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1 **Reviewing a decade of research into suicide and related behaviour using**
2 **the South London and Maudsley NHS Foundation Trust Clinical Record**
3 **Interactive Search (CRIS) system**
4

5 **André Bittar^{1*}, Sumithra Velupillai¹, Johnny Downs^{1,2}, Rosemary Sedgwick^{1,2}, Rina**
6 **Dutta^{1,2}**

7
8 ¹ Institute of Psychiatry, Psychology and Neuroscience, King's College London, London, UK
9 ² South London and Maudsley NHS Foundation Trust, London, UK
10

11 *** Correspondence:**
12 Corresponding Author
13 andre.bittar@kcl.ac.uk

14 **Keywords: Electronic Health Records; Natural Language Processing; Machine**
15 **Learning; Suicide, attempted; Suicide, completed; Self-Injurious Behavior**

16
17 **Abstract**
18

19 Suicide is a serious public health issue worldwide, yet current clinical methods for assessing
20 a person's risk of taking their own life remain unreliable and new methods for assessing
21 suicide risk are being explored. The widespread adoption of electronic health records (EHRs)
22 has opened up new possibilities for epidemiological studies of suicide and related behaviour
23 amongst those receiving healthcare. These types of records capture valuable information
24 entered by healthcare practitioners at the point of care. However, much recent work has relied
25 heavily on the structured data of EHRs, whilst much of the important information about a
26 patient's care pathway is recorded in the unstructured text of clinical notes.
27

28 Accessing and structuring text data for use in clinical research, and particularly for suicide
29 and self-harm research, is a significant challenge that is increasingly being addressed using
30 methods from the fields of natural language processing (NLP) and machine learning (ML). In
31 this review, we provide an overview of the range of suicide-related studies that have been
32 carried out using the Clinical Records Interactive Search (CRIS): a database for
33 epidemiological and clinical research that contains de-identified EHRs from the South
34 London and Maudsley NHS Foundation Trust. We highlight the variety of clinical research
35 questions, cohorts and techniques that have been explored for suicide and related behaviour
36 research using CRIS, including the development of NLP and ML approaches.
37

38 We demonstrate how EHR data provides comprehensive material to study prevalence of
39 suicide and self-harm in clinical populations. Structured data alone is insufficient and NLP
40 methods are needed to more accurately identify relevant information from EHR data. We also
41 show how the text in clinical notes provide signals for ML approaches to suicide risk
42 assessment. Further studies in generalisability and external validation of these NLP and ML
43 approaches are needed.
44

45 **1. Introduction**

46

47 **1.1 Suicidality research prior to CRIS**

48

49 Prior to the introduction of electronic health records (EHRs), the study of suicidality in
50 Camberwell, the southeast London catchment area served by King’s College Hospital, was
51 undertaken by paper case note review, for example of all referrals to a self-harm team over a
52 6 month period (Neeleman et al., 1996). Data was painstakingly extracted and checked from
53 each consecutive referral to ensure they fitted written criteria and in the Neeleman et al.
54 (1996) study a single research question about ethnic differences was posed.

55

56 Later, when Dutta et al. (2010) were trying to determine the epidemiology of completed
57 suicides in a clinically representative cohort of patients experiencing their first episode of
58 psychosis over a 40-year inception period, it was imperative that diagnostic consistency was
59 stringent. They achieved this by amalgamating the Camberwell Cumulative Psychiatric Case
60 Register for the period between January 1, 1965, and December 31, 1983 (Castle et al.,
61 1991), and then for the period between January 1, 1984, and December 31, 2004, using the
62 basic hospital computer records held at the time with structured fields, to generate a list of all
63 patients admitted with any possible psychotic illness (according to ICD-9 and ICD-10 codes).
64 They then used the information gleaned from reading through the paper case records of all
65 these patients, including medical, nursing, social work, and occupational therapy notes,
66 together with all correspondence relating to the year after each patient’s first presentation to
67 complete the Operational Checklist for Psychotic Disorders (OPCRIT) (McGuffin et al.,
68 1991). This is a well-validated symptom checklist which enabled operational research
69 diagnostic criteria (RDC) (Spitzer et al., 1978) computer diagnoses to be made using the
70 OPRCIT program.

