Fanā and Baqa
Kazuyo Murata (King’s College London)

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Introduction
Fanā’ and baqā’, or “annihilation” and “subsistence,” respectively, are two technical terms in Sufism that describe two contrasting states of the human being on the path to God. A key Quranic reference is Everything upon the earth is undergoing annihilation, but there subsists the face of your Lord, Possessor of Majesty and Generous Giving (Q 55:26-27). Some Sufis categorize fanā’ and baqā’ as “states” (āhwāl) of the human being, while others call them “stations” (maqāmāt), “waystations” (manāzil), “fields” (maydān), and so on, all of which are hierarchically ordered to indicate progressive stages of the spiritual journey. In most schematization, fanā’ is followed by baqā’, with the latter constituting a more advanced stage than the former. While Sufis over the centuries have developed slightly different formulations of these two terms, a basic sense of fanā’ is the annihilation of the human selfhood in the sheer presence of God, which is followed by baqā’, where the human selfhood returns and subsists. The selfhood at the stage of baqā’ is understood to be different from the selfhood before it was annihilated. As fanā’ and baqā’ constitute a pair of opposite states of the human being, they are closely related to other pairs of opposite states, such as intoxication (sukr) and sobriety (ṣāhw), expansion (basī) and contraction (qabḍ), and gathering (jam’) and separation (tafriqa). By discussing fanā’ and baqā’ together, Sufis made the point that the journey to God does not end in the annihilation of the self-awareness. Rather, the highest stage is where the human being is able to retain self-awareness while being fully aware of divine presence at the same time. One may say that the stage of subsistence after annihilation is roughly analogous to the state of the philosopher in Plato’s allegory of the cave when he returns to the cave after having seen the world of Forms above ground. The stage of subsistence after annihilation is where human beings can live an earthly life in full harmony with God’s will while retaining individual awareness and sobriety that enable them to speak to and guide others. Sufis regard this to be the state of the prophet Muhammad and the state to aspire to through the spiritual discipline of the Sufi path.

Reference Works
These encyclopedia entries in English provide useful background for understanding fanā’ and baqā’.
Those who are new to the subject are recommended to begin with Böwering 1988 and Mojaddedi 2011, followed by Gardet and Rahman, with supplementary use of Carra de Vaux 1927. Lajevardi and Waley 2013 focuses on Bāyazīd and discusses his understanding of fanā’.

The most extensive reference work on the two terms including a substantial bibliography. Available *online* [http://www.iranicaonline.org/articles/baqa-wa-fana-sufi-term-signifying-subsistence-and-passing-away]*.


The oldest Brill reference for the term fanā’. Concise and may be more useful for understanding the history of Western scholarship on fanā’ than the concept itself. Available *online* [http://dx.doi.org/10.1163/2214-871X_ei1_SIM_2270]* by subscription.


Provides necessary background for understanding fanā’ and baqā’ by putting them in the context of the discussion of the states (aḥwāl) of the human being. Available *online* [http://dx.doi.org/10.1163/1573-3912_islam_COM_0254]* by subscription.


See the section on “The Nature and Description of Fanā’ (annihilation),” which explains Bāyazīd’s conception of fanā’. Available *online* [http://dx.doi.org/10.1163/1875-9831_isla_COM_000000105]* by subscription.


The latest and after Bowering 1988 the most extensive reference work on fanā’ and baqā’ published by Brill. Available *online* [http://dx.doi.org/10.1163/1573-3912_ei3_SIM_0329]* by subscription.


A compact but useful reference work on the two terms. Available *online* [http://dx.doi.org/10.1163/1573-3912_islam_SIM_1083]* by subscription.

**General Overviews**

Aside from reference works, there are few dedicated studies on fanā’ and baqā’ as such. Most publications focus on individual thinkers’ interpretation of the two terms, which can be found under “Studies”. Wilcox 2011 provides an overview of early Sufi discourse on fanā’ and baqā’.


An overview of the classical Sufi discourse on the two terms.

**Primary Sources**

Early sources that touch on fanā’ and baqā’ tend to belong to a genre of Sufi literature enumerating the stations (maqāmāt) and states (aḥwāl) of the human being on the path to God or to Sufi lexicons. In the genre of stations literature are al-Anšārī 2010, al-Anšārī 2011, Baqlī 1974. Lexicons include Hujwīrī 1911,
Ibn 'Ajbā' 2011, al-Qushayrī 2007, and al-Sarrāj 1914. Abdel-Kader 1962 contains a translation of The Book of Annihilation ascribed to Junayd. Al-Kalabādhī 1935 catalogues and analyzes various Sufi doctrines, one of which is on fanā’. For later critique of Sufi notions of fanā’ and baqā’, see Ansari 1986, which includes Sirhindī’s view on fanā’ and baqā’.


Includes a translation of The Book of Annihilation (Kitāb al-fanā’), a short treatise of eight pages in which Junayd explains the concept with reference to the Day of the Covenant (Q 7:172). For a newer English translation, see Sells 1996 cited under *Anthologies*


An English translation of al-Anṣārī’s Persian work that predates Manāzil al-sā’īrin that he composed in Arabic. See chapters 99 on fanā’ and 100 on baqā’ out of the hundred “fields” or “battlefields” (maydān) presented in this work. The ordering of the hundred stages differs from Manāzil al-sā’īrin.


