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# Telomere length analysis in amyotrophic lateral sclerosis using large-scale whole genome sequence data

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The authors declare a potential conflict of interest and state it below

#### Competing Interests

AAC is a consultant for Mitsubishi-Tanabe Pharma, GSK, and Chronos Therapeutics, and chief investigator for clinical trials for Cytokinetics and OrionPharma. JHV reports to have sponsored research agreements with Biogen. VS is a consultant for Novartis and Biogen. LHVDB reports grants from Netherlands ALS Foundation, grants from The Netherlands Organization for Health Research and Development (Vici scheme), grants from The European Community's Health Seventh Framework Programme (grant agreement n° 259867 (EuroMOTOR)), grants from The Netherlands Organization for Health Research and Development (the STRENGTH project, funded through the EU Joint Programme - Neurodegenerative Disease Research, JPND), during the conduct of the study; personal fees from Calico, personal fees from Cytokinetics, grants and personal fees from Takeda, non-financial support from Orion, non-financial support from Orphazyme, outside the submitted work; . AC serves on scientific advisory boards for Mitsubishi Tanabe, Roche, Denali Pharma, Cytokinetics, Lilly, and Amylyx and has received a reeseach grant from Biogen. CES reports grants from Avexis , grants from Eli Lilly, grants from Chronos Therapeutics, grants from Vertex Pharmaceuticals, during the conduct of the study; grants from QurAlis, grants from Chronos Therapeutics, grants from Biogen, outside the submitted work. JEL is a member of the scientific advisory board for Cerevel Therapeutics, a consultant for ACI Clinical LLC sponsored by Biogen, Inc. or Ionis Pharmaceuticals, Inc. JEL is also a consultant for Perkins Coie LLP and may provide expert testimony. JEL was supported by funding from NIH/NINDS (R01NS073873 and R56NS073873). AAK, OH, MPP, JSM, PJS, JEL, CES, NB, OH, WR, PVD, NB, KK, BK, HB and LHVDB declare no competing interests.

### *Author contribution statement*

#### Author Contributions

AAC and AAK conceived and planned the study. AAK and AI created the bioinformatics pipeline for analysis. JJFAV ran ExpansionHunter on Project MinE data. MM and RAJZ prepared phenotypic data. AAK and AAC did the statistical analysis and prepared the figures and tables. AAC, JHV, OH, MPP, JSM, PJS, JEL, CES, NB, OH, WR, PVD and LHVDB helped in sample collection and provided whole genome sequence data, analysis and intellectual input for data interpretation on behalf of the Project MinE Consortium. JHV, OH, and MM provided intellectual input for data interpretation. AAC and AAK wrote the first draft of the manuscript. All authors reviewed and approved the final manuscript.

### *Keywords*

Amyotrophic Lateral Sclerosis (ALS), Telomere - genetics, Whole genome sequence (WGS), Genomics, Bigdata, MND - motor neuron disorders

### *Abstract*

Word count: 131

Amyotrophic lateral sclerosis (ALS), a neurodegenerative disease of motor neurons, is a complex genetic disease with heritability of 60%. Only about 14% of apparently sporadic ALS is explained by known genetic variation, suggesting that other forms of genetic variation are important, in addition to the known risk factors, male sex and increasing age. Telomeres maintain DNA integrity during cellular replication, differ between sexes, and shorten naturally with age. We find that longer telomeres are associated with ALS and specific phenotypic patterns of disease expression. We see the same pattern of telomere elongation in ALS in brain tissue. The association of longer telomeres with apparently sporadic ALS was also seen in people with familial ALS, supporting the notion that sporadic and familial ALS are not mutually exclusive categories but rather a spectrum.

### *Contribution to the field*

Using a large disease-specific whole genome sequencing dataset, we have shown that longer telomeres are associated with ALS. In keeping with expectations, we also found that mean telomere length was on average longer in females, and in all samples, shortened with increasing age. The association of longer telomeres with apparently sporadic ALS was also seen in FALS, supporting the notion that familial and sporadic ALS are not mutually exclusive categories but rather a spectrum. Furthermore, telomere length was inversely correlated with C9orf72 repeat expansion size. Our findings have the advantage of a large sample size of more than 4,315 cases, compared with previous reports in 50 or fewer, and advance knowledge of telomere length in disease and risk factors for ALS.

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## *Ethics statements*

### *Studies involving animal subjects*

Generated Statement: No animal studies are presented in this manuscript.

### *Studies involving human subjects*

Generated Statement: The studies involving human participants were reviewed and approved by Informed consent was obtained from all participants in this project under reference Trent Research Ethics Committee 08/H0405/60.. The patients/participants provided their written informed consent to participate in this study.

