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1 **miR-29b directly targets activation-induced cytidine deaminase in**  
2 **human B cells and can limit its inappropriate expression in naïve B**  
3 **cells**

4

5 Running Title: miR29b regulation of AID

6

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21

22 **Abstract**

23

24 Class-switch recombination (CSR) is an essential B cell process that alters the isotype  
25 of antibody produced by the B cell, tailoring the immune response to the nature of the  
26 invading pathogen. CSR requires the activity of the mutagenic enzyme AID (encoded  
27 by *AICDA*) to generate chromosomal lesions within the immunoglobulin genes that  
28 initiate the class switching recombination event. These AID-mediated mutations also  
29 participate in somatic-hypermutation of the immunoglobulin variable region, driving  
30 affinity maturation. As such, AID poses a significant oncogenic threat if it functions  
31 outside of the immunoglobulin locus. We found that expression of the microRNA, miR-  
32 29b, was repressed in B cells isolated from tonsil tissue, relative to circulating naïve B  
33 cells. Further investigation revealed that while enforced overexpression of miR-29b in  
34 human B cells precipitated a reduction in overall AID protein and a corresponding  
35 diminution in CSR to IgE, miR-29b knockdown in naïve B cells resulted in elevated  
36 AID expression. Similarly, miR-29b was able to directly interact with the AID 5'-UTR  
37 and modulate expression in reporter assays. Given miR-29b's ability to potently target  
38 AID, a mutagenic molecule that can initiate chromosomal translocations and "off-  
39 target" mutations, we propose that miR-29b acts to silence premature AID expression  
40 in naïve B cells, thus reducing the likelihood of inappropriate and potentially dangerous  
41 deamination activity.

42

43

44

## 45 **1. Introduction**

46

47 During the course of the immune response, mature B cells undergo two diversification  
48 events at the immunoglobulin loci, somatic hypermutation (SHM) and class-switch  
49 recombination (CSR) (Stavnezer, 2011). SHM introduces mutations in the  
50 hypervariable loops of the antigen binding site, found within the CDRs of the  
51 Immunoglobulin Heavy (*IGH*) and light (*IGL*) chain variable regions. This allows for  
52 selection of B cell clones which harbour Igs with increased affinity for antigen,  
53 promoting the development of highly specific Ig molecules. In contrast, CSR replaces  
54 the C $\mu$  and C $\delta$  heavy chain gene exons (encoding IgM and IgD respectively) with the  
55 downstream C-region exons of the  $\alpha$ ,  $\gamma$ , or  $\epsilon$  isotypes (encoding IgA, IgG and IgE)  
56 (Stavnezer and Schrader, 2014). This process, which is driven by cytokines released  
57 from T helper cell populations, ensures that the effector functions of the antibodies  
58 produced by B cells are tailored to the nature of the invading pathogen. Both CSR and  
59 SHM require the activity of the mutagenic enzyme, activation-induced cytidine  
60 deaminase (AID, encoded by *AICDA*) (Muramatsu et al., 2000; Revy et al., 2000). AID  
61 acts to deaminate deoxycytidine residues within the *IG* variable and the *IGH* constant  
62 regions, resulting in the production of deoxyuracils (Neuberger et al., 2003). In the case  
63 of SHM, the ensuing mismatches initiate low-fidelity DNA repair pathways leading to  
64 the incorporation of mutations within the *IGH* and *IGL* variable regions, whereas in  
65 CSR the mismatches trigger a deletional-recombination event that replaces the  
66 upstream “acceptor” C-region (initially C $\mu$  and C $\delta$  ) with a downstream “donor” C  
67 region (C $\gamma$ 1-4, C $\epsilon$  or C $\alpha$ 1-2) (Keim et al., 2013).

68

69 The mechanisms targeting AID to the Ig genes are incompletely understood. It has been  
70 proposed that transcriptional stalling (Pavri et al., 2010), the formation of RNA:DNA  
71 hybrids called R loops (Shinkura et al., 2003), the exosome (Basu et al., 2011), super-  
72 enhancers (Qian et al., 2014), germline transcript RNA (Wang et al., 2015), 14-3-3  
73 adaptor proteins (Xu et al., 2010), as well as the sequence location of the Ig genes (Yeap  
74 et al., 2015), recruit AID to the DNA and promote deamination. However, AID activity  
75 is promiscuous, and deamination-induced mutations are detected at multiple non-Ig  
76 sites (M. Liu et al., 2008). This collateral damage has significant oncogenic potential,  
77 as demonstrated by AID-induced chromosomal translocations that occur in the context  
78 of genomic instability (Robbiani et al., 2008; 2009) and AID-induced mutations of non-  
79 Ig genes (Duquette et al., 2005; Pasqualucci et al., 1998; 2001). Therefore, AID  
80 expression and activity must be carefully controlled.

81

82 One mechanism by which cells are able to fine-tune their protein expression is through  
83 microRNAs (miRNAs), short non-coding RNAs that regulate gene expression by  
84 promoting mRNA decay and translational repression (Bartel, 2009). In mice miR-155  
85 has been shown to directly repress AID (Teng et al., 2008) and removing the miR-155  
86 binding site within the *Aicda* 3' UTR increases the likelihood of AID-induced *Igh-Myc*  
87 chromosomal translocations (Dorsett et al., 2008), a transforming event frequently  
88 observed in Burkitt's Lymphoma. Similarly, miR-181 can also directly target *Aicda*  
89 and is proposed to prevent inappropriate AID expression in the absence of B cell  
90 activation (de Yebenes et al., 2008). Although the miRNA-mediated regulation of AID  
91 expression has been well studied in mice, this mode of regulation has not been  
92 extensively studied in human B cells.

