

Tiago Horta Reis Da Silva
Lecturer in Nursing Education
Adult Nursing
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Research interests

Nursing care for Older people in acute and long-term care settings.
Emotional Intelligence
Traditional Chinese Medicine and other integrative medicine.
Moving and Handling.

Employment

Lecturer in Nursing Education

Adult Nursing
King's College London
United Kingdom
1 Oct 2021 → present

Qualifications

Coaching, NLP and Emotional Intelligence, Master in Science, MSc in Coaching, NLP and Emotional Intelligence (1st – Summa Cum Laude), Universidad Isabel I
1 Mar 2019 → 1 Sept 2021
Award Date: 1 Sept 2021

MBA, Master of Business Administration, MBA, Universidad Isabel I
1 Mar 2019 → 1 Sept 2021
Award Date: 1 Sept 2021

Family Constellations, Postgraduate Diploma, Postgraduation in Family Constellations, Hellinger's Institute
3 Jan 2017 → 15 Feb 2020
Award Date: 20 Feb 2020

Traditional Chinese Medicine, Master in Science, MSc in Traditional Chinese Medicine and Bioenergetics, Yunnan University
1 Oct 2018 → 1 Nov 2019
Award Date: 30 Nov 2019

Higher Education, Postgraduate Diploma, PG Dip in Higher Education, Middlesex University
1 Oct 2017 → 1 Aug 2019
Award Date: 30 Aug 2019

Traditional Chinese Medicine, Postgraduate Diploma, Post-Graduation Certificate in Traditional Chinese Medicine, Peking (Beijing) University
Award Date: 30 Aug 2016

Traditional Natural Medicine, Postgraduate Diploma, Post-Graduation Certificate in Traditional Natural Medicine, Holguin University
Award Date: 30 Mar 2016

Traditional Chinese Medicine, Bachelor of Science, Traditional Chinese Medicine, Yunnan University
1 Feb 2011 → 1 Feb 2015
Award Date: 1 Apr 2015

Nursing Older People, Intensive Programme of Mobility - Erasmus Mundus Project – Student Nurse (theme: older people), Nova University of Applied Sciences
Award Date: 30 Mar 2009

Nursing, Bachelor of Nursing, BSc (HONS) in Nursing, Escola Superior de Saude de Viseu - Instituto Politecnico de Viseu
1 Oct 2005 → 30 Jul 2009

Register Nurse

Senior Fellow in Higher Education

Research outputs

Ensuring Excellence in Nursing Education: Accreditation and Evaluation of Programs Specialising in Care for Older Adults
Horta Reis Da Silva, T., 7 Feb 2025, *Academic Accreditation and Evaluation in Higher Education: Practices, Experiences, and Quality Assurance*. erban, A. & Lytras, M. (eds.). IGI Global Scientific Publishing

Evaluating the Nursing of Older People Academic: Academic Accreditation and Quality Assurance in Higher Education
Horta Reis Da Silva, T., 5 Feb 2025, *Accreditation and Evaluation in Higher Education: Practices, Experiences, and Quality Assurance*. Lytras, M. & erban, A. (eds.). 1 ed. IGI Global Scientific Publishing, p. 183-216 33 p.

Introduction to digital nursing and nursing theory

Wynn, M., Horta Reis Da Silva, T. & Pearson-Jenkins, J., 5 Feb 2025, *Digital Nursing: Shaping Practice and Identity in the Age of Informatics*. Wynn, M. (ed.). 1 ed. Routledge

The impact of cold weather on older people and the vital role of community nurses

Horta Reis Da Silva, T., 2 Jan 2025, In: *British Journal of Community Nursing*. 30, 1, p. 28-34 7 p.

Cultivating Wellbeing and Happiness in the Workplace: The Role of Emotional Intelligence in Fostering a Positive Organisational Culture

Horta Reis Da Silva, T., 29 Dec 2024, *Insights on Wellbeing and Happiness in the Workplace*. IGI Global Scientific Publishing, p. 19-44 25 p.

Fostering Emotional Intelligence for Competency Development in Nursing Education

Horta Reis Da Silva, T., 29 Dec 2024, *Innovative Educational Frameworks for Future Skills and Competencies*. IGI Global Scientific Publishing, 29 p.

Designing for Longevity: Economic Perspectives on Age-Friendly Housing and Urban Development

Horta Reis Da Silva, T., 20 Dec 2024, *Perspectives on the Economics of Aging*. IGI Global Scientific Publishing, p. 151-176 25 p.