### *Inclusion of identifiable human data*

Generated Statement: No potentially identifiable human images or data is presented in this study.

## *Data availability statement*

Generated Statement: The datasets presented in this study can be found in online repositories. The names of the repository/repositories and accession number(s) can be found in the article/supplementary material.

# 1 **Telomere length analysis in amyotrophic lateral sclerosis using large-** 2 **scale whole genome sequence data**

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65

66 **Keywords: ALS, Telomere, Next generation sequencing, Whole genome sequencing, Variant**  
67 **calling.**

68

69 **Abstract**

70 Amyotrophic lateral sclerosis (ALS), a neurodegenerative disease of motor neurons, is a complex  
71 genetic disease with heritability of 60%. Only about 14% of apparently sporadic ALS is explained by  
72 known genetic variation, suggesting that other forms of genetic variation are important, in addition to  
73 the known risk factors, male sex and increasing age. Telomeres maintain DNA integrity during  
74 cellular replication, differ between sexes, and shorten naturally with age. We find that longer  
75 telomeres are associated with ALS and specific phenotypic patterns of disease expression. We see the  
76 same pattern of telomere elongation in ALS in brain tissue. The association of longer telomeres with  
77 apparently sporadic ALS was also seen in people with familial ALS, supporting the notion that  
78 sporadic and familial ALS are not mutually exclusive categories but rather a spectrum.

79

80 **Introduction**

81 Amyotrophic lateral sclerosis (ALS) is a neurodegenerative disease affecting motor neurons in the  
82 brain and spinal cord resulting in progressive paralysis and death, within three to five years, typically  
83 due to respiratory failure (Brown and Al-Chalabi, 2017; Hardiman *et al.*, 2017). The first symptoms  
84 of weakness can occur in the bulbar innervated muscles, manifesting as difficulty with speech or  
85 swallowing, or in the spinal innervated muscles, manifesting as limb weakness or breathing  
86 difficulty. About 5% may have a frank frontotemporal dementia, and frontotemporal impairment is  
87 seen in up to 80% of people by the time King's Stage 4 disease is reached (Roche *et al.*, 2012;  
88 Crockford *et al.*, 2018).

89

90 The last decade has seen substantial advances in our understanding of the genomic basis of ALS  
91 (Hop *et al.*, 2022; Wouter van Rheenen *et al.*, 2021) but a significant proportion of the genetic  
92 contribution to risk remains unexplained. This hidden heritability may be harbored in other types of  
93 genomic variation as well as in rare variants that may be unique to an affected individual or  
94 family(Al-Chalabi *et al.*, 2010; McLaughlin, Vajda and Hardiman, 2015).

95

96 Telomeres are repeated TTAGGG nucleotide sequences located at the ends of chromosomes and  
97 exist to maintain chromosomal structural integrity during cellular replication. They shorten naturally  
98 with age and differ in average length between the sexes(Muzumdar and Atzmon, 2012; Kong, Lee  
99 and Wang, 2013; Gardner *et al.*, 2014); age and sex are also risk factors for ALS(McCombe and  
100 Henderson, 2010; Al-Chalabi and Hardiman, 2013b; Westeneng *et al.*, 2018). Telomere length is a  
101 marker for aging, chromosomal instability and DNA damage, and might therefore be relevant as a  
102 risk factor for ALS(Murnane, 2006; Conomos *et al.*, 2012; Xu, Li and Stohr, 2013; Marzec *et al.*,  
103 2015).

104

105 Previously, in a pilot study in a UK cohort, we showed that longer telomeres might be associated  
106 with ALS when compared to age and sex-matched controls(Al Khleifat *et al.*, 2019). We therefore  
107 sought to explore this finding in detail, using whole-genome sequence data from the Project MinE  
108 consortium(Van Rheenen *et al.*, 2018), a large international ALS genomics collaboration.

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118 **Materials and Methods**

119 ***Data Sources and data extraction***

120 ***Blood samples***

121 Samples were from the international Project MinE whole genome sequencing consortium and derived  
122 from seven countries: the USA, Ireland, Belgium, the Netherlands, Spain, Turkey, and the United  
123 Kingdom(Van Rheen *et al.*, 2018).

124

125 DNA was isolated from venous blood using standard methods. The DNA concentrations were set at  
126 100ng/ul as measured by a fluorimeter with the PicoGreen® dsDNA quantitation assay. DNA integrity  
127 was assessed using gel electrophoresis.