93

94           To identify miRNAs involved in coordinating the B cell response in humans,  
95 we analysed the published literature that had profiled the miRNA pool of distinct  
96 human B cell subpopulations (Basso et al., 2009; Malumbres et al., 2009; Tan et al.,  
97 2009; J. Zhang et al., 2009). These studies consistently reported that the conserved  
98 miRNA miR-29b was less abundant in germinal centre B cells relative to naïve and  
99 memory cell compartments. Similarly, we show that miR-29b has diminished  
100 expression in B cells isolated from tonsil tissue relative to naïve B cells isolated from  
101 peripheral blood. It is of interest to note that miR29b expression has also been reported  
102 to be reduced in mantle cell lymphoma, a lymphoma thought to originate from Pre-GC  
103 mature B cells (Zhao et al., 2010). In this report we investigate potential miR29b targets  
104 and demonstrate that it is able to directly target *AICDA* mRNA. Enforced  
105 overexpression of miR-29b in human B cells reduces overall AID protein and causes a  
106 corresponding diminution of CSR to IgE *in vitro*. Together, these results suggest that  
107 miR-29b is able to silence “leaky” expression of AID, limiting its expression to  
108 appropriately activated B cells and thus helping to maintain chromosomal integrity.  
109

## 110 **2. Materials and Methods**

111

### 112 *2.1 Ethics*

113 Ethical approval was granted by London Bridge Research Ethics Committee for both  
114 peripheral blood donations (09/H0804/77 and 14/LO/1699) and for tonsil donations  
115 (08/H0804/94). Full written informed consent was obtained from all donors or the  
116 donors' parents or legal guardian.

117

### 118 *2.2 B cell isolation, transfection and culture*

119 Naïve B cells were isolated from peripheral blood using the Naive B Cell Isolation Kit  
120 II (Miltenyi Biotec). B cells were isolated from tonsil tissue as previously described  
121 (Cooper et al., 2012). Briefly, mononuclear cells were isolated from dissected tonsil  
122 tissue on a density gradient (Lymphoprep, Axis-Shield PoC AS) followed by  
123 incubation with aminoethyl isothiuronium bromide-treated sheep red blood cells to  
124 rosette T cells. To overexpress miR-29b, 800 nM miR-29b Pre-miR miRNA Precursor  
125 (Thermo Fisher Scientific) or the equivalent non-targeting negative control molecules  
126 was delivered into  $5 \times 10^6$  freshly isolated primary B cells using the Amaxa Human B  
127 cell Nucleofector Kit (LONZA). The Pre-miR miRNA Precursors used were  
128 proprietary short (16-28bp) double stranded RNA molecules chemically modified to  
129 ensure the desired strand is loaded into the RISC complex(Barnes et al., 2012). To  
130 inhibit miR-29b, 800 nM miR-29b of mirVana miRNA Inhibitor (Thermo Fisher  
131 Scientific) or the equivalent non-targeting negative control molecule was delivered into  
132  $5 \times 10^6$  freshly isolated primary B cells using the Amaxa Human B cell Nucleofector  
133 Kit (LONZA). The mirVana miRNA Inhibitors used were single stranded, chemically  
134 modified RNA molecules designed to irreversibly bind and inhibit endogenous

135 miRNAs (Barnes et al., 2012). Samples were nucleofected using program U-15 on the  
136 Nucleofector Device and cultured at a concentration  $5 \times 10^5 \text{ mL}^{-1}$  in RPMI 1640, 10%  
137 HyClone Fetal Bovine Serum, 100  $\mu\text{g/mL}$  Streptomycin, 100 U/ml Penicillin, 2 mM L-  
138 Glutamine. To stimulate CSR, the medium was supplemented with 1 mg/mL of  
139 anti-CD40 antibody, 200 IU/mL of recombinant human IL-4, 5 mg/mL of insulin and  
140 35 mg/mL of transferrin. The human monoclonal IgM<sup>+</sup> IgD<sup>+</sup> CL01 B cell line (Cerutti  
141 et al., 1998) was cultured in RPMI 1640, 10% HyClone Fetal Bovine Serum, 100  
142  $\mu\text{g/mL}$  Streptomycin, 100 U/mL Penicillin, 2 mM L-Glutamine and kept at a  
143 concentration of between  $1-5 \times 10^5$  cells/mL. To induce expression of AID, the culture  
144 medium was supplemented with 1 mg/mL of anti-CD40 antibody and 200 IU/mL of  
145 recombinant human IL-4. The CL01 cell line was nucleofected using the Amaxa Cell  
146 Line Nucleofector Kit V along with program C-09 on the Nucleofector Device. All  
147 cells were cultured in a humidified incubator at 37°C, 5% CO<sub>2</sub>.

148

### 149 *2.3 RNA Isolation and quantitative (q) RT-PCR analysis*

150 Total RNA was extracted from cultured cells using the miRNeasy Mini Kit with QIAzol  
151 Lysis Reagent (Qiagen). Residual gDNA was removed by incubating the extracted  
152 sample with 20 units of TURBO DNase enzyme (Thermo Fisher Scientific) at 37°C for  
153 one hour followed by a second phenol-chloroform cleanup. The integrity and yield of  
154 isolated RNA was checked on a 2100 Bioanalyzer (Agilent) using the RNA6000 Pico  
155 Assay. For analysis of mRNA expression, cDNA was generated from total RNA using  
156 random hexamers with RevertAid H Minus Reverse Transcriptase (Thermo Fisher  
157 Scientific) and all genes (with the exception of *AICDA*,  *$\epsilon$ GLT*, *IgG* and *IgE*) were  
158 detected expression using TaqMan MGB Gene Expression Assays (Thermo Fisher  
159 Scientific). The primer and probe set for *AICDA* was designed using the Universal



160 Probe Library Assay Design Centre (Roche) while the *εGLT*, *IgG* and *IgE* primer and  
161 probe sets were designed in house. Individual samples were subjected to qPCR and run  
162 in triplicate with TaqMan Universal Master Mix II on the ViiA 7 Real-Time PCR  
163 System using 18S rRNA as a normalization control and gene expression was  
164 determined using the  $2^{-\Delta\Delta C_t}$  method. For qRT-PCR analysis of miRNA expression, the  
165 TaqMan Small RNA Assay for miRNA quantification (Thermo Fisher Scientific) was  
166 used. This involved separate cDNA generation for each miRNA, utilising a miRNA-  
167 specific, stem-loop primer to facilitate reverse transcription. The small nucleolar RNA  
168 RNU6B was used as a normalization control and gene expression was determined using  
169 the  $2^{-\Delta\Delta C_t}$  method.