AI-Enhanced Nursing Care in Chronic Kidney Disease Management Among Older Adults

Horta Reis Da Silva, T., 10 Dec 2024.

AI-Enhanced Nursing Care in Chronic Kidney Disease Management Among Older Adults

Horta Reis Da Silva, T., 10 Dec 2024, *AI-Enhanced Nursing Care in Chronic Kidney Disease Management Among Older Adults*.

Emotional Intelligence as a Predictor of Nurse Resilience: Insights from Geriatric Care

Horta Reis Da Silva, T., 10 Dec 2024.

Emotional Resilience in Nursing: A Framework for Managing Compassion Fatigue Developing Resilience for Improved Mental Health and Patient Care Outcomes

Horta Reis Da Silva, T., 10 Dec 2024, *Emotional Resilience in Nursing: A Framework for Managing Compassion Fatigue Developing Resilience for Improved Mental Health and Patient Care Outcomes*.

Falls Prevention Policy and Initiatives: A Global Perspective on Older Adult Safety A Comprehensive Overview of Global Efforts to Ensure Older Adult Safety

Horta Reis Da Silva, T., 10 Dec 2024, *Falls Prevention Policy and Initiatives: A Global Perspective on Older Adult Safety A Comprehensive Overview of Global Efforts to Ensure Older Adult Safety*.

Hydration and Nutrition in Older Adults: An AI-Driven Approach to Optimising Care

Horta Reis Da Silva, T., 10 Dec 2024.

Integrating AI-Driven Models for Falls Risk Assessment in Older Adults

Horta Reis Da Silva, T., 10 Dec 2024.

Integrating Sustainable Development Goals (SDGs) into Nursing Practice for Older Adults: A Holistic Approach to Health and Well-Being

Horta Reis Da Silva, T., 10 Dec 2024.

Leadership in Nursing for Older Adults: Fostering Innovation and Advocacy in Geriatric Care

Horta Reis Da Silva, T., 10 Dec 2024, *Leadership in Nursing for Older Adults: Fostering Innovation and Advocacy in Geriatric Care*.

Loneliness and Mental Health in Older Adults: Strategies for Community-Based Intervention

Horta Reis Da Silva, T., 10 Dec 2024.

Pharmacokinetics and Medicine Management in Geriatric Nursing: A Teaching Framework

Horta Reis Da Silva, T., 10 Dec 2024, *Pharmacokinetics and Medicine Management in Geriatric Nursing: A Teaching Framework*.

Preventing Elder Abuse in Nursing Practice: An Emotional Intelligence Approach

Horta Reis Da Silva, T., 10 Dec 2024.

Gamification as a Pedagogical Tool in Geriatric Nursing: Engaging and Empowering Future Nurses

Horta Reis Da Silva, T., 9 Dec 2024, *Enhancing Engagement With Gamification: Education, Business, and Healthcare Perspectives*. Marcão, R. & Ribeiro Santo, V. (eds.). IGI Global Scientific Publishing, p. 103-136 33 p.

AI-Powered Emotional Intelligence in Nursing: Bridging the Gap in Older People Care.

Horta Reis Da Silva, T., 5 Dec 2024, *Physical Health, Mental Health, and Human Well-Being in the Age of AI*. IGI Global Scientific Publishing, p. 167-199 32 p.

Emotional Intelligence and AI in Geriatric Nursing: Bridging Technology and Compassionate Care

Horta Reis Da Silva, T., 5 Dec 2024, *Physical Health, Mental Health, and Human Well-Being in the Age of AI*. IGI Global Scientific Publishing, p. 199-233 34 p.

Integrating Artificial Intelligence in Geriatric Care: Enhancing Physical and Mental Health Outcomes

Horta Reis Da Silva, T., 5 Dec 2024, *Physical Health, Mental Health, and Human Well-Being in the Age of AI*. IGI Global Scientific Publishing, p. 233-260 28 p.

Integrative Approaches to Geriatric Care: Enhancing Physical and Mental Health Through AI-Driven Insights

Horta Reis Da Silva, T., 5 Dec 2024, *Integrative Approaches to Geriatric Care: Enhancing Physical and Mental Health Through AI-Driven Insights*. IGI Global Scientific Publishing, p. 123-136 24 p.

Promoting Emotional Well-Being in Older Adults: The Role of AI in Supporting Emotional Intelligence and Mental Health

Horta Reis Da Silva, T., 5 Dec 2024, *Physical Health, Mental Health, and Human Well-Being in the Age of AI*. IGI Global Scientific Publishing, p. 137-167 30 p.