128

129 **Post-mortem samples**

130 Post-mortem motor cortex was from the MRC London Neurodegenerative Diseases Brain Bank based  
131 at the Institute of Psychiatry, Psychology & Neuroscience, King's College London. Tissue was flash  
132 frozen stored at -80 °C. 100mg tissue blocks were excised. DNA was isolated from the same tissue  
133 block and sequenced. The study cohort consisted of 64 people with apparently sporadic ALS and 53  
134 controls with no known neurological disease (controls below Hyperphosphorylated tau (HP- $\tau$ ) in  
135 human brain tissue and BNE\Braak stage 2).

136

137 The 100mg tissue blocks were divided to allow DNA purification. For each sample, a 25mg tissue  
138 block for DNA was homogenised using a Qiagen PowerLyzer 24 Homogenizer. DNA was purified  
139 from the homogenate using the standard protocol from Qiagen's DNeasy Blood and Tissue Mini Kit.  
140 DNA was quantified using PicoGreen (Quant-iT™ PicoGreen® dsDNA Reagent, ThermoFisher  
141 Scientific) and measured using a Spectromax Gemini XPS (Molecular Devices).

142

143 **Library preparation and DNA sequencing**

144 Library preparation was performed using the Illumina DNA Sample Preparation HT Kit alongside the  
145 Illumina SeqLab DNA PCR-Free Library Prep Guide. Libraries were then quantified using qPCR and



146 evaluated using gel electrophoresis. All samples were sequenced using Illumina's FastTrack services  
147 (San Diego, CA, USA). Some blood-derived DNA samples were sequenced using the Illumina HiSeq  
148 2000 platform. Sequencing was 100bp paired-end performed using PCR-free library preparations and  
149 targeted ~40x coverage across each sample. Remaining blood-derived and all brain-derived DNA  
150 libraries were clustered onto flow cells using the Illumina cBot System, as per cBot System Guide  
151 using Illumina HiSeq X HD Paired End Cluster Kit reagents and sequenced on an Illumina HiSeqX  
152 with 151bp paired-end runs using independent flow cell lanes and with a target minimum of 30x  
153 average coverage per sample. Binary sequence alignment/map formats (BAM) were generated for each  
154 individual. All the genomes were aligned with Isaac (Illumina) to hg19. The details of the Isaac  
155 alignment and variant calling pipelines are discussed in Project MinE design (Van Rheen *et al.*,  
156 2018) and Isaac protocol (Raczy *et al.*, 2013).

157

158

### 159 ***Determination of Telomere Length***

160 TelSeq(Ding *et al.*, 2014) was used to quantify telomere length using whole genome sequence data.  
161 Telomere lengths were estimated from reads, defined as repeats of more than seven TTAGGG motifs.

162

### 163 ***Statistical Analysis***

164 The effect of telomere length on ALS risk was tested using a multivariable linear regression model. To  
165 account for different sequencing platforms and population stratification, principal components of  
166 ancestry, centre and technology platform were included as covariates. To assess the model, Pearson's  
167 chi-squared test was used. Because telomere length correlates with age, we performed an additional  
168 test to examine the possibility that survival bias could affect the results. To do this, we also performed  
169 the analysis restricted to the subgroup of people with ALS onset below the median cohort age (62  
170 years). As brain is composed of neurons which do not divide, as well as glia which do, we expected  
171 that the average telomere length in brain would be longer than in blood. Furthermore, nervous tissue is  
172 the target of the disease process rather than blood. We therefore additionally tested the effect of age on  
173 telomere length in brain tissue.

174

175 To determine if telomeres are lengthened in ALS, or simply shorten less rapidly than in controls, we  
176 analysed the effect of age on telomere length in each group using multivariable linear regression.

177

178 To assess the effect of covariates on telomere length affecting survival, we used Cox regression,  
179 controlling for age, sex and site of disease onset (bulbar or spinal), population stratification, principal  
180 components, centre and sequencing platforms.

181

182 Repeat primed PCR and Expansion Hunter-v2.5.1(Dolzhenko *et al.*, 2017) were used to assay the  
183 hexanucleotide repeat expansion in the *C9orf72* gene since this is a known risk factor for ALS and  
184 associates with survival.

185

186 Statistical tests were performed using IBM SPSS Statistics 24.0 (SPSS Inc., Illinois), and RStudio, R  
187 Foundation for Statistical Computing 3.4.1.

188

### 189 ***Quality Control***

190 Quality control was performed separately on the genotyped data of each population as reported  
191 previously(van Rheenen *et al.*, 2016) (Supplementary appendix).

192

### 193 ***Ethical approval***

194 Informed consent was obtained from all participants in this project under reference Trent Research  
195 Ethics Committee 08/H0405/60.