71

72 This methodology meant inclusion in the cohort was clearly and consistently defined, and the
73 outcome of deaths by suicide and open verdicts up until March 31, 2007 according to the
74 International Classification of Diseases (ICD) was identified by a direct case-tracing
75 procedure with the Office for National Statistics (ONS) for England and Wales and the
76 General Register Office (GRO) for Scotland. OPCRIT+ (a redesigned version of OPCRIT for
77 use in clinical settings with an expanded number of objectively rated items) facilitated access
78 to structured symptom information entered by clinicians to generate diagnoses including
79 ‘suicidal ideation’ but not self-harm (Rucker et al., 2011), limiting its application for the
80 study of self-harm and suicidal behaviour.

81

82

83 **1.2 Why EHRs and CRIS?**

84

85 The widespread adoption of EHRs has meant that large-scale clinical data are now available
86 for clinical research, although researchers have to contend with the large volume, complexity
87 and heterogeneity of these ‘big data’ resources. Typical EHR systems store patient data in
88 both structured fields and as unstructured text (as well as other media types, such as medical
89 images). Structured data fields, such as drop-down menus, forms and checkboxes, tend to be
90 made available to clinical practitioners as a means to directly encode patient diagnoses,
91 assessment results, etc. in a predetermined format. Unstructured text entry allows for more
92 nuanced documentation, providing context to assessments, patient status, and other
93 information pertinent to the clinical interaction. The availability of these electronic health
94 data has greatly facilitated mental health research. Investigators can now use EHRs to gather

95 data about clinical populations, identify participants for clinical trials, carry out retrospective
96 case-control studies, develop and trial predictive models and guide the implementation of
97 evidence-based practices (Casey et al., 2016; Castillo et al., 2015).
98

99 In 2008, the South London and Maudsley National Health Service (NHS) Foundation Trust
100 Biomedical Research Centre (SLaM BRC) developed the Clinical Record Interactive Search
101 (CRIS) application. CRIS is a repository of anonymised, structured and free-text data derived
102 from the electronic health record system used by SLaM [See Perera et al. (2016) for further
103 details]. CRIS provides unprecedented information on mental disorders and outcomes in
104 routine clinical care at scale, particularly through enhancements from the use of natural
105 language processing (NLP) to extract previously inaccessible information, ranging from
106 patients' cognitive function, smoking status and education, to antipsychotic medication
107 profiles and substance misuse (Jackson et al., 2017), as well as linkages to external data
108 sources such as national mortality data from the ONS (Hayes et al., 2014), education data
109 (National Pupil Database) (J. Downs et al., 2019), and Hospital Episode Statistics (HES)
110 (Chang et al., 2017). CRIS has also allowed smaller-scale linkages, such as SHIELD, a
111 service improvement project investigating self-harm at the emergency departments of two
112 major London hospitals (Polling et al., 2015).
113

114 The availability of this type of large-scale data heralds the prospect of using statistical and
115 data science approaches to analyse larger cohorts and better understand how these behaviours
116 manifest in healthcare settings (Velupillai, Hadlaczky, et al., 2019). However, using these
117 data also presents major challenges, as much of the key clinical information, including
118 suicidal behaviour, is recorded as unstructured clinical case notes and correspondence
119 (Anderson et al., 2015; Haerian et al., 2012; Metzger et al., 2017).
120

121 Over the last 10 years, researchers have used CRIS to conduct a number of epidemiological
122 studies to examine suicidal behaviours across a range of mental health conditions (e.g.
123 autism, psychotic disorders), and demographic groups (e.g. adults, children and adolescents,
124 pregnant women). Methodologies have evolved, improving the accuracy of identifying
125 suicidality-related constructs and predictive models of suicide risk. In the following sections,
126 we review the evidence generated from CRIS on suicidal behaviours, the NLP methods used,
127 and the value of the resulting cohorts and datasets created.
128

129 **2. Identification / prevalence estimates of suicidality in clinical populations** 130

131 Suicide-related behaviour is the manifestation of a complex set of phenomena that depend on
132 many contextual factors which can change quickly from one day to another. Completed
133 suicide remains relatively rare, meaning that tools to assess suicide risk must have a high
134 predictive validity to be of use in a clinical setting (Carter et al., 2017). Accurate
135 identification of suicide-related behaviour is, therefore, both highly challenging and of prime
136 importance in determining prevalence of suicidal behaviour in clinical populations and for the
137 development of risk models. While the earliest studies on suicide and related behaviour in
138 CRIS relied on structured fields and mortality data linkages to identify cohorts, increasing
139 efforts have focussed on using NLP to identify suicidality-related concepts in the high
140 volume of unstructured clinical text held in the database. The task of automatically
141 identifying mentions of suicidal behaviour in clinical notes is complicated by the necessity to
142 distinguish actual events relating to the patient from negated mentions, behaviour reported as
143 family history, or those that are recorded with a degree of uncertainty (Velupillai et al.,
144 2018). Furthermore, given the inherent variation across clinical populations, which is