Urinary incontinence: implications for nursing practice

Horta Reis Da Silva, T., 5 Dec 2024, In: *British Journal of Nursing*. 33, 22, p. 1070-1080 11 p.

Enhancing Nursing Care Planning Through the Levett-Jones Clinical Reasoning Cycle: A Comprehensive Analysis

Horta Reis da Silva, T., 21 Nov 2024, In: *International Journal of Biomed Research*. p. 1-5 5 p.

Integrating Effective Strategies for Teaching Nursing Care for Older Adults into the Curriculum
Horta Reis Da Silva, T., 21 Nov 2024, In: International Journal of Biomed Research. p. 1-9 9 p.

The Nursing Process in Geriatric Care: A Comprehensive Approach
Horta Reis Da Silva, T., 21 Nov 2024, In: International Journal of Biomed Research. p. 1-9 9 p.

Cultivating Emotionally Intelligent Leadership: Strategies for Enhancing Authentic Engagement and Organisational Impact
Horta Reis Da Silva, T., 18 Nov 2024, *Emotionally Intelligent Methods for Meaningful Leadership*. IGI Global, p. 119-149 30 p.

The Role of Emotional Intelligence in Promoting Mental Peace, Healthy Work Environments, and Emotional Well-Being Among Entrepreneurs
Horta Reis Da Silva, T., 10 Nov 2024, *Supporting Psychological and Emotional Wellbeing Among Entrepreneurs*. IGI Global, p. 401-426 26 p.

Enhancing the mental health of refugees and asylum seekers through music interventions
Horta Reis Da Silva, T., 22 Oct 2024, In: Mental Health Practice.

Emotional Intelligence in Business: Enhancing Leadership, Collaboration, and Performance
Horta Reis Da Silva, T., Hammett, R. & Low, G., 15 Oct 2024, *Building Business Knowledge for Complex Modern Business Environments*. Sedky, A. (ed.). IGI Global, p. 149-178 29 p.

Emotional Intelligence in Higher Education: Humanising Technology for Holistic Student Development
Horta Reis Da Silva, T., 11 Oct 2024, *Humanizing Technology With Emotional Intelligence*. IGI Global

Emotional Intelligence in Integrative Medicine: Enhancing Patient-Centred Care Through Humanised Technology
Horta Reis Da Silva, T., 11 Oct 2024, *Humanizing Technology With Emotional Intelligence*. IGI Global

Emotional Intelligence in Teaching Geriatric Nursing: Humanising Technology for Compassionate Care in Higher Education
Horta Reis Da Silva, T., 11 Oct 2024, *Humanizing Technology With Emotional Intelligence*. IGI Global

Falls and the essential role nurses can play
Horta Reis Da Silva, T., 10 Oct 2024

Advancing Gender Equity In Nursing Care For Older Adults: A Pathway To Achieving The United Nations Sustainable Development Goals
Horta Reis Da Silva, T., 29 Sept 2024, In: Journal of Community Medicine and Public Health Reports. 5, 12, 7 p.

Gender Equity In Healthcare: Integrating Emotional Intelligence To Achieve The United Nations Sustainable Development Goals
Horta Reis Da Silva, T., 29 Sept 2024, In: Journal of Community Medicine and Public Health Reports. 5, 12, 5 p.

Business Principles into Gerontological Nursing: Advancing Care for Older Adults Across Diverse Settings
Horta Reis Da Silva, T., 14 Sept 2024, *Resiliency Strategies for Long-Term Business Success*. Sedky, A. (ed.). 1 ed. IGI Global, p. 283-316 33 p.

Navigating Healthcare Complexity: Integrating Business Fundamentals into Nursing Leadership
Horta Reis Da Silva, T., 14 Sept 2024, *Resiliency Strategies for Long-Term Business Success*. Sedky, A. (ed.). 1 ed. IGI Global, p. 145-168 23 p.

Pharmacokinetics in older people: an overview of prescribing practice
Horta Reis Da Silva, T., 10 Sept 2024, In: Journal of Prescribing Practice. 6, 9, p. 374-381 8 p.

Prevalence of elder abuse: a narrative review

Horta Reis Da Silva, T., 6 Sept 2024, (E-pub ahead of print) In: British Journal of Community Nursing. 29, 9, p. 442-446 5 p.

The Value of Emotional Intelligence in Midwifery: Enhancing Care and Outcomes for Mothers and Infants through Sustainable Development Goals and Leadership

Horta Reis Da Silva, T., 17 Aug 2024, In: Journal of Womens Healthcare & Midwifery Research. 3, 4, p. 1-6 6 p., 4.