196

197

198 **Results**

199 There were 6,580 whole genome sequences (4,515 from people with ALS and 2,065 from controls),  
200 reducing to 6,195 (4,315 (95.6%) from people with ALS and 1,880 (91%) from controls) after quality  
201 control, with minimum ~25x coverage across each sample. The set was enriched for apparently  
202 sporadic ALS (4,236 compared with 79 with familial ALS (FALS)). The male-female ratio was 2:1.  
203 Overall, 22 had ALS-frontotemporal dementia (ALS-FTD). Phenotypically, 37 had pure progressive  
204 bulbar palsy (PBP) and 68 and progressive muscular atrophy. There were 1,908 sequenced using the  
205 HiSeq2000 platform and 4,287 sequenced using the HiSeqX Illumina platform (Table 1). There were  
206 344 people carrying an expanded *C9orf72* hexanucleotide repeat, 334 with ALS and 10 without  
207 symptoms.

208

209 The mean telomere length in people with ALS was 5.5kb, and in controls, 5.38kb (Figure 1).  
210 Multivariable linear regression accounting for sex and age as covariates showed a mean 20% (95% CI  
211 14%, 25%) longer telomere length in people with ALS compared to controls ( $p = 1.1 \times 10^{-12}$ ). Covariate  
212 analysis showed that regardless of disease status, females ( $p = 2.42 \times 10^{-5}$ ) and younger people ( $p = 1.2$   
213  $\times 10^{-16}$ ) had on average longer telomeres (Table 2), confirming the results of earlier studies that  
214 telomere length reduces with age and females have on average longer telomeres.

215

216 To assess if the observed longer telomere length in apparently sporadic ALS is also seen in familial  
217 ALS, we assessed telomere length in 79 people, not included in the main analysis, with a family history  
218 of ALS in a first degree relative (FALS). Multivariable linear regression after correcting for age and  
219 sex again showed a longer average telomere length in people with FALS than in controls ( $p = 2.0 \times 10^{-$   
220  $16$ ). To ensure that telomere length analysis was not biased, we excluded the UK, a population we used  
221 previously for discovery analysis using a subset of samples, and the association was still observed ( $p$   
222  $= 6.6 \times 10^{-9}$ ).

223

224 Examining the effect of age on telomere length in ALS and controls separately, showed that the rate of  
225 shortening by age is slower in ALS than in controls, suggesting it is not an active lengthening of  
226 telomeres in ALS (0.022%,  $p < 0.0001$  vs. 0.012%,  $p < 0.0001$ ) and also arguing against the possibility  
227 that telomeres are longer to start with in people who will later develop ALS. The rate of shortening

228 was different in males and females, with females showing a faster rate of shortening than males  
229 (Supplementary Figure 1).

230

231 In an analysis exploring survival bias as an explanation for our results, we restricted testing to those  
232 younger than the median age (62 years). Multivariable linear regression accounting for sex and age  
233 still showed that telomeres were longer in people with ALS compared to controls ( $p = 8.12 \times 10^{-12}$ )  
234 with mean telomere length in people with ALS, 5.8kb, and in controls, 5.5kb. To ensure that telomere  
235 length analysis was not biased by population effects, we excluded the UK, a population we used  
236 previously for discovery analysis, and using a subset of samples the association was still observed ( $p$   
237  $= 6.6 \times 10^{-9}$ ).

238

239 We compared telomere length in 334 people with ALS with *C9orf72* repeat expansion against people  
240 with ALS with confirmed non-expanded *C9orf72* status. Multivariable linear regression showed that  
241 the telomere was shorter in expansion carriers ( $p = 5.0 \times 10^{-4}$ ) Figure 2A, Table 3. Although ALS  
242 *C9orf72* expansion carriers had a shorter telomere length than non-expansion carriers, telomere length  
243 was still longer in those carrying a *C9orf72* repeat expansion than controls ( $p = 0.001$ ) Figure 2B.

244

245 We therefore assessed the relationship between the estimated number of telomere repeats and estimated  
246 number of *C9orf72* repeats using ExpansionHunter in 1589 samples from the UK. Multivariable linear  
247 regression showed that the number of telomere repeats is associated negatively with *C9orf72* repeat  
248 expansion size ( $p = 0.003$ ) supporting the previous results.

249

250 To assess if the relationship between *C9orf72* repeat expansion and telomere repeat size was specific  
251 to *C9orf72*-mediated ALS, we ran ExpansionHunter on three ALS genes which also contain disease-  
252 associated repeat expansions: *ATXN1*, *ATXN2* and *NIPA1*. There was no difference in telomere length  
253 observed between expansion carriers and non-expansion carriers for any of these genes.