170

#### 171 *2.4 Gene expression arrays*

172 Fresh tonsil B cells were transfected with a miR-29b mimic or its associated negative  
173 control and cultured in class switching stimuli for 24 hours. RNA was isolated using  
174 the miRNeasy Mini Kit with QIAzol Lysis Reagent (Qiagen) and then DNase-treated  
175 as described. 10 ng RNA was amplified using the Ovation Pico WTA System V2  
176 (Nugen). 4  $\mu$ g of amplified single-stranded cDNA was biotin-labeled using the Encore  
177 BiotinIL Module (Nugen). Finally, transcriptomic analysis was performed by  
178 hybridizing 750 ng of biotin-labeled single-stranded cDNA onto a HumanHT-12 v4  
179 Expression BeadChip (Illumina) and scanned using the Illumina iScan System. QC  
180 analysis and RMA normalization was performed in Illumina's Genome Studio Suite  
181 v1.0. Assessment of differential gene expression and statistical analysis was performed  
182 in Partek Genomics Suite version 6.6. Data from this study have been deposited in  
183 NCBI's Gene Expression Omnibus (Edgar et al., 2002) and are accessible through GEO

184 Series                      accession                      number                      GSE100735

185 (<https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE100735>).

### 186 *Immunoblotting*

187 B cells were stimulated for 60 hours in class-switching stimuli following transfection.  
188 Cells were harvested in protein lysis buffer (pH 7.4, 25 mM Tris, 150 mM NaCl, 1 mM  
189 EDTA, 1% NP40, 5% Glycerol, 10% Roche Protease Inhibitor). Total protein levels  
190 were quantified using the bicinchoninic acid assay and approximately 50 ug protein  
191 lysate were run on SDS-polyacridimide gels. Following wet transfer onto nitrocellulose  
192 membranes, the membranes were probed with the following antibodies for protein  
193 expression (AID - EK2 5G9, STAT6 - D3H4, p-STAT6<sup>Tyr641</sup> - C11A12, p38 MAPK -  
194 D13E1, p-p38<sup>Thr180/Tyr182</sup> - D3F9, AKT - 40D4, p-AKT<sup>ser 473</sup> - D9E, GAPDH - 6C5), and  
195 images were developed using the Molecular Imager® ChemiDoc™ XRS System (Bio-  
196 Rad). GAPDH (clone 6C5, Abcam) was used as a loading control.

197

### 198 *2.5 Luciferase Assays*

199 The region of the *AICDA* 3' UTR encompassing the miR-29 binding site was subcloned  
200 into the pmirGLO Dual-Luciferase miRNA Target Expression Vector (Promega),  
201 which harbours both a firefly luciferase reporter gene, for analysis of miRNA-mRNA  
202 binding site interactions, and a renilla luciferase reporter gene, which acts as a  
203 transfection efficiency control. For the mismatched construct, the miR-29 binding site  
204 in the AID 3' UTR was replaced with a BamHI restriction site using sequential rounds  
205 of mutation cloning. HEK293T cells were seeded onto white 96-well tissue culture  
206 plates and having reached 70% confluence were transfected with 50 ng of one of the  
207 luciferase constructs and 10 nM of miR-29 mimic using Lipofectamine 2000 (Thermo  
208 Fisher Scientific). Reactions were performed in triplicate. Luciferase activity was

209 quantified after 24 hours on a GloMax-Multi Microplate Luminometer (Promega, 2  
210 seconds integration time) using the Dual-Glo Luciferase Assay System (Promega). The  
211 luciferase signal ratio was calculated by dividing firefly luciferase activity by renilla  
212 luciferase activity and normalized to cells transfected with an insert-free pmirGLO  
213 vector.

214

## 215 *2.6 Flow Cytometry*

216 Apoptosis staining was performed using the Annexin V Apoptosis Detection Kit  
217 (eBioscience). For cell proliferation analysis,  $10^7$  transfected CL01 cells were washed  
218 with PBS, resuspended in 1 mL PBS containing 1  $\mu$ M CellTrace Violet dye (Thermo  
219 Fisher Scientific), and left in the dark at 37°C for 10 minutes. The reaction was  
220 quenched by the addition of cell culture media. The cells were washed, resuspended  
221 and cultured in a 37°C incubator until analysis via flow cytometry. Intracellular  
222 antibody staining of IgG and IgE was performed as previously described<sup>16</sup> using the a  
223 fixable viability stain (Zombie Aqua Thermo Fisher Scientific).