145 reflected in the language used in clinical reporting, NLP tools developed for one population
146 may not be reliably transferable to another without adaptation. NLP systems used to identify
147 suicide-related constructs in clinical notes must, therefore, be developed for and validated
148 within each target population.

149
150 A wide range of known risk and contributory factors are associated with suicide, with
151 symptoms of mental illness being recognisable in more than 85% of people who die by
152 suicide, according to psychological autopsy interviews with family, friends and medical
153 professionals (Arsenault-Lapierre et al., 2004; Cavanagh et al., 2003). Over the last ten years,
154 research using CRIS has been conducted to examine the associations of self-harm, suicidality
155 and death by suicide with mental health conditions and a broad range of situational factors,
156 from homelessness to drug misuse to poor continuity of service (Tulloch et al., 2012;
157 Bogdanowicz et al., 2016; Lopez-Morinigo et al., 2014). As we describe in our summary
158 below, initial studies on suicide and related behaviour in CRIS used structured fields held
159 within standard assessment forms or diagnostic codes. Progressively, researchers began to
160 make use of CRIS's free-text fields and search functionalities, while more recently, NLP
161 techniques have been employed to extract and structure suicide-related information from
162 within the case notes. The principal characteristics of the clinical cohorts mentioned in this
163 review are summarised in [Table 1](#).

Deleted: Table 1

165 **2.1 Using structured data**

166

167 **2.1.1 Suicidality outcome data**

168

169 The Health of the Nation Outcome Scales (HoNOS) were introduced in 1996, to measure the
170 health and social functioning of people with mental illness. Within SLAM, as with most UK
171 mental health trusts, clinicians are expected to complete HoNOS for all patients receiving
172 care. The non-accidental self-injury item on the HoNOS score has been shown to be the only
173 individual item associated with higher mental health service costs (Twomey et al., 2016). It
174 has been used in a number of studies in CRIS to assess both the direct and indirect impact of
175 self-harm. The individual non-accidental self-injury HoNOS item has been included as a
176 covariate in a number of analyses of adverse outcomes within CRIS. These include
177 homelessness and length of hospital stay for psychiatric inpatients (Tulloch et al., 2012),
178 functional status and mortality in serious mental illness (Hayes et al., 2012), facilitated
179 discharge and bed days (A. D. Tulloch et al., 2015), and the effects of clozapine on premature
180 mortality (Hayes et al., 2014). When assessing self-harm as a potential risk factor for
181 mortality among patients with personality disorder, the HoNOS item was again used in
182 isolation as a marker of self-harm risk (Fok et al., 2014). Despite the provision of optional
183 structured questionnaires on CRIS, such as the Patient Health Questionnaire-9 (PHQ-9)
184 (whose final item enquires about thoughts of self-harm and suicide) and the Beck Scale for
185 Suicide Ideation (BSS), very few are completed in general clinical work where free-text input
186 is favoured by clinicians, making them of limited value for studies of real-world clinical
187 cohorts. Conversely local NHS Trust requirements to complete structured suicide risk
188 assessments for all patients means this data is better recorded and has been studied.

189

190 **2.1.2 Suicide risk assessment data**

191

192 Structured suicide and violence risk assessments in mental health services has been shown to
193 have low predictive accuracy for all-cause mortality (Lopez-Morinigo et al., 2016), however
194 these assessments have continued to be used in clinical practice. Lopez-Morinigo et al.