254

255 Cox regression analysis showed that people with ALS with telomere length less than 5.3Kb had a 10%  
256 increase in median survival compared with those with longer telomeres ( $p = 5.0 \times 10^{-7}$ ) after correcting  
257 for age, sex, site of onset, *C9orf72* status and principal components of ancestry.

258

259 To validate our findings in a different tissue we used 159 *post-mortem* brain samples, 106 from people  
260 with apparently sporadic ALS and 53 controls. The male-female ratio was 2:1. The mean telomere  
261 length in people with ALS was 6.8kb, and in controls, 6.56Kb, not taking into account gender or age.  
262 Multivariable linear regression accounting for these covariates showed that telomere length in people  
263 with ALS was longer by mean 29% (95% CI 30%, 55%) compared with controls ( $p = 0.03$ ).

264

265

266

In review

267 **Discussion**

268 Using a large disease-specific whole genome sequencing dataset, we have shown that longer telomeres  
269 are associated with ALS, confirming initial findings from a pilot study (Al Khleifat *et al.*, 2019). We  
270 were additionally able to show that our findings are likely a result of less rapid shortening of telomeres  
271 being associated with ALS, rather than active telomere lengthening in ALS. In keeping with  
272 expectations, we also found that mean telomere length was on average longer in females, and in all  
273 samples, shortened with increasing age. The association of longer telomeres with apparently sporadic  
274 ALS was also seen in FALS, supporting the notion that familial and sporadic ALS are not mutually  
275 exclusive categories but rather a spectrum (Al-Chalabi and Hardiman, 2013a; Al-Chalabi *et al.*, 2014;  
276 Chiò *et al.*, 2018; Mehta *et al.*, 2018). Furthermore, telomere length was inversely correlated with  
277 *C9orf72* repeat expansion size.

278

279 Telomere elongation phenomena are well documented but far less well understood than telomere  
280 shortening phenomena (Bryan *et al.*, 1995; Cesare and Reddel, 2010; Arora and Azzalin, 2015;  
281 Haycock *et al.*, 2017). While telomere shortening is typically seen in cancers, telomere elongation can  
282 occur in cancers of the nervous system, and for example, is seen in 25% of primary brain tumours, in  
283 glioblastoma multiforme and in 10% of neuroblastomas (Bryan *et al.*, 1997; Hakin-Smith *et al.*, 2003;  
284 Henson *et al.*, 2005; Durant, 2012; Boutou *et al.*, 2013). In general, cancers in which cells have long  
285 telomeres are resistant to therapy and carry a poor prognosis (Haycock *et al.*, 2017). Telomere  
286 elongation has also been associated with schizophrenia (Nieratschker *et al.*, 2013; Zhang *et al.*, 2018), a  
287 disorder that genetically overlaps with ALS (McLaughlin *et al.*, 2017). Additionally, longer telomeres  
288 are also reported in Parkinson's disease and Lewy body dementia blood and brain (Asghar *et al.*, 2022).

289

290 We found that pathologically expanded *C9orf72* repeats are negatively associated with telomere repeat  
291 length, so that people with expanded *C9orf72* repeats had shorter telomeres on average. *C9orf72* gene  
292 repeat expansion is the most frequent genetic cause of ALS and of the related condition, frontotemporal  
293 dementia (Shatunov *et al.*, 2010; Smith *et al.*, 2013; Hardiman *et al.*, 2017; Iacoangeli *et al.*, 2019). A  
294 possible explanation for the negative association is in the liability threshold model of disease. Those  
295 people who already have a high liability to ALS do not need the additional liability of longer telomeres

296 and so on average would appear to have shorter telomeres. Alternatively, those in the higher risk group  
297 (non-repeat expansion carriers) need a greater contribution from other sources of disease liability and  
298 so have longer telomere repeats. Against this explanation is the observation that other gene variants  
299 that predispose to ALS risk such as intermediate *ATXN2* repeat expansions, do not show any association  
300 with telomere length, and neither do people with familial ALS. The explanation might therefore lie in  
301 the *C9orf72* repeat expansion itself. Both telomeres and large *C9orf72* repeats have a tendency to fold  
302 into structures called G quadruplexes(Fratta *et al.*, 2012; Grigg, Shumayrikh and Sen, 2014). G  
303 quadruplex structures have important roles in DNA replication, recombination and telomere  
304 maintenance(Millevoi, Moine and Vagner, 2012; Bryan, 2019). Although there have been several  
305 studies of the G quadruplexes formed by *C9orf72* repeat expansion, the relationship between *C9orf72*  
306 repeats and other G quadruplexes such as telomeres is not documented at population level and has not  
307 been well characterized in vivo(Zhang *et al.*, 2019).