224

## 225 **3. Results**

226

### 227 *3.1 miR-29b is repressed in tonsil B cells relative to peripheral naïve B cells*

228 In order to identify dynamically regulated miRNAs within the context of mature human  
229 B cells, we analysed the available literature profiling the miRNA pool in different B  
230 cell subpopulations (Basso et al., 2009; Malumbres et al., 2009; Tan et al., 2009; J.  
231 Zhang et al., 2009). We observed that the evolutionarily conserved miRNA miR-29b  
232 was less abundant in germinal centre B cells relative to naïve and memory cell  
233 compartments (supplementary Fig. 1A & 1B). miR-29b is a member of the miR-29  
234 family, also including miR-29a and miR-29c, which share the same seed region and  
235 thus overlap in their predicted targets (Liston et al., 2012). Interestingly miR29c was  
236 also less abundant in GC B cells compared to naïve or memory compartments,  
237 potentially reinforcing the effects of this miRNA family (supplementary Fig. 1A & 1B).  
238 We analysed the abundance of miR-29b in B cells isolated from tonsils, a large  
239 proportion of which have a germinal centre phenotype (CD19<sup>+</sup> CD38<sup>+</sup> CD27<sup>-</sup> or CD19<sup>+</sup>  
240 CD38<sup>+</sup> CD27<sup>+</sup>) (supplementary Fig. 2A), and compared its prevalence to naïve B cells  
241 (CD19<sup>+</sup> IgD<sup>+</sup> CD27<sup>-</sup>) (supplementary Fig. 2B) isolated from peripheral blood. In line  
242 with previous reports (Malumbres et al., 2009), miR-29b was nearly 3 times more  
243 abundant in the circulating naïve B cells than in tonsil-derived B cells (Fig. 1).

244

### 245 *3.2 Identification of AICDA as a miR-29b target gene in human tonsil B cells*

246 To gain insight into the role of miR-29b in the context of B cell activation we  
247 overexpressed miR-29b in tonsil B cells and investigated global gene expression  
248 changes following 24 hours culture with IL-4 and anti-CD40 stimulation using Illumina  
249 BeadChip Microarrays (HumanHT-12 v4). Transfection of a miR-29b mimic into tonsil

250 B cells increased miR-29b abundance by approximately 15-fold 24 hours after  
251 transfection, compared to cells transfected with a negative control mimic molecule  
252 (supplementary Fig. 3A). No detectable difference was seen in cell viability between  
253 the miR29b mimic or negative control as judged by flow cytometry FSC/SSC although  
254 cell viability was reduced approximately 2 fold compared to un-transfected cells.  
255 Analysis of the array data revealed only a moderate effect on overall gene expression,  
256 with just 29 genes being modulated by more than 1.2 fold (supplementary table I and  
257 Fig. 2A). However, of these genes, 20 (69%) contained miR-29 binding sites within  
258 their 3' UTRs, suggesting potential for direct targeting by miR-29 (Fig. 2B). Further  
259 analysis of the genes with miR29 binding sites revealed that 16 (80%) of the seed  
260 regions contained either 8mers (an exact match to positions 1-8 of the mature miRNA  
261 including an A opposite position 1 of the miRNA) or 7mers (an exact match to positions  
262 2-8 of the mature miRNA) (Fig. 2B).

263

264 Although, a 15 fold overexpression of miR-29 is non-physiological, the incorporation  
265 of miR into “active” RISC complexes is known to be far lower than cytoplasmic levels  
266 (Flores et al., 2014). Despite this, these data demonstrate the potential for miR-29 to  
267 regulate a number of genes of interest to B cell regulation. We observed that *AICDA*  
268 was one of the top target genes repressed by miR-29 overexpression, while the  
269 previously validated miR-29b target, *CDK6* (Zhao et al., 2010), was also robustly  
270 repressed (Fig. 2A, C). Other validated miR-29 targets repressed following miR-29b  
271 overexpression in tonsil B cells included the guanine exchange factor *RCC2* (Matsuo  
272 et al., 2013), the thymine glycosylase *TDG* (Morita et al., 2013; P. Zhang et al., 2013)  
273 and the trafficking protein *TRAK2* (Kato et al., 2016) (Fig. 2C).

274

275 Given its indispensable role in promoting B cell antibody diversification, the repression  
276 of *AICDA* following miR-29b overexpression was of particular interest. To further  
277 explore the potential regulation of *AICDA* by miR-29b, tonsil B cells were transfected  
278 with a miR-29b mimic and cultured in the presence of IL-4 and anti-CD40 antibody to  
279 induce *AICDA* expression CSR and plasmablast differentiation; as previously  
280 demonstrated this resulted in an 15 fold increase in miR29b levels, supplementary  
281 figure 3A). RNA was isolated 24 hours after transfection and the expression of a series  
282 of miR-29 targets associated with either CSR-, GC- and plasma cell differentiation and  
283 function, including *AICDA*, were assessed via qRT-PCR.

284

285 In line with the array data, *AICDA* was consistently repressed by over 2-fold following  
286 miR-29b overexpression (Fig. 3A). Similarly, the bona fide miR-29 target, *CDK6*  
287 (Zhao et al., 2010), was also robustly reduced following miR-29b overexpression,  
288 demonstrating the biological validity of these experiments (Fig. 3A). However, two  
289 previously reported miR-29 targets, *AKT3* (Wei et al., 2013) and *SPI1* (Jia et al., 2014),  
290 remained unperturbed (Fig. 3A), suggesting that in the context of human B cells, they  
291 are not subject to miR-29b repression at the transcript level. The expression levels of  
292 *BATF* (Ise et al., 2011), *HOXC4* (Park et al., 2009), *MYC* (Fernandez et al., 2013) and  
293 *IRF4* ((Luo and Tian, 2010), previously reported to directly regulate AID transcription,  
294 and the expression of factors critical to the GC/PB phenotype (*BCL6*, *PAX5*, *XBP1*  
295 and *BLIMP1*) were all perturbed by >20%, although *BATF*, *XBP1* and *MYC* did show  
296 small but reproducible decreases.