Death and its significance in Nursing Practice

Horta Reis Da Silva, T., 29 Jul 2024, In: Palliative Medicine & Care International Journal. 4, 3, p. 1-7 7 p.

Chronic kidney disease in older adults: nursing implications for community nurses

Horta Reis Da Silva, T., 25 Jul 2024, In: Journal of Kidney Care. 9, 4, p. 174-179 5 p.

The Evolution of Nursing for Older Adult: A Historical Perspective

Horta Reis Da Silva, T., 25 Jul 2024, In: Associative Journal Health Sciences. p. 1-6 6 p.

Falls Prevention in older people and the role of nursing

Horta Reis Da Silva, T., 4 Jul 2024, In: British Journal of Community Nursing. 29, 7, p. 335-339 5 p.

Understanding body fluid balance, dehydration and intravenous fluid therapy

Horta Reis Da Silva, T., 2 Jul 2024, In: Emergency Nurse. 32, 4, p. 1-5 8 p.

Chapter 4. Integrating Digital Transformation in Nursing Education: Best Practices and Challenges in Curriculum Development

Horta Reis Da Silva, T. & Mitchell, A., 23 Jun 2024, *Digital Transformation in Higher Education: Part B Cases, Examples and Good Practices*. Lytras, M., Serban, A. C., Alkhalidi, A., Malik, S. & Aldosemani, T. (eds.). Emerald Group Publishing Limited, (Digital Transformation in Higher Education).

Ageing in Place: Nursing Older People at Home

Horta Reis Da Silva, T., 14 May 2024, 1 p. Royal College of Nursing.

Oncology and Cancer Medicine: Understanding the Complexities in Older Patients

Horta Reis Da Silva, T., 15 Mar 2024, In: Biomedical Journal of Scientific & Technical Research. 55, 3, p. 47105-47110 5 p.

Simulation in nursing: the importance of involving service users

Horta Reis Da Silva, T. & Mitchell, A., 7 Mar 2024, In: British journal of nursing (Mark Allen Publishing). 33, 5, p. 262-265 4 p.

Can supplementing vitamin B12 improve mental health outcomes?: a literature review

Horta Reis Da Silva, T., 2 Mar 2024, In: British Journal of Community Nursing. 29, 3, p. 137-146 10 p.

Loneliness in older adults

Horta Reis da Silva, T., 2 Feb 2024, In: British Journal of Community Nursing. 29, 2, p. 60-66 7 p.

Activities and case studies of Emotional Intelligence in Nursing Curriculum

Horta Reis Da Silva, T., 5 Dec 2023, *Activities and case studies of Emotional Intelligence in Nursing Curriculum*.

Emotional Intelligence in Nursing Curriculum

Horta Reis Da Silva, T., 5 Dec 2023, *Emotional Intelligence in Nursing Curriculum*.

Falls assessment: an essential requirement in nursing for older people

Horta Reis Da Silva, T., 5 Dec 2023, *Falls assessment: an essential requirement in nursing for older people*.

Falls Prevention: the role of nursing

Horta Reis Da Silva, T., 5 Dec 2023, *Falls Prevention: the role of nursing*.

What are the experiences of loneliness among older adults receiving healthcare

Horta Reis Da Silva, T., 5 Dec 2023, *What are the experiences of loneliness among older adults receiving healthcare*.

Challenges faced in teaching HAI prevention and control

Horta Reis Da Silva, T., 26 Oct 2023, *Challenges faced in teaching HAI prevention and control*.

TCM for Headaches

Horta Reis Da Silva, T., 5 Aug 2023, *TCM for Headaches*.

Moving and Handling in the Community

Horta Reis Da Silva, T., 2 Aug 2023, In: *British Journal of Community Nursing*. 28, 8, p. 369 1 p.

Body Image Related Discrimination

Horta Reis Da Silva, T. & Pereira Rodrigues, E. C., 28 Jul 2023, *Reduced Inequalities: Encyclopedia of the UN Sustainable Development Goals*. Filho, W. L., Azul, A. M., Brandli, L., Salvia, A. L., Özuyar, P. G. & Wall, T. (eds.). Springer, (Encyclopedia of the UN Sustainable Development Goals ((ENUNSDG))).

The need of Emotional Intelligence for TCM business

Horta Reis Da Silva, T., 10 Jun 2023, *The need of Emotional Intelligence for TCM business*.

The use of TCM in Pain Management

Horta Reis Da Silva, T., 9 Jun 2023, *The use of TCM in Pain Management*.