196 examined the use of risk assessment proforma for their investigation into suicide completion
197 in secondary mental health care. The risk proforma, which clinicians were expected to use at
198 that time according to local clinical policy, consisted of present/absent tick boxes for factors
199 including suicidal history, suicidal ideation and alcohol misuse. They found that patients with
200 a diagnosis other than schizophrenia spectrum disorder who had died by suicide, were much
201 less likely than patients with schizophrenia to either have had a full risk assessment or a
202 complete HoNOS even though they showed increased frequency and greater predictability in
203 key suicide risk assessment factors: suicidal ideation, hopelessness, impulsivity and
204 significant loss (Lopez-Morinigo et al., 2014). In their later study, they found structured risk
205 assessment relating to suicide in schizophrenia spectrum disorders to be of little use in
206 predicting completed suicide, with risk assessments fully completed in only 43.6% of patients
207 who had died by suicide (Lopez-Morinigo et al., 2016). Subsequent work revealed a limited
208 role for structured risk assessment, especially in its usefulness in revealing more nuanced
209 factors relevant to suicide risk such as ‘mental pain’ (Lopez-Morinigo et al., 2018). They
210 suggest that research should “switch the focus from long-term risk factors to short-term risk
211 algorithms, which are more relevant to the clinician”.

212

213 **2.1.3 Suicide mortality data**

214

215 Research into mortality, including death by suicide, has typically utilised ICD-10 diagnostic
216 codes (which must be completed as part of clinical) assessment, linked with outcome data
217 from the Office of National Statistics (Das-Munshi et al., 2017; Hayes et al., 2014). In a
218 retrospective cohort study, Roberts et al. (2016) used CRIS to investigate the mortality of
219 individuals in secondary and tertiary care who had been diagnosed with CFS. Although all-
220 cause mortality for people with CFS was not significantly different to that of the general
221 population, there was a significantly elevated risk of completed suicide. CRIS has also been
222 used to conduct a number of pharmaco-epidemiological studies, for example Hayes et al.
223 (2014) examined the risk or potential risk mitigation of psychopharmacological interventions
224 on death by suicide. Findings demonstrated treatment with the medication clozapine was
225 associated with a reduction in risk of death by unnatural causes, including suicide, as well as
226 natural causes.

227

228 **2.2 Using unstructured data**

229

230 **2.2.1 Free-text keywords to study self-harm presentations to emergency departments**

231

232 Polling et al. (2015) used external data linkages in combination with CRIS data (including
233 keywords recorded in free-text fields) to create a novel dataset for the study of self-harm,
234 which is strongly associated with mental health disorders and is the strongest single risk
235 factor for future suicide. In England, population-level assessment of self-harm is recorded in
236 the Hospital Episode Statistics (HES) database. However, many emergency department
237 attendances, namely those that do not lead to a hospital admission, still go unrecorded in
238 HES, and completion of the reason for presentation is low, thus limiting the value of this data
239 source for studies of self-harm presentations. Polling et al. addressed these shortcomings by
240 combining routinely collected data from electronic health records in CRIS and HES. They
241 validated their data against another dataset curated through manual review of emergency
242 department notes and audit forms, also compiling a list of self-harm search terms.

243

244 **2.2.2 Free-text keywords to study perinatal self-harm in women with psychiatric**
245 **disorders**

246
247 Using the self-harm-related terms identified by Polling et al. (2015), Taylor et al. (2016)
248 investigated the prevalence and risk factors of self-harm and suicide ideation in women with
249 psychotic disorders and bipolar disorder during pregnancy. They identified a cohort of 420
250 patients by performing a free-text search of CRIS records for both suicidal ideation and self-
251 harm. The perinatal period is generally associated with lower risk of both suicide and self-
252 harm in the general population, however, women diagnosed with severe postpartum
253 psychiatric disorders are up to 70 times more at risk of suicide. In Taylor et al.'s cohort,
254 24.3% of women had a report of suicidal ideation and 7.9% had a recorded self-harm event
255 during their index pregnancy.

256
257 **2.2.3 Free-text keywords to study self-harm and human trafficking**

258
259 In a further study using the free-text search capabilities of CRIS, Borschmann et al. (2017)
260 carried out an analysis of self-harm among victims of human trafficking. They identified
261 patients for their cohort by searching the CRIS free-text notes for terms indicating possible
262 trafficking (e.g. "victim of trafficking", "sex trafficking", "trafficked"). In the same way,
263 documents were screened for mentions of self-harm behaviour using a list of terms including
264 "self-harm", "DSH", "burn*" and "electrocute*". They found that 33% of all trafficked
265 patients had engaged in self-harm prior to care, while 25% did so during care. After self-
266 harming, trafficked patients were subsequently more likely to be admitted to a ward than
267 those who had not been victims of human trafficking. After self-harming, trafficked patients
268 were more likely than non-trafficked patients to be admitted as a psychiatric inpatient, but
269 less likely to attend an emergency department.