297

298 The repression of *AICDA* mRNA following miR-29b overexpression was also mirrored  
299 at the protein level. Immunoblotting 60 hours post transfection using the EK2 5G9 anti-  
300 AID monoclonal antibody showed a clear reduction in AID protein (Fig. 3B).  
301 Densitometry revealed this to be an approximate 60% decrease, indicating a strong  
302 correlation between mRNA and protein expression changes (Fig. 3B). Overall, the data  
303 show that the overexpression of miR-29 in tonsil B cells activated to express AID was  
304 indeed capable of repressing AID expression at both the protein and mRNA level.

305

### 306 *3.3 Knockdown of miR-29b in activated naïve B cells augments AID expression*

307 To gain further insight into the role of miR-29b in the context of B cell activation, naïve  
308 B cells, which express endogenous miR-29b, were transfected with a commercial miR-  
309 29 inhibitor (see methods for details) or non-silencing control and cultured with IL-4  
310 and anti-CD40 stimulation. Delivery of the inhibitor repressed endogenous miR-29b by  
311 approximately 2 fold (as assessed by qPCR) when compared to B cells transfected with  
312 a negative control, and lasted for approximately 48 hours before beginning to recover  
313 (supplementary Fig. 3B). This repression of miR-29 represents a far more  
314 physiological, and therefore biologically relevant, manipulation; bringing miR-29  
315 expression down to a similar level to that seen in tonsil B cells (3-fold lower than naïve  
316 B cells). As in total B cell experiments, no detectable difference was seen in cell  
317 viability between the miR29b inhibitor or non-silencing control as judged by flow  
318 cytometry FSC/SSC although cell viability was reduced approximately 2 fold  
319 compared to un-transfected cells. The biological consequences of this inhibition were  
320 assessed by monitoring the expression of *AICDA* as well as CSR, GC and plasma cell  
321 associated genes and three previously validated miR-29 targets, by qRT-PCR.

322

323 In a reciprocal manner to the miR-29b overexpression results, we observed that *AICDA*  
324 was significantly increased following 60% miR-29b inhibition (supplementary Figure  
325 3B & Fig. 4A). Similarly, expression of the previously validated miR-29 target, *CDK6*  
326 (Zhao et al., 2010) and *MYC*, previously indirectly linked to miR-29 (S. Liu et al.,  
327 2010), were elevated. Although a modest increase in  $\epsilon$ GLT expression was detected  
328 following miR29 knockdown this was not found to be significant compared to the  
329 control. Also in line with our overexpression analysis, the reported miR-29 targets,  
330 *AKT3* (Wei et al., 2013) and *SPI* (Garzon et al., 2009), were unaltered following miR-  
331 29b inhibition (Fig. 4A).

332 To determine whether the elevated *AICDA* mRNA expression was reflected at the  
333 protein level, we performed immunoblots 60 hours post transfection. Further  
334 confirming the effect at the mRNA level, we observed that AID protein expression was  
335 increased by 1.6-fold following miR-29b inhibition, as determined via densitometry  
336 (Fig. 4B). Together, these data demonstrate that even reducing the physiological levels  
337 of miR-29 expression found in naïve B cells less than that seen in tonsil B cells (which  
338 express 3 fold less miR-29 than naïve B cells rather than the 2 fold reduction induced)  
339 is sufficient to de-repress AID in circulating naïve B cells.

340

341 *3.4 miR-29b directly targets the miR-29 binding site within the AICDA 3' UTR*<sup>[11]</sup><sub>SEP</sub>

342 To investigate the possibility that AID may be indirectly regulated by miR-29b, the  
343 expression of a number of signalling components of the B cell activation pathway were  
344 investigated to determine the impact of potential indirect modes of regulation.  
345 Following miR-29b manipulation, the expression and phosphorylation of members of



346 the PI3K, MAPK and STAT6 pathway were found to be unperturbed (supplementary  
347 Fig. 3C). This further confirmed that miR-29b is likely directly targeting *AICDA*.  
348 Bioinformatic analysis of the human *AICDA* 3' UTR revealed the presence of a  
349 pronounced miR-29 binding site (Fig. 5A). This site is found in the *AICDA* 3' UTR of  
350 other primate species, such as chimpanzees and rhesus macaques, but not in more  
351 distantly related mammals, such as mice, rats and rabbits. The miR-29 binding site in  
352 the *AICDA* 3' UTR shows complementarity from nucleotides 1-10 at the 5' end of the  
353 miRNA, and includes an adenosine opposite position 1 (Fig. 5A). Seed region  
354 complementarity and an adenosine opposite position 1 are both strong indicators of  
355 miRNA targeting (Agarwal et al., 2015). In addition, the site is located in a favourable  
356 genomic context, it is under 200 nucleotides away from the 3' end of the 3' UTR, and  
357 embedded in an AU-rich environment. The miRNA targeting prediction tool  
358 TargetScan reported *AICDA* to be in the 4th percentile in terms of favourability for all  
359 miR-29 binding sites (not shown).

360

361 Since *AICDA* possessed a strong miR-29b binding site in its 3'UTR, the direct targeting  
362 of AID by miR-29b was assessed. The region encapsulating the miR-29 binding site of  
363 the *AICDA* 3'UTR was sub-cloned into a luciferase reporter vector. Constructs in  
364 which the miR-29 binding site was mutated and replaced with a BamHI restriction site  
365 (Fig. 5A) and constructs containing no insert were used as negative controls. Each  
366 vector was separately cotransfected into HEK293 cells along with a miR-29b mimic  
367 molecule. Following 24 hours in culture, miR-29b was shown to be capable of  
368 repressing the luciferase activity of the test vector, relative to both negative control  
369 vectors (Fig. 5B). This demonstrated that miR-29b was indeed capable of directly  
370 interacting with the *AICDA* 3' UTR and suppressing protein expression.