A parallel English-Arabic text of Manāzil al-sā’īrin, which was composed in Arabic after Sad maydān (in Persian). See chapters 92 on annihilation and 93 on subsistence out of the hundred chapters laid out in this work. Each of the hundred chapters of the book presents a “door” (bāb) leading to God. For a study and translation of the text in French, see al-Anṣārī 1962 cited under *Studies on Individual Thinkers (Classical Period)*

Ansari, Muhammad Abdul Haq. Sufism and Sharī‘ah: A Study of Shaykh Ahmad Sirhindī’s Effort to Reform Sufism. Leicester: Islamic Foundation, 1986

A study and translation of Sirhindī’s Maktūbāt, or letters written in Persian, some of which contain substantial discussion of fanā’ and baqā’. For the original Persian text (selected letters) and an eighty-page English introduction containing a discussion of fanā’ and baqā’, see Sirhindī, Ahmad. 1968. Intikhāb-i maktūbāt-i Shaykh Ahmad Sirhindī. Edited by Fazlur Rahman. Karachi: Iqbal Academy.


Includes discussion of fanā’ in connection to the idea of poverty (faqr) and mentions of Sufi masters who have dealt with the idea.

The Arabic text and English translation of a text by Ibn ‘Ajība (d. 1809), a Darqāwī Sufi from Morocco. See chapter 54 on “effacement and subsistence.”


See chapter 59 on “passing-away and persistence,” which begins by stating “Passing-away is a state in which all passions pass away” (p. 120) and includes a substantial analysis of early Sufi views on *fanā‘* in contrast to one another.


A full English translation of al-Qushayrī’s famous treatise on Sufism, which includes a section on *fanā‘* and *baqā‘*.


A catalogue and explanation of various Sufi doctrines and technical terms, including *fanā‘*.

**Anthologies**

Anthologies of Sufi texts are bound to have multiple mentions of *fanā‘* and *baqā‘*. For classical Sufi texts, see Sells 1996.


An anthology of early Sufi texts in translation, including the works of Ja’far al-Ṣādiq, Tustarī, Qushayrī, Rābī’ā, Muhāsibī, Sarrāj, Bistamī, Junayd, Hallāj, and Niffarī, many of which contain references to *fanā‘* and *baqā‘*.

**Studies on Individual Thinkers (Classical Period)**

Numerous studies of Sufi texts exist that touch on the notions of *fanā‘* and *baqā‘*. Abdel-Kader 1962 focuses on Junayd; al-Anṣārī 1962 contains its editor’s analysis of the content of *Manāzil al-sā‘īrin*. Godlas 1985 translates parts of al-Anṣārī’s *Sad maydān* and al-Qushayrī’s *Risāla* that discuss *fanā‘*.


A critical edition, study, and translation of the text in French. For an English translation, see al-Anṣārī 2011 cited under *Primary Sources*. 
Studies on Individual Thinkers (Post-Classical Period)

In later periods of Sufism, one can witness less of cataloguing of earlier Sufi views on fanāʾ and baqāʾ, which was emblematic of classical Sufism, but more of Sufis further developing the two ideas with new nuances, some with critical stances to earlier views. Instances of new developments in understanding the two concepts can be found in Buehler 1998, Schimmel 1976, and Ghomi 1999. Nicholson 1966 covers a wide range of Sufis and their discussion of the two concepts. Ernst 1985 is useful for understanding the behavior of Sufis who enter the state of fanāʾ. Lewisohn 1999 focuses on ‘Ayn al-Quḍāt’s view on fanāʾ. Zargar 2017 has a chapter on ‘Aṭṭār’s understanding of fanāʾ. Chittick 1998 provides a translation of a chapter on fanāʾ and baqāʾ in Ibn al-ʿArabī’s al-Futūḥāt al-Makkiyya, which is also discussed in Morris 1988.


See for some discussion of Indian Naqshbandīs’ formulations of fanāʾ and baqāʾ in God, in the Messenger, and in the shaykh, which are discussed in Schimmel 1976 (pp. 69-71).


Includes a translation and discussion of Ibn al-ʿArabī’s chapter on fanāʾ and baqāʾ in al-Futūḥāt al-ʿAlawiyya (pp. 84-6)


A study on ecstatic sayings (ṣaḥīf), which are uttered in a state of intoxication and hence closely related to the experience of fanāʾ. Thinkers treated include Ṭūbšibān Ṣafālī, ‘Ayn al-Quḍāt, and al-Ḥallāj.


A study of a seventeenth-century Sufi from Isfahan in whose poetry the notion of fanāʾ figures prominently.

An investigation of fanāʾ in ‘Ayn al-Qudāt Hamadānī’s thought accompanied by a brief overview of classical Sufi discourse on the subject.


Contains a somewhat outdated account (in the introduction) of fanāʾ’ in connection to the Buddhist notion of nirvana, but also includes some useful explanation of various types of fanāʾ (pp. 59-62); a discussion of how al-Niffarī uses another term, waqfat, “signifying cessation from search” (p. 156), in place of fanāʾ; and Tilimsānī’s commentary on Niffarī including a discussion of fanāʾ and baqāʾ (p. 164).

Includes a study of a later Indian thinker, Khwāja Mīr Dard of Delhi (d.1785), who explained three types of fanāʾ: in the shaykh, in the Messenger, and in God.

See chapter 9 for ‘Aṭṭār’s view on fanāʾ.

Comparative Studies
Jabre 1956 is one of the oldest publications on the idea of fanāʾ and one of the few comparative studies on the subject in modern scholarship.

A comparison of al-Ghazālī’s formulation of the spiritual path leading to God and the Plotinian ascent to the One with a focus on the ideas of annihilation and ecstasy.

Music
Avery 2004 touches on fanāʾ as a state induced by the practice of samāʾ (audition).

Discusses fanāʾ in connection to the practice of samāʾ (audition) and the state of wajd (ecstasy).