Public Health: healthy ageing and well-being

Cowley, S., Tzouvara, V. & Horta Reis Da Silva, T., 1 Jun 2023, *Redfern's Nursing Older People*. 5th ed. Elsevier, p. 87-106 19 p.

Is EI an important concept for nursing practice?

Horta Reis Da Silva, T., 26 May 2023, *Is EI an important concept for nursing practice?*.

Ageing in place: ageing at home and in the community

Horta Reis Da Silva, T., 2 May 2023, (E-pub ahead of print) In: *British Journal of Community Nursing*. 28, 5, p. 213-214 2 p.

Using assessment tools in prevention of pressure injuries

Horta Reis Da Silva, T., 18 Mar 2023, *Using assessment tools in prevention of pressure injuries*.

The efficacy of topical opioids on wound pain: literature review

Horta Reis Da Silva, T., 17 Mar 2023, *The efficacy of topical opioids on wound pain: literature review*.

The use of low frequency ultrasound debridement to improve healing in the chronic ulcers: literature review

Horta Reis Da Silva, T., 17 Mar 2023, *The use of low frequency ultrasound debridement to improve healing in the chronic ulcers: literature review*.

Falls assessment and prevention in the nursing home and community

Horta Reis Da Silva, T., 3 Feb 2023, (E-pub ahead of print) In: British Journal of Community Nursing. 28, 2, p. 68-72 5 p.

Emotional Awareness and Emotional Intelligence

Horta Reis Da Silva, T., 1 Dec 2022, In: British Journal of Community Nursing. 27, 12, p. 573-574 2 p.

Professional development and career planning for nurses working in care homes for older people: a scoping review

Fitzpatrick, J. M., Bianchi, L., Hayes, N., Horta Reis Da Silva, T. & Harris, R., 28 Nov 2022, (E-pub ahead of print) In: International journal of older people nursing. e12519.

"Literature Review of the use of Acupuncture in the treatment of people living with Dementia symptoms"

Horta Reis Da Silva, T., 22 Nov 2022, "Literature Review of the use of Acupuncture in the treatment of people living with Dementia symptoms".

Falls - prevention, assessment and management

Horta Reis Da Silva, T., 22 Mar 2022, *Clinical Skills at Glance*. Wiley, p. 130-131 2 p. 56

"Log rolling"

Horta Reis Da Silva, T., 22 Mar 2022, *Clinical skills at Glance*. Wiley, p. 134-135 2 p.

Moving and Handling

Horta Reis Da Silva, T., 22 Mar 2022, *Clinical Skills at Glance*. Wiley, p. 20-21 2 p.

Moving and Handling: turning in bed, transfer and hoisting

Horta Reis Da Silva, T., 22 Mar 2022, *Clinical Skills at Glance*. Wiley, p. 22-23 2 p.

Sutures and Staples Removal

Horta Reis Da Silva, T., 22 Mar 2022, *Clinical Skills at Glance*. Curr, S. & Fordham-Clarke, C. (eds.). First ed. Wiley, p. 154-155 2 p. 67

Muskuloskeletal minor injuries: assessment and treatment

Horta Reis Da Silva, T., 17 Mar 2022, *Clinical Skills at Glance*. Curr, S. & Fordham-Clarke, C. (eds.). First ed. Wiley, p. 128-129 2 p. 55

Stabilisation: neck collar

Horta Reis Da Silva, T., 17 Mar 2022, *Clinical Skills at Glance*. Curr, S. & Fordham-Clarke, C. (eds.). First ed. Wiley, p. 132-133 2 p. 57

Activities

Transformative Emotional Intelligence: Academic Success

Horta Reis Da Silva, T. (Speaker)
13 Jun 2024

Emotional Intelligence in Leadership for Multidisciplinary Healthcare Teams

Horta Reis Da Silva, T. (Speaker)
8 Jun 2024

The impact of TCM in Healthy Ageing

Horta Reis Da Silva, T. (Speaker)
2 Jun 2024

Maintaining Good Mental Health: The Role of Nurses in Supporting Patients with Acute Diagnoses

Horta Reis Da Silva, T. (Speaker)

28 May 2024

Loneliness in Older Adults

Horta Reis Da Silva, T. (Speaker)

18 May 2024

Emotional Intelligence in Nursing Curriculum

Horta Reis Da Silva, T. (Speaker)

5 Apr 2024

Freedom to Learn Conference

Horta Reis Da Silva, T. (Keynote speaker)

5 Apr 2024

"A Novice Writer's Publishing Experiences"

Horta Reis Da Silva, T. (Speaker)

22 Mar 2024