270
271 **2.3 Using Natural Language Processing (NLP)**

272
273 **2.3.1 Study of mortality in opioid use disorder patients using NLP to identify cohorts**

274
275 Using data from CRIS with an external linkage to ONS mortality data, Bogdanowicz et al.
276 (2016) investigated the effectiveness of addiction-specific clinical risk assessments for
277 identifying groups with high mortality in opioid use disorder (OUD). Patients with a
278 diagnosis of OUD were identified by ICD-10 code F11. ICD-10 diagnosis was supplemented
279 with structured output of one of the CRIS NLP tools that identifies diagnoses in unstructured
280 clinical notes. Overdose (both accidental and intentional) was the most common cause of
281 death and clinically assessed suicidality was found to be significantly associated with
282 increased overdose mortality.

283
284 **2.3.2 NLP to identify suicide-related behaviour**

285
286 Today, with the increasing body of research on suicide and related behaviour in CRIS, and a
287 diversity of clinical population groups under study, has come a need to develop more targeted
288 methods of accessing the suicide-related data within the unstructured clinical narratives. NLP
289 systems designed for this task need to identify the different types of suicide-related behaviour
290 (suicide attempt, suicidal ideation, self-harm, etc.) and account for the linguistic variation that
291 indicates whether a mention is attested, negated or uncertain, is relevant to the patient, or a
292 family member, and so on. These considerations have spurred on the recent development of
293 bespoke NLP tools. For example, Gkotsis et al. (2016) developed an NLP system specifically

294 designed to detect whether a suicide-related concept is negated or not. This system was
295 developed and evaluated on a random sample of clinical notes from CRIS. In a more recent
296 study, Fernandes et al. (2018) developed two NLP approaches to detect relevant mentions of
297 suicidal ideation and another to identify recorded suicide attempts.
298

299 **2.3.3 NLP features to identify key suicide risk periods**

300 Identifying periods during which a patient is at elevated risk of making a suicide attempt is
301 key to enabling timely intervention. However, information available to clinicians concerning
302 the rapidly changing dynamic factors leading up to a suicide attempt has been limited. Bittar
303 et al. (2019) explored whether it is possible to use EHRs to automatically predict suicide
304 attempts in a broad clinical population (across all age groups) using only data from a
305 relatively short period of 30 days leading up to an event. This work was based on the
306 hypothesis that periods prior to a suicide attempt are a time of acute crisis that is reflected,
307 explicitly or implicitly, in clinician records, making these periods distinguishable from
308 periods not preceding an attempted suicide. Combining all three features of (1) structured
309 data from EHRs, (2) structured values extracted by NLP software, and (3) vectorised bag-of-
310 words of all documents provided the best model to classify or distinguish between “document
311 windows” prior to a suicide attempt or not.
312

314 **2.3.4 NLP to study suicidal behaviour in children and adolescents**

315
316 The risk and conceptualisation of suicidal behaviour for children and adolescents can be
317 different to adults (Cha et al., 2018). Downs et al. (2017) conclude that the clinician notes on
318 suicidal risk in children and adolescents are different to an adult review. For example,
319 clinicians may have a greater reliance on third person report, where caregivers voice concerns
320 regarding the young person’s suicidality. It is also possible that suicidality is ‘discovered’
321 rather than being the presenting complaint, hence changing the emphasis and position of
322 suicide-related text/progress notes within the young person’s clinical record.
323

324 Adolescence is associated with a high risk of suicide and self-harm compared to most other
325 age groups, but few studies have examined the prevalence of suicidal behaviour in large
326 adolescent patient cohorts. Downs et al. (2017) first used CRIS to explore suicidality in
327 young people but focused on a population with autism spectrum disorders (ASD), who have
328 shown much greater risk of suicidal behaviours than neurotypically developing children. A
329 cohort of young people diagnosed with ASD were identified and NLP techniques were used
330 to identify suicidal behaviour from the clinical notes in CRIS. Their corresponding free-text
331 notes (progress reports, medical correspondence, risk assessments, etc.) were manually
332 annotated for mentions of suicidality by clinical researchers. A prevalence analysis of
333 suicidality in a sample of the data showed that only 3% of all documents mentioned suicide-
334 related information.
335