371

372 *3.5 miR-29 dampens CSR to IgE in stimulated tonsil B cells*

373 In order to mount a diversified humoral immune response, B cells not only undergo  
374 CSR and SHM but must also coordinate their proliferative and apoptotic potential  
375 (Recaldin and Fear, 2016). As such, the phenotypic consequences of miR-29b  
376 overexpression were assessed in both activated tonsil B cells and the CL01 germinal  
377 centre cell line. Following anti-CD40 and IL-4 stimulation, overexpression of miR-29b  
378 had no detectable effect on apoptosis or cell proliferation (supplementary Fig. 3D-F).

379

380 Given that miR-29b modulates AID levels, we also investigated its effect on *in vitro*  
381 stimulated CSR. Although we show that transient transfection of naïve B cells could be  
382 successfully accomplished and that mir29b over-expression resulted in a robust  
383 diminution of induced AID expression, cells transfected with either the miRNA mimic  
384 or non-silencing control produced very little isotype switched immunoglobulin  
385 following 14 days culture. In order to demonstrate a biological consequence of  
386 miRNA29b diminished AID expression we overexpressed miR29b in total tonsillar B  
387 cells. CSR to IgE is most robustly stimulated in tonsil B cells following activation with  
388 IL-4 and anti-CD40(Ramadani et al., 2017; 2015) and we reasoned that although miR-  
389 29b repression of AID is only transient (approx. 48 hours) in this system, this is the  
390 timepoint at which most AID is functionally active, and thus might affect CSR. When  
391 provided with anti-CD40 and IL-4 stimulation, tonsil B cells maintain their IgG  
392 expression, with switching to and from IgG being balanced, over the course of 7 days,  
393 but significantly increase switching to IgE from negligible to detectable levels, and thus  
394 can be tracked via flow cytometry (Ramadani et al., 2015). Assessment of Ig gene

395 expression in B cell cultures by qRT-PCR, 5 days after transfection with a miR-29b  
396 mimic, revealed a moderate but reproducible, 30% decrease in IgE mRNA (Fig. 6A).  
397 After 7 days in culture, IL-4 and anti-CD40 stimulated B cells transfected with either  
398 the miR29b mimic or non-silencing control were similarly viable (cell viability 10.3%  
399  $\pm$  2.2 versus 11.2%  $\pm$  2.0), although viability was reduced 2.5 fold compared to  
400 similarly stimulated un-transfected cells(Ramadani et al., 2015). Intracellular staining  
401 of immunoglobulin protein at day 7 reproduced a similar moderate but statistically  
402 significant reduction in the percentage of IgE-expressing cells (Fig. 6B). The  
403 percentage of IgG-expressing cells was not significantly altered (Fig. 6B). Knockdown  
404 of AID through use of a short-interfering RNA to *AICDA* resulted in a similar pattern  
405 of Ig expression; giving a small but reproducible reduction in the percentage of IgE-  
406 expressing cells, but no significant alteration in IgG-expressing cells (Fig. 6C).  
407 Demonstrating that miR-29 OE not only modulates AID expression but is able to illicit  
408 a biologically relevant functional effect. Together these results demonstrated that miR-  
409 29b, a miRNA downregulated in activated B cells, is capable of directly targeting  
410 *AICDA* mRNA, and decreases CSR to IgE following stimulation with IL-4 and anti-  
411 CD40 antibody. We posit that miR 29 represents a previously unrecognised player in  
412 human B cell biology that warrants further investigation.

#### 413 **4. Discussion**

414 miRNAs play an important role in fine tuning cells' protein output and have previously  
415 been shown to regulate important aspects of B cell biology (Taganov et al., 2007).  
416 However, the functional role of miRNAs have not been extensively studied in the  
417 activation of human B cells. This study sought to identify miRNAs that were  
418 dynamically and temporally regulated between different mature B cell subpopulations,  
419 and identify their functional consequences in the development of the humoral response.  
420 Previous studies have used PCR, microarray or RNA-seq to monitor the miRNA  
421 expression changes that occur during the course of a B cell response, predominantly  
422 focusing on the differences between naïve, GC and memory B cells found within the  
423 same secondary lymphoid organs (Basso et al., 2009; Malumbres et al., 2009; Tan et  
424 al., 2009; J. Zhang et al., 2009). The original data from Malumbres et al., (Malumbres  
425 et al., 2009) indicated that miR-29b, a member of the miR-29 family that is important  
426 in coordinating the lymphocyte response to intracellular pathogens such as *Listeria*  
427 *monocytogenes* (Ma et al., 2011), was repressed in the GC compartment. Interrogation  
428 of data from other papers that analysed the human B cell miRNome (Basso et al., 2009;  
429 Tan et al., 2009; J. Zhang et al., 2009) confirmed this observation. The miR-29 family  
430 of miRNAs are known to be particularly important in T cells, where they control aspects  
431 of development and effector function (Ma et al., 2011; Papadopoulou et al., 2011;  
432 Steiner et al., 2011), and in B cells have recently been shown to regulate germinal centre  
433 dynamics in a murine model of collagen-induced arthritis (Nieuwenhuijze, 2017).  
434 However, the functional consequences of this miRNA in naïve human B cells and B  
435 cell activation have not previously been studied.