308

309 Some genetic variations that contribute to ALS risk also worsen prognosis. This is seen in carriers of  
310 the *C9orf72* repeat expansion mutation, those carrying the *UNC13A* homozygous risk genotype, and  
311 for some variants of the *SOD1* gene for example. In keeping with that pattern, we have found that  
312 longer telomere length is associated with ALS risk as well as with worse prognosis, with those with  
313 the shortest telomeres having a 10% increase in survival.

314

315 The genetic landscape of ALS is one of some monogenic causes, several gene variations that  
316 substantially but not dramatically increase risk, and a polygenic component. For those with a  
317 monogenic basis of their disease, the variable and age-dependent penetrance seen is likely because of  
318 the contribution of other factors to risk(Al-Chalabi and Hardiman, 2013a; Al-Chalabi *et al.*, 2014; Chiò  
319 *et al.*, 2018; Garton *et al.*, 2021). Based on these findings, telomere length could be such a factor.

320

321 The main limitation of this study is that we did not directly measure telomere length using Southern  
322 blotting, but estimated it using whole genome sequence data. The method we have used, TelSeq, was  
323 recently used to estimate telomere length in 75,000 whole genome sequences. Comparing the  
324 performance of TelSeq with other bioinformatics tools such as Computel, the estimates of telomere

325 length were highly correlated between the bioinformatics methods and with Southern blot results, with  
326 the advantage that TelSeq had a faster processing time(Taub *et al.*, 2019), although it is not possible to  
327 draw conclusions about the exact length of a telomere. Other studies have also shown a good correlation  
328 between TelSeq telomere length estimates, Southern blotting and Q-PCR(Ding *et al.*, 2014; Cook *et*  
329 *al.*, 2016). With this in mind, different sequencing technologies might generate different telomere  
330 length estimates because of differences in library preparation and platform(Ma, 1995; Aviv *et al.*,  
331 2011). To overcome this potential weakness, we have used the same industry-leading sequencing  
332 platform for all samples, as well as designing the study to minimize batch effects by having cases and  
333 controls sharing the same sequencing plate. Our study has the advantage of a large sample size of more  
334 than 4,500 cases, far larger than for previous reports.

335

336 We have shown that despite being an age-related, male-predominant condition, ALS is associated with  
337 longer telomere lengths in blood-derived and in brain-derived DNA.

338

339



340 **Conflict of Interest**

341 AAC is a consultant for Mitsubishi-Tanabe Pharma, GSK, and Chronos Therapeutics, and chief  
 342 investigator for clinical trials for Cytokinetics and OrionPharma. JHV reports to have sponsored  
 343 research agreements with Biogen. VS is a consultant for Novartis and Biogen. LHVDB reports grants  
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 351 submitted work; AAC serves on scientific advisory boards for Mitsubishi Tanabe, Roche, Denali  
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 357 Inc. or Ionis Pharmaceuticals, Inc. JEL is also a consultant for Perkins Coie LLP and may provide  
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 359 R56NS073873). AAK, OH, MPP, JSM, PJS, JEL, CES, NB, OH, WR, PVD, NB, KK, BK, HB and  
 360 LHVDB declare no competing interests.

361

362 **Author Contributions**

363 AAC and AAK conceived and planned the study. AAK and AI created the bioinformatics pipeline  
 364 for analysis. JJFAV ran ExpansionHunter on Project MinE data. MM and RAJZ prepared phenotypic  
 365 data. AAK and AAC did the statistical analysis and prepared the figures and tables. AAC, JHV, OH,  
 366 MPP, JSM, PJS, JEL, CES, NB, OH, WR, PVD and LHVDB helped in sample collection and provided  
 367 whole genome sequence data, analysis and intellectual input for data interpretation on behalf of the  
 368 Project MinE Consortium. JHV, OH, and MM provided intellectual input for data interpretation.  
 369 AAC and AAK wrote the first draft of the manuscript. All authors reviewed and approved the final  
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420

### 421 **Data Availability Statement**

422 The blood and brain-derived datasets that support the findings in this study are available from The  
423 Project MinE consortium public repository. To gain access to the data, an account request must be  
424 made to [info@projectmine.com](mailto:info@projectmine.com). Data access will require the completion of a data access request.

