer behaviors}

A third channel that we believe deserves more attention involves the effect of income growth and increased asset accumulation on the political behaviors of lower middle classes. Microeconomic theory suggest that even modest improvements in lower middle incomes observed in large parts of the developing world can have significant impacts on household discretionary spending and consumption.\textsuperscript{83} Support for this is available for a range of geographic regions. Birdsall et al.\textsuperscript{84} show for Latin America that, whereas poor households allocate an estimated 70–90\% of their expenditure to food and other basic necessities, those in the PPP$ 4-10 range spend only 24–36\% of their income on basic needs, the rest going to ‘middle class’ consumer goods like electronic appliances. Tschirley et al.\textsuperscript{85} find gradually increasing shares of consumption of processed food among African households on incomes between PPP$ 2-20. Banerjee and Duflo and Thurlow et al.\textsuperscript{86} identify larger dwelling structures and better access to water, sanitation and electricity in the vulnerable income range, especially on incomes closer to the PPP$ 10 threshold. Increased use of electricity also goes along with a higher likelihood of television ownership and other media use, attributes
which have been linked to recent changes in behaviors and political aspirations among lower middle class citizens.\textsuperscript{87}

Middle income growth, in interaction with wider demographic transformations, also often leads to changes in household investments in education and other non-material assets in ways that resemble the ‘delayed gratification’ behaviors typically attributed to more affluent middle classes. Micro-level studies have found that, relative to poorer households, adult women in the vulnerable and ‘secure’ income range tend to have fewer children.\textsuperscript{88} The combination of rising absolute incomes and fewer children often implies a net improvement in per capita education spending, even when the relative share of household expenditures devoted to education remains stable. Households’ access to health services and insurance, also typically increases in the vulnerable and ‘secure’ income ranges. Many of these services, however, are contracted from private providers, suggesting that also lower income households are willing to opt out of public services when the latter are perceived to be of insufficient quality.\textsuperscript{89}

While previous literature has often focused on the effects of increased household consumption on economic growth and private sector development,\textsuperscript{90} it is entirely conceivable that the emerging accumulation of physical and human assets will also influence social and political outcomes through other channels. It can be expected, for example, that growing educational investments among lower middle income individuals should turn into a major driver of reform, once today’s lower middle income children become workers and voters. Moreover, even in the short term, wide-spread increases in household spending on basic utilities and social services should have cumulative effects on aggregate social development outcomes. Support for this argument is provided by Cobham and Sumner,\textsuperscript{91} who show that rising incomes of the poorest income groups –defined in relative terms- are associated with improvements in non-monetary indicators like clean water supply and lower child mortality.\textsuperscript{92}
In our view, another important potential consequence of increased asset accumulation is a change in public attitudes about the importance of personal economic and property rights. An insightful model by Ansell and Samuels\textsuperscript{93} suggests that accumulation of income and wealth by upwardly mobile, yet politically disenfranchised, groups can result in demands for political reforms, if these groups fear expropriation of their assets by ruling elites. The model is presented explicitly as an alternative to redistributivist theories of regime change mentioned above, with stronger roots in contractarian thought and reduced emphasis on people’s concerns about income inequality. As a consequence, its premises can hold, even when lower middle income growth does not translate into the predicted reduction in distributional conflicts.

Although the model was not written for today’s developing countries, we see some support for its premises in the recent rise in anti-corruption protests in emerging economies. Many case studies have pinpointed grievances about government corruption—real or perceived— as major causes of political mobilization among lower income groups in regions as diverse as Latin America, Asia, or Africa.\textsuperscript{94} Concerns about government and public sector accountability have also been identified as drivers of recent upheavals in the Arab world. For example, Birdsall\textsuperscript{95} suggests that Mohamed Bouazizi, the street vendor whose self-immolation triggered the uprising in Tunisia, was a member of the upwardly mobile but vulnerable ‘lower middle class’. According to eye-witness accounts Bouazizi’s protest was directly motivated by anger about what he perceived to be routine harassment and obstruction of his modest business interests by local authorities. Concerns about limited economic opportunity and little accountable political elites also dominate in other accounts of lower and middle class behavior during the uprisings in the Arab world.\textsuperscript{96}

It is important to note however, that none of these developments necessarily offset more fundamental obstacles to democratic and social policy reforms discussed elsewhere in
this article. The previously cited evidence from perception surveys and the long history of authoritarian ‘strong men’ in lower middle income countries amply illustrate that economically vulnerable populations are often willing to forgo more fundamental political liberties to support regimes that promise to root out petty corruption through a more authoritarian style of government. Anti-corruption demonstrations of lower income groups in other contexts also often stopped short of demands for more fundamental democratic change. For example in China, many recent anti-corruption protests were primarily directed against local government officials, but they have not been linked to questions about the legitimacy of communist one-party rule.