436

437 Here, we found that mature miR-29b was approximately 3-fold less abundant in B cells  
438 isolated from tonsil lymphoid tissue than in circulating naïve B cells isolated from  
439 blood, confirming that miR-29b was dynamically regulated upon exit from the  
440 circulation and entry into the lymphoid tissue. In order to identify miR-29b's function  
441 in this context and identify potential target molecules, it was overexpressed through the  
442 use of miRNA mimic molecules and global gene expression changes monitored by  
443 microarray analysis. This revealed that the second most dynamically regulated gene  
444 following miR-29b overexpression, after the eukaryotic initiation factor *EIF4E2*, was  
445 found to be *AICDA*, which plays a critical role in B cell biology (Fig. 2A, B).  
446 Considering that AID is also a potent genome mutator and has oncogenic potential  
447 (Robbiani et al., 2009; 2008) its expression and activity must be carefully regulated. In  
448 mice, *Aicda* is post-transcriptionally regulated by miR-155 and miR-181b (de Yebenes  
449 et al., 2008; Dorsett et al., 2008; Teng et al., 2008). However, regulation of *AICDA* by  
450 different miRNA members has not been fully investigated in human B cells.

451

452 The human *AICDA* 3' UTR contains a pronounced miR-29 binding site with extensive  
453 complementarity, indicating the possibility of a direct interaction. This is confirmed by  
454 our results which show that over expression of a miR-29b mimic represses luciferase  
455 activity in HEK293 cells transfected with a luciferase reporter construct containing the  
456 region of *AICDA* 3' UTR bearing the miR-29 binding site (Fig. 5B) while miR-29b  
457 overexpression in tonsil B cells significantly reduced *AICDA* expression, AID protein  
458 levels (Fig. 3) and CSR to IgE (Fig. 6). Although we cannot rule out additional indirect  
459 mechanisms of miR-29b eliciting a response on both AID expression and CSR to IgE,  
460 miR-29b OE did not affect the expression of apoptotic markers in either tonsil b cells  
461 (as evidenced by the microarray study) or a B cell line (Supplementary figure 3E) and

462 did not affect cell proliferation (Supplementary figure 3F). This raises the question as  
463 to the purpose of such an interaction. AID and miR-29b expression are inversely  
464 correlated. *AICDA* is detectable in the lymphoid follicles and most abundant in GC B  
465 cells, but absent in circulating naïve B cells. Conversely, miR-29b is reduced in the  
466 follicles but prominent in circulating naïve B cells. This indicates that the function of  
467 miR-29b may be to suppress premature AID at the early stages of a mature B cell's life  
468 cycle, or following inappropriate activation in the absence of suitable T cell help or T-  
469 independent "danger" signals.

470

471 Upon entry into the lymphoid tissue and subsequently the GC, where AID expression  
472 is appropriate, the down regulation of miR-29b would relieve the block on *AICDA* and  
473 allow its full regulated expression. Indeed, the potential of endogenous miR-29b to  
474 regulate AID in this context was demonstrated by the increase of AID mRNA and  
475 protein expression levels when miR-29b was inhibited in IL4 and antiCD40 stimulated  
476 naïve B cells (Fig. 4A and 2B). We believe this to be a far more compelling result  
477 (being carried out at a physiologically relevant level of miR-29b) than the  
478 overexpression study and evidence of the potential for miR-29b to regulate AID  
479 expression. In contrast, in tonsil B cells, where miR-29b is less abundant, miR29b  
480 inhibitors did not elevate *AICDA* (data not shown). This strongly suggests that while  
481 endogenous miR-29b expression in naïve B cells is sufficient to suppress *AICDA*  
482 expression, the low levels of miR-29b in GC B cells is insufficient to do so (although  
483 overexpression of miR29b above physiological levels does indeed strongly repressing  
484 AID and partially blocks CSR). As such, it is likely that miR-29b is able to repress  
485 leaky or inappropriate expression of AID prior to B cell activation. In relation to  
486 miR29s potential role in preventing inappropriate AID expression, and therefore

487 function, in naïve B cells, it of interest to note that miR29 (a, b and c) was found to be  
488 decreased in Mantle cell lymphoma (MCL) (Zhao et al., 2010), a lymphoma with  
489 characteristics of CD5<sup>+</sup>, antigen-naïve pregerminal center B-cells. Although Cyclin D1  
490 translocation and the up-regulation of CDK6 (a direct miR29 target) is thought to  
491 account for the transformation of MCL cells, they were also found to frequently express  
492 AID possibly accounting for at least some of wide range of chromosomal abnormalities  
493 present in this disease(Babbage et al., 2004).

494

495 Following B cell exit from the circulation, miR-29b silencing in GC B cells leads to a  
496 de-repression of *AICDA* transcription. Such a model has been previously ascribed to  
497 miR-181b regulation of *aicda* in mice (de Yebenes et al., 2008). Interestingly, miR29c  
498 shares a similar expression pattern to miR-29b, being most highly expressed in naïve B  
499 cells and low in GC B cells (Supplementary Figure 1). Since miR29 family members  
500 share seed region homology and therefore predicted targets, the expression of these  
501 miRs would be expected to reinforce their functional effects. It should be noted that the  
502 miR-29 site in the *AICDA* 3' UTR is conserved amongst other primate species, but not  
503 in more distantly related mammals, such as mice, rats and rabbits. Thus, it is not an  
504 interaction that has been strongly conserved throughout mammalian evolution and may  
505 have arisen more recently.

506 In conclusion, the data in this paper have shown that miR-29b, a member of the  
507 conserved miR-29 family, is repressed in tonsil B cells relative to circulating naïve B  
508 cells. Enforced overexpression of miR-29b in tonsil B cells led to the direct targeting  
509 of *AICDA*, through a pronounced binding site in the *AICDA* 3' UTR and this interaction  
510 was sufficient to reduce CSR to IgE. Similarly, inhibition of endogenous miR-29b in  
511 naïve B cells resulted in elevated AID expression. We hypothesise that one of the

512 endogenous functions of miR-29 is to silence leaky expression of AID, a mutagenic  
513 protein whose expression must be controlled in order to maintain chromosomal  
514 integrity.  
515



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524

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754 **Figure legends**

755

756 **Figure 1: miR-29 is less abundant in B cells isolated from tonsillar tissue than in**  
757 **naïve B cells isolated from peripheral blood.**

758 The expression level of miR-29 in IgD<sup>+</sup> CD27<sup>-</sup> naive B cells isolated from peripheral  
759 blood compared to CD19<sup>+</sup> tonsil B cells, as assessed via qRT-PCR. Values are plotted  
760 relative to the small nucleolar RNA RNU6B. \*\* P < 0.01(unpaired t-test).