425 Further information about data access can be found at [https://www.projectmine.com/research/data-](https://www.projectmine.com/research/data-sharing/)  
426 [sharing/](https://www.projectmine.com/research/data-sharing/)

427

#### 428 **Author Contributions**

429 AAC and AAK conceived and planned the study. AAK and AI created the bioinformatics pipeline  
430 for analysis. JJFAV ran ExpansionHunter on Project MinE data. MM and RAJZ prepared phenotypic  
431 data. AAK and AAC did the statistical analysis and prepared the figures and tables. AAC, JHV, OH,  
432 MPP, JSM, PJS, JEL, CES, NB, OH, WR, PVD and LHVB helped in sample collection and provided  
433 whole genome sequence data, analysis and intellectual input for data interpretation on behalf of the  
434 Project MinE Consortium. JHV, OH, and MM provided intellectual input for data interpretation.  
435 AAC and AAK wrote the first draft of the manuscript. All authors reviewed and approved the final  
436 manuscript.

437

#### 438 **Competing Interests**

439 AAC is a consultant for Mitsubishi-Tanabe Pharma, GSK, and Chronos Therapeutics, and chief  
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582 Tables

Cohort	Sample	Case	Control	Female	Male
Belgium	548	368	180	209	339
Ireland	403	267	136	161	242
Netherlands	2894	1859	1035	1182	1712
Spain	338	233	105	145	193
Turkey	223	148	75	87	136
United Kingdom	1402	1124	278	603	799
United States	387	316	71	153	234
<b>Total</b>	6195	4315	1880	2540	3655

595 **Table1.** Detailed demographic features of the study population.

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	Estimate	SD of estimate	p=Value
Age (per year)	-2%	0.02	1.1 x 10 <sup>-16</sup>
Sex (male vs. female)	-8%	0.03	2.42 x 10 <sup>-5</sup>
Case-control status (controls vs. cases)	-29%	0.02	1.1 x 10 <sup>-12</sup>

598 **Table 2.** Telomere length comparison between people with ALS and healthy controls using a generalized linear model.

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	Estimate	SD of estimate	p=Value
Age (per year)	-2%	0.02	1.1 x 10 <sup>-16</sup>
Sex (male vs. female)	-15%	0.03	2.42 x 10 <sup>-5</sup>
<i>C9orf72</i> (expanded)	-27%	0.02	5.0 x 10 <sup>-4</sup>

604 **Table 3.** Telomere length comparison between 552 people with ALS with a *C9orf72* repeat expansion and 907 people  
 605 with ALS with normal *C9orf72* repeat length using a multivariable linear regression.