336 Using a subset of this cohort, Holden et al. (2020) used a historical cohort design and applied
337 NLP approaches to extract information on victimisation by bullying and suicidal behaviour.
338 They found those young people with ASD who were bullied were nearly twice as likely to
339 report later suicidal ideation. The dataset created by Downs et al. has also recently proven
340 useful to train machine learning models for use in suicide research. Song et al. (2020) used a
341 revised version of the data to develop a deep neural network classifier that identifies
342 sentences containing positive mentions of suicidality while taking into account the contextual
343 information in surrounding sentences. This type of approach provides an alternative to

344 modelling suicide-related information from text that better takes into account the narrative
345 discourse in the clinical documentation.

346

347 Velupillai, Epstein, et al. (2019) developed and validated a method for identifying suicidality
348 across a more heterogenous clinical population in EHRs using NLP, expanding the
349 population beyond ASD. They examined 1,601,422 documents from 23,455 young people
350 and developed a method to accurately identify suicidal behaviour information in a very broad
351 clinical population. The resulting dataset and NLP approaches used, provide a powerful
352 example of how NLP approaches can be used to rapidly examine the prevalence of suicidal
353 behaviour in very large adolescent clinical populations.

354

355 **2.3.5 NLP to study depression and suicidality in older adults**

356

357 Free-text mentions of depressive symptoms were used as outcome measures in the
358 assessment of later-life depression in people from ethnic minorities by Mansour et al. (2020).
359 This study used NLP tools designed to detect depressive symptoms recorded in unstructured
360 texts in CRIS, including the identification of mentions of suicidal ideation. These depressive
361 symptom NLP tools, developed to account for the presence of contextual markers such as
362 negation and irrelevant concepts, were also used by Cai et al. (2020) in their investigation
363 into predictors of mortality in people with late life depression.

364

365 **3. The Next Ten Years?**

366

367 Although EHR data are not created for research purposes, they provide a rich resource for
368 large-scale retrospective research, allowing identification of diverse and comprehensive
369 clinical study samples. One of the main challenges in suicide research is obtaining
370 sufficiently large study samples to study an outcome with a high enough base rate for
371 predictive modelling to have a meaningful positive predictive value. The low base rate of
372 completed suicide limits the predictive value of any model (whether established statistical
373 techniques or machine learning) (McHugh & Large, 2020), but related behaviours, such as
374 suicidal ideation, intention, planning and self-harm can be studied. Over the past 10 years,
375 CRIS has provided an unprecedented resource for studying suicide and related behaviour in a
376 UK clinical population to an extent that would not have been possible before the introduction
377 of EHRs.

378

379 Furthermore, EHRs reflect real-world clinical practice. This means that the context of how,
380 for example, structured risk assessment tools and other schedules, like HoNOS, are used in
381 daily clinical work needs to be well understood when including them as variables in clinical
382 research studies. Most of the relevant information is found in the free text, and appropriate
383 NLP solutions are key components for enabling risk modelling.

384

385 Looking to the future, validation of the various findings, including the developed NLP
386 applications, on other EHR systems and in other clinical catchment areas would provide
387 insights into the generalisability of these models to new clinical settings. CRIS has also been
388 implemented in other sites, such as the Camden & Islington Research Database (Werbeloff et
389 al., 2018). Comparisons of algorithms' performance in such datasets would further advance
390 this field and provide evidence about the broader generalisability of findings. Collaborative
391 efforts are currently being made to compare methodologies and NLP tools across healthcare
392 institutions not just within the UK, but also with collaborators in the USA.

393

394 Furthermore, advances in computational analysis of EHR data, e.g. machine learning in
395 combination with NLP, will continue to develop, and provide novel solutions to suicide
396 research (Walsh et al., 2017). With the existing CRIS subsets, clinical cohorts, and NLP
397 approaches developed for the studies described in this review, benchmarks have been created
398 that allow for appropriate comparisons between different methodologies.
399

400 Going beyond identification or prediction of those at risk, analysis of continuously collected
401 data, and integration of EHR data with smartphone, wearable device and even social media
402 data could allow collection of data across different time periods, not just at the time of
403 clinical interactions, thus helping to understand suicidal crises and enabling delivery of
404 targeted suicide prevention interventions (Torous & Walker, 2019).
405