761

762 **Figure 2: Genome-wide analysis of miR-29b targeting in tonsillar B cells shows an**  
763 **enrichment in miR-29 binding sites within the 3' UTR of downregulated genes.**

764 (A) Heatmap representing expression changes in the most downregulated genes in  
765 tonsillar B cells transfected with a miR-29 mimic and stimulated with anti-CD40  
766 antibody and IL-4 cytokine for 24 hours, as detected by Illumina BeadChip Array.  
767 Genes containing predicted miR-29 binding sites in their 3' UTR are listed in red. P  
768 values (two-way ANOVA) are also included.

769 (B) Pie chart displaying the prevalence of miR-29 binding sites within the 3' UTR of  
770 genes downregulated following miR-29b overexpression. The percentage of 8mers (an  
771 exact match to positions 2-8 of the mature miRNA with an A opposite position 1 of the  
772 miRNA), 7mer-m8s (an exact match to positions 2-8 of the mature miRNA) and 6mers  
773 (an exact match to positions 2-7 of the mature miRNA) within the miR-29 binding sites  
774 is also shown.

775 (C) Dot plot representations of the change in fluorescence intensity for *AICDA*, as well  
776 as previously validated targets including *CDK6*, *RCC1*, *TDG* and *TRAK2*, in tonsil B  
777 cells transfected with a miR-29 mimic and stimulated with anti-CD40 antibody and IL-  
778 4 cytokine for 24 hours, as detected by Illumina BeadChip Array.



779 **Figure 3: Overexpression of miR-29 reduces AID abundance in tonsillar B cells.**

780 tonsil B cells were transfected with a miR-29b mimic or its associated negative control  
781 molecule and subsequently activated with IL-4 and anti-CD40.

782 (A) Gene expression of key B cell molecules after 24 hours of stimulation as assessed  
783 via qRT-PCR. Values are normalized to 18S ribosomal RNA and plotted relative to the  
784 abundance of each gene in the control transfected cells, which were arbitrarily assigned  
785 a value of 1. N = 3 - 12, mean and s.e.m. \* P < 0.05, \*\* P < 0.01, \*\*\*\* P < 0.0001  
786 (paired t-test).

787 (B) Representative immunoblot and cumulative densitometry analysis (n = 3) of AID  
788 protein in follicular B cells following miR-29b overexpression and 60h of culture in  
789 IL-4 and anti-CD40 stimulus, compared to AID protein in the control transfected cells.  
790 GAPDH served as a loading control.

791

792 **Figure 4: Knockdown of miR-29 increases AID abundance in naïve B cells.**

793 Naive B cells were transfected with a miR-29 inhibitor or its associated negative control  
794 molecule and subsequently activated with IL-4 and anti-CD40.

795 (A) Gene expression of key B cell molecules after 48 hours of stimulation as assessed  
796 via qRT-PCR. Values were normalized to 18S ribosomal RNA and plotted relative to  
797 the abundance of each gene in the control transfected cells, which were arbitrarily  
798 assigned a value of 1. N = 6 - 12. Mean and s.e.m. \*\* P < 0.01, \*\*\* P < 0.001, \*\*\*\* P  
799 < 0.0001 (paired t-test).

800 (B) Representative immunoblot and cumulative densitometry analysis (n = 3) of AID  
801 protein in naïve B cells following miR-29b knockdown and 60h of culture in IL-4 and  
802 anti-CD40 stimulus, compared to AID protein in the control transfected cells. GAPDH  
803 served as a loading control.

804

805 **Figure 5: miR-29 is capable of directly targeting the miR-29 binding site within**  
806 **the AICDA 3' UTR.**

807 (A) The miR-29 binding site within the human, chimpanzee and rhesus macaque  
808 *AICDA* 3' UTR, as well as the mismatched sequence used for luciferase analysis.

809 (B) HEK293T cells were cotransfected with one of the dual luciferase plasmids  
810 (endogenous *AICDA* 3' UTR, mismatched 3' UTR or no insert) and a miR-29 mimic.  
811 Firefly luciferase activity was quantified after 24 hours, normalized to renilla luciferase  
812 and plotted relative to the no insert plasmid. \*  $P < 0.05$  (one-way ANOVA).  $N = 3$ ,  
813 mean and s.e.m.

814

815 **Figure 6: miR-29 overexpression dampens induction of class switching to IgE.**

816 Tonsil B cells were transfected with a miR-29 mimic or negative control molecules and  
817 subsequently cultured in class-switching conditions (IL-4 and anti-CD40 antibody).

818 (A) IgE and IgG mRNA were detected via qRT-PCR following 5 days of culture.  
819 Values are plotted relative to 18S ribosomal RNA.  $N = 7$  for IgE and 5 for IgG, mean  
820 and s.e.m.

821 (B) Intracellular IgE and IgG was analysed following 7 days of culture via flow  
822 cytometry. \*  $P < 0.05$  (paired t test).

823 (C) Intracellular IgE and IgG was analysed following 7 days of culture via flow  
824 cytometry. Values were plotted relative to the control transfected cells, which were  
825 arbitrarily assigned a value of 1.  $N = 3$  for siAID, and 10 for miR-29 versus the negative  
826 control mimic. \*  $P < 0.05$  (paired t test). Mean and s.e.m.

827

828