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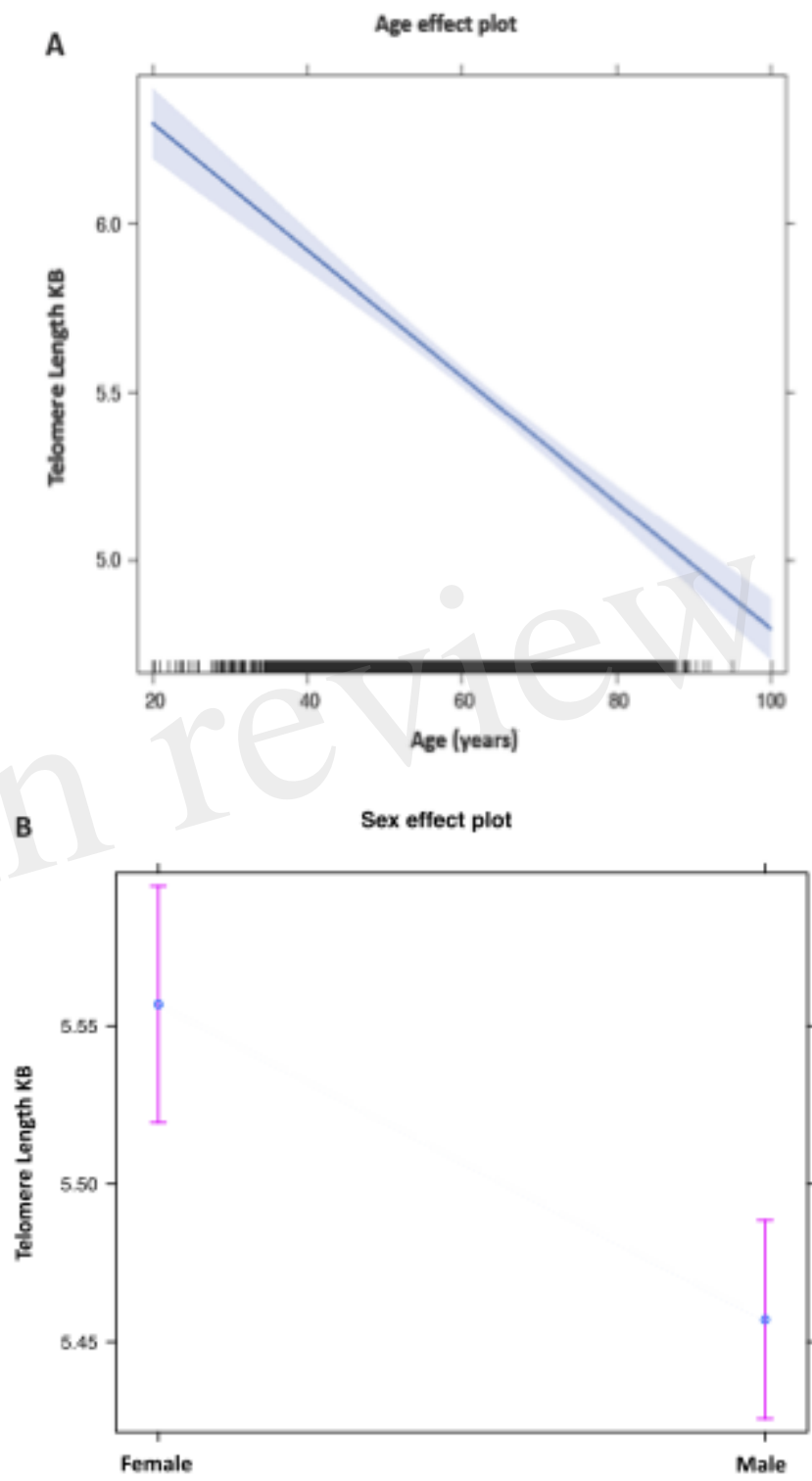
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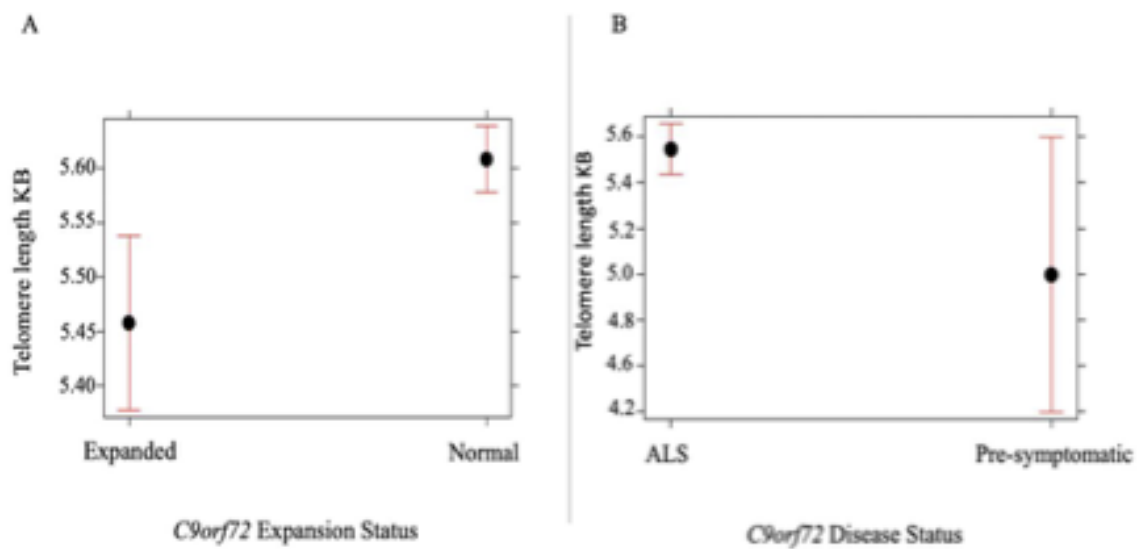
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In review

Figure 1.





**Figure 2. A-**Telomere length comparison between 334 people with ALS carrying an expanded *C9orf72* repeat against people with ALS not carrying an expansion. Multivariable linear regression shows that the telomere is shorter in those carrying a *C9orf72* expansion compared with age and sex matched disease controls not carrying an expansion ( $p = 5.0 \times 10^{-6}$ ). **B-** Telomere length comparison between 334 people with ALS with *C9orf72* repeat expansion against 10 healthy individuals with confirmed expanded *C9orf72* status. Multivariable linear regression shows that the telomere is longer in people with ALS with *C9orf72* repeat expansion ( $p = 0.05$ ). Telomere length reported in kilobases (kb). Red bars indicate 95% confidence intervals.