For future research this points to possible analytical frameworks that compare consequences of lower middle income growth across multiple dependent variables, ranging from measures of democratic transition and regime breakdown to ‘lower level’ outcomes, such as government control of corruption or procedural measures of democracy and law enforcement. In most cases, we would expect much more immediate effects of lower middle income growth on measures of government quality and corruption than on more fundamental indicators of regime type and transition.

**Conclusion**

There can be little doubt that recent changes in the income distribution of low and middle income countries will continue to shape social and political realities in the developing world for years to come. We have argued for a stronger integration of emerging evidence about these transformations into the comparative analysis of democratization and social policy reform processes. Based on our review, we expect that improved cross-fertilization across currently distinct literatures on middle income growth and political transitions would result in much more nuanced understanding of social and political transformations currently under
way in developing countries. We also concur with others before us that important progress can be made by combining economic analysis of changing poverty trends and distributional outcomes with comparative perspectives on pre-existing social conflict lines and relevant regime and institutional contexts.

Despite these potentials, we stress again the need for continued investments in data quality about the ‘new middle classes’. As noted earlier in this paper, an important shortcoming of much of the available literature is the limitation to relatively aggregated cross-sectional information, which constraints researchers’ ability to make causal inferences about the social and political consequences of lower middle income growth. Although a response to this problem may require non-trivial upfront investments (such as by augmenting household expenditure panel surveys with modules on political attitudes and behaviors or by conducting new longitudinal case studies and surveys), such efforts would be highly worthwhile. A more robust understanding of the behaviors and motivations of upwardly mobile populations has potentially vast benefits for the design of economic and social policies in today’s emerging economies. It should not be undermined by data limitations and analytical blind spots that have relatively simple technical fixes.

Endnotes

1 All incomes in this article are reported as daily per capita incomes. A new global poverty line of PPP $1.90 and new 2011 PPP conversion factors were introduced in 2015/2016 and lead to even larger estimates in the size of the ‘new middle classes’ (Edward and Sumner, 2015). We use 2005 PPP conversion factors to be consistent with literature that was published before this date.

2 Kochhar 2015.


Estimates typically build on the World Bank’s online tool for poverty and distributional analysis, PovcalNet (http://iresearch.worldbank.org/PovcalNet/index.htm) or the Luxemburg Income Study. Many of these data sets also provide the basis for official poverty and income statistics at national and international levels.


44 Moore 1966.

45 Loyaza et al. 2012, Wiemann 2015, see also Birdsall 2015.

46 The study uses the Arellano and Bond estimator for panel data to demonstrate causal effects.

The authors predict household incomes on the basis of observed household assets and occupational variables.

Cheeseman 2015.

Resnick 2015b.


Burbidge 2014, Cheeseman 2015.

Baldwin and Huber 2010, Stewart et al. 2008.


Meltzer and Richard 1981.

Reenock et al. 2007, Dion and Birchfield 2010.

Wietzke 2015.


Desai 2015.

Rudra 2002, de Ferranti et al. 2004, Lindert et al. 2006, Cook and Kwon 2007, Haggard and Kaufman 2008, Díaz-Cayeros and Magaloni 2009, Huber 2009. Birdsall et al. (2013) find that vulnerable groups in Latin America on incomes from PPP54–10 are net payers into the fiscal system, once indirect taxes are taken into account. Many of these groups also do not benefit from means-tested cash transfer systems.


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Note that cumulative effects of increased household spending can occur even without significant changes in government social spending.

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34


Figure 1: Population share living between $2.50 and $10 per capita
(By region, in 2005 PPPs)

Figure 2: Population share living between $2.50 and $10 per capita
(By country income group, in 2005 PPPs)