406 **4. Conclusion**

407
408 In this review of a decade of research into suicide and related behaviour using CRIS we have
409 summarised the evolution of different methods employed to identify suicide and related
410 behaviour, including linkages to mortality data, structured ICD-10 codes, manual review of
411 clinical notes, keyword searching in free text and relevant mentions identified using NLP
412 techniques. Cohorts under study have varied in size from several hundred to tens of
413 thousands of patients and have covered adult, elderly as well as child and adolescent patients.
414 A range of clinical disorders have been described from the perspective of suicide and related
415 behaviours, including pregnancy, severe mental illness and self-harm, opioid use disorder
416 patients, chronic fatigue syndrome and autism spectrum disorders. Finally, some studies have
417 identified and investigated specific clinical events, such as emergency department
418 attendances or hospital admissions.
419

420 Research in NLP methods has evolved over the years, from methods relying on symbolic
421 principles (e.g. grammars, lexicon development, pattern matching) to statistical methods and,
422 more recently, machine learning approaches. This progression is also reflected in the NLP
423 work that has been developed using CRIS.

424 The first approaches that were developed to process CRIS data were pattern matching
425 approaches to identify certain pieces of information (e.g. medication, smoking status,
426 substance misuse) using the GATE framework (Cunningham et al., 2013). In many cases, the
427 information of interest is a particular clinical construct (e.g. hallucinations, echolalia) or a
428 specific diagnosis. A bespoke application, called TextHunter (Jackson et al., 2017), was
429 developed for these types of constructs. TextHunter is a software application that requires a
430 set of manually pre-annotated examples to train a supervised machine learning classifier
431 (Support Vector Machine). These NLP applications identify and classify the relevant
432 constructs and produce structured variables that are then stored in table columns in CRIS.
433 Researchers may access these variables (along with the “standard” structured fields from the
434 EHR) through the SQL interface of the CRIS database to identify cohorts of patients for
435 epidemiological studies and clinical research. Several studies cited herein have made use of
436 these structured variables (Bittar et al., 2019; Bogdanowicz et al., 2016; Roberts et al., 2016).
437

438 In addition to these “integrated” NLP applications, clinicians have worked alongside NLP
439 researchers to develop custom NLP tools to identify suicide-related constructs in specific
440 population samples within CRIS. As we have seen, the focus of most work has been the
441 epidemiology and prevalence of suicidal behaviour, with NLP tools that use both rule-based
442 (Gkotsis et al., 2016; Velupillai, Epstein, et al., 2019) and machine learning paradigms
443 (Fernandes et al., 2018), including neural network architectures (Song et al., 2020). Most

444 recently efforts have also been made to model dynamic suicide risk using supervised machine
445 learning (Bittar et al., 2019).

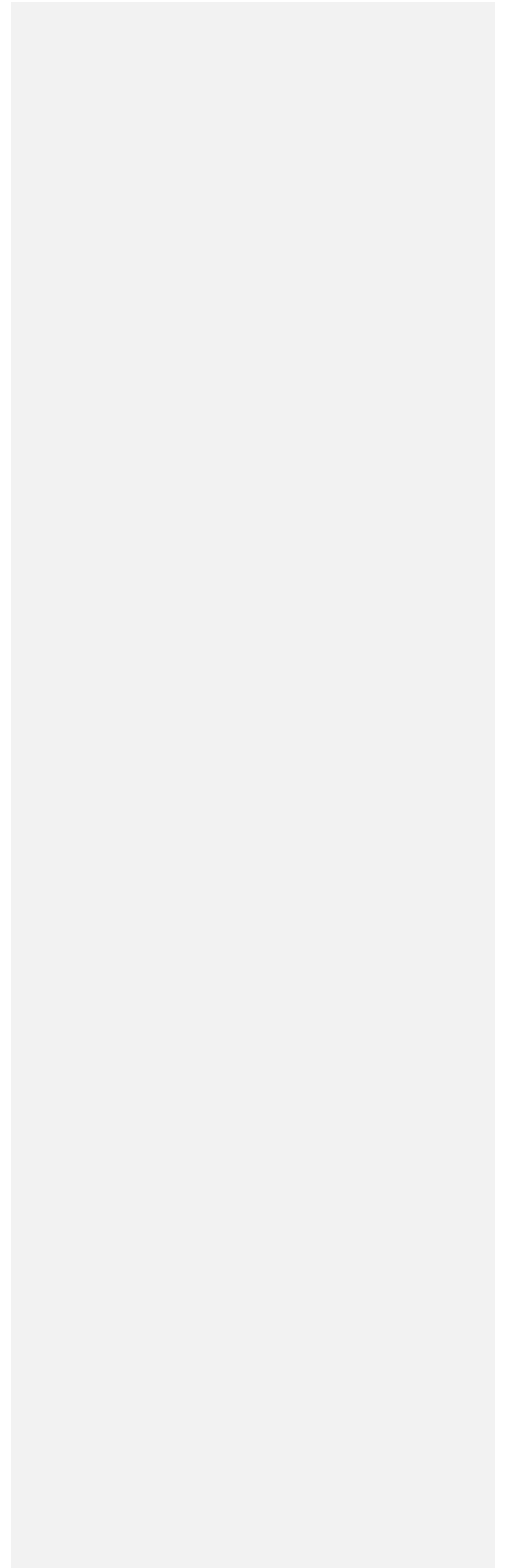
446

447 **Gaining Access to CRIS**

448

449 The de-identified CRIS database has received ethical approval for secondary analysis: Oxford
450 REC C, reference 18/SC/0372. The data is used in an anonymised and data-secure format
451 under strict governance procedures. CRIS data is made available to researchers with
452 appropriate credentials (provided by the South London and Maudsley NHS Trust) working on
453 approved projects. Projects are approved by a CRIS Oversight Committee, a body set up by
454 and reporting to the South London and Maudsley Caldicott Guardian. On request, and after
455 appropriate credentials have been obtained as well as arrangements with the lead of the
456 respective CRIS project, data presented in this study can be viewed within the secure system
457 firewall.

458



459 **5. References**

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Study	Clinical group	Population size	Number of events	Age	Date range	Method to identify suicide and related behaviour
Polling et al. (2015)	Adults attending ED	7,444	10,688 ED attendances	N/A	01/04/2009-31/12/2011	ICD-10 codes X60-X84, presence of keywords related to self-harm, suicide attempts and suicidality
Bogdanowicz et al. (2016)	Patients with opioid use disorder	5,335	N/A	15-73 years mean (SD) = 37.6 (9.07) years	01/04/2008-31/03/2014	ICD-10 codes X409-X450, Y120, Y125, F119 †
Lopez-Morinigo et al. (2016)	Patients with schizophrenia spectrum disorder	426 (71 cases, 355 controls)	N/A	Mean (SD) = 44.9 (18.0) years	01/01/2007-31/12/2013	ICD-10 codes X64, X70, X71, X78, X80, X81, X84, Y10-34
Lopez-Morinigo et al. (2018)	Patients accessing secondary mental healthcare	13,758	N/A	Mean (SD) = 41.3 (12.2) for suicide, 40.6 (11.5) for no suicide	01/01/2007-01/04/2015	ICD-10 codes X64, X70, X71, X78, X80, X81, X84, Y10-34
Roberts et al. (2016)	Individuals with chronic fatigue syndrome	2,147	N/A	Mean = 39.1 years	01/01/2007-31/12/2013	ICD-10 codes X60-X84
Taylor et al. (2016)	Perinatal women with SMI	420	N/A	Mean (SD) = 31.9 (6.2) years	01/01/2007-31/12/2011	Presence of keywords [from Polling et al., 2015] related to self-harm, suicide attempts and suicidality
Downs et al. (2017)	Children and adolescents with ASD	1,906	N/A	14-18 years	01/01/2008-31/12/2013	NLP, manual classification of suicidality-related expressions
Velupillai, Epstein, et al. (2019)	Adolescents attending CAMHS	23,455	N/A	11-17 years	01/04/2009-31/03/2016	Manual annotation of suicidality-related expressions, NLP
Bittar et al. (2019)	Patients accessing secondary mental healthcare	17,640 (2,913 cases, 14,727 controls)	21,175 admissions (4,235 cases, 16,940 controls)	Mean (SD) = 33.7 (15.6) years	02/04/2006 - 31/03/2017	X6*, X7*, X80-4*, Y1*, Y2*, Y30-4*, Y87*

Table 1: Summarised characteristics of clinical cohorts created using CRIS for the study of suicide and related behaviour. †Due to indeterminacy of intent, suicide by overdose and fatal drug poisonings are